



Email: hannah@ahmcatering.co.uk

Text Hannah: 07967 511870

Call: 0117 957 6942



HOME-COOKED FROZEN FOOD RANGE

2024

MAIN MEALS

BEEF

	Serves 1	Serves 2	Serves 4
Cottage Pie [M]	£3.95	£7.15	£13.15
Beef Lasagne [G M]	£3.95	£7.15	£13.15
Beef & Mushroom Stroganoff [M]	£4.45	£8.15	£15.15
Beef Bourguignon	£4.45	£8.15	£15.15
Beef Stew & Dumpling (can be G/F without the dumpling) [G]	£4.45	£7.65	£14.70
Steak & Kidney Pie [G]	£3.95	£7.15	£13.15
Chilli Con Carne	£3.95	£7.15	£13.15
Beef Goulash (Hungarian tomato & paprika based beef stew)	£4.45	£8.15	£15.15

PORK

Bacon & Broccoli Carbonara Pasta Bake [G M]	£3.95	£7.15	£13.15
Sausage & Onion Hotpot	£3.95	£7.15	£13.15
Pork & Mushroom Stroganoff [M]	£3.95	£7.15	£13.15
Medallions of Pork Fillet in a Sage Cream Sauce [M]	£3.95	£7.15	£13.15
Pork & Cider Casserole	£3.95	£7.15	£13.15
Grilled Pork Steak with an Apple, Cream, Cider & Mustard Sauce [M Mu]	£3.95	£7.15	£14.15

LAMB

Lamb Moussaka (minced lamb with layers of roasted aubergine & potato slices in a creamy ricotta cheese sauce) [M]	£4.45	£8.15	£15.15
Lamb Hotpot	£4.45	£8.15	£15.15
Lamb Ragù Penne Pasta topped with Parmesan Cheese [G M]	£4.65	£8.35	£15.35

(V)=Suitable for Vegetarians (Vegan)=Suitable for Vegans

Allergen Codes

E-Eggs, F-Fish, L-Lupin, M-Milk, Mu-Mustard, P-Peanuts, Se-Sesame, So-Soya, N-Nuts, G-Gluten + Cereals, C-Celery + Celeriac, SD-Sulphur Dioxide, MC-Molluscs + Crustaceans





Email: hannah@ahmcatering.co.uk

Text Hannah: 07967 511870

Call: 0117 957 6942



Serves 1 Serves 2 Serves 4

CHICKEN & TURKEY

Turkey, Ham & Leek Pie [G M]	£3.95	£7.15	£13.15
Chicken Breast in a Red Wine Sauce	£4.45	£8.15	£15.15
Supreme of Chicken with a White Wine, Mushroom & Tarragon Cream Sauce [M]	£4.45	£8.15	£15.15
Chicken Chasseur (Chicken breast in a tomato, mushroom and tarragon sauce)	£4.45	£8.15	£15.15
Chicken Curry	£3.95	£7.15	£13.15
Chicken & Vegetable Casserole with a Herb Scone (vegetables include carrots, swede, leeks & peas) (can be G/F without the scone) [G]	£3.95	£7.15	£13.15
Honey & Garlic Chicken Supreme in a Honey, Garlic & Soya Sauce	£4.45	£8.15	£15.15

ROAST MEATS

Roast Beef with Yorkshire Pudding & Gravy [G E M]	£4.65	£8.35	£15.35
Roast Turkey with Sage & Onion Stuffing and Pigs in Blankets & Gravy [G]	£4.45	£8.15	£15.15
Roast Pork with Sage & Onion Stuffing & Crackling & Gravy [G]	£4.45	£8.15	£15.15
Roast Lamb with a Stuffing Ball & Gravy [G]	£4.65	£8.35	£15.35

FISH

Fisherman's Pie (contains salmon, cod and prawns) [F M MC]	£4.45	£8.15	£15.15
Salmon & Spinach Stroganoff [F M]	£4.45	£8.15	£15.15
Seafood Pasta Bake (Salmon, Cod, Prawns & Peas with Pasta in a Tomato & Basil Sauce topped with Grated Cheese) [F G M MC]	£4.45	£8.15	£15.15
Smoked Haddock & Spring Onion Fishcakes with Provencal Sauce [F M]	£4.45	£8.15	£15.15

(V)=Suitable for Vegetarians (Vegan)=Suitable for Vegans

Allergen Codes

E-Eggs, F-Fish, L-Lupin, M-Milk, Mu-Mustard, P-Peanuts, Se-Sesame, So-Soya, N-Nuts, G-Gluten + Cereals, C-Celery + Celeriac, SD-Sulphur Dioxide, MC-Molluscs + Crustaceans



CATERING
EXPERIENCE

Email: hannah@ahmcatering.co.uk

Text Hannah: 07967 511870

Call: 0117 957 6942



VEGETARIAN & VEGAN

	Serves 1	Serves 2	Serves 4
Spinach, Broccoli & Mixed Pepper Quiche (V) [G E M]	£3.95	£7.15	£14.15
Leek, Potato and Mushroom Pie (V) [G M C]	£3.95	£7.15	£13.15
Vegetable Lasagne (V) [G M C]	£3.95	£7.15	£13.15
Vegetable Cottage Pie (V) [M C]	£3.95	£7.15	£13.15
Lentil & Vegetable Hotpot (V)(Vegan) [C]	£3.95	£7.15	£13.15
Pepper, Chickpea & Spinach Curry (V)(Vegan) [C]	£3.95	£7.15	£13.15
Macaroni Cheese (V) [G M]	£3.95	£7.15	£13.15
Spicy Tuscan Bean & Vegetable Casserole (V) (Vegan) [C]	£3.95	£7.15	£13.15
Vegetable Stew and Dumpling (V) (can be G/F without the dumpling) [G C]	£3.95	£7.15	£13.15
Plant-based Vegan Meatballs in Vine Tomato Sauce (V) (Vegan) [C]	£3.95	£7.15	£13.15
Butternut Squash & Cashew Nut Roast with Vegetarian Gravy (V)(Vegan) [N]	£4.45	£8.15	£15.15
Vegan Butterbean, Mushroom & Kale Cannelloni (Vegan) [G C]	£3.95	£7.15	£13.15
Vegan Moussaka (Vegan) [C]	£3.95	£7.15	£13.15
Butternut Squash, Sweet Potato & Cherry Tomato Crumble (vegan) [G C]	£4.45	£8.15	£15.15
Mushroom & Ale Pie (vegan) [G C]	£4.45	£8.15	£15.15

(V)=Suitable for Vegetarians (Vegan)=Suitable for Vegans

Allergen Codes

E-Eggs, F-Fish, L-Lupin, M-Milk, Mu-Mustard, P-Peanuts, Se-Sesame,
So-Soya, N-Nuts, G-Gluten + Cereals, C-Celery + Celeriac, SD-Sulphur Dioxide,
MC-Molluscs + Crustaceans



Email: hannah@ahmcatering.co.uk
 Text Hannah: 07967 511870
 Call: 0117 957 6942



ACCOMPANIMENTS

	Serves 1	Serves 2	Serves 4
Mashed Potato, Carrots & Peas (V) [M]	£2.45	£4.35	£7.70
Rice, Carrots & Peas (V)	£2.45	£4.35	£7.70
Roast Potatoes, Carrots & Broccoli (V)	£2.70	£4.85	£8.70
Gratin Potato, Carrots & Green Beans (V) [M]	£2.95	£4.95	£9.15
Potato Wedges & Garlic Bread (V) [G M]	£2.45	£4.60	£8.15

DESSERTS

AHM Desserts to be served cold

	Serves 1
Chocolate Brownies [M E]	£2.45
Lemon Cheesecake [G M]	£2.45
Raspberry & White Chocolate Cheesecake [G M]	£2.45
Carrot Cake Cheesecake [G E M]	£2.70
Chocolate Truffle Torte flavoured with Brandy [G M]	£2.70
Vegan Raspberry & White Chocolate Cheesecake (Vegan)	£2.70
Chocolate & Coconut Tart (Vegan) - contains nuts [N]	£2.70

AHM Desserts to be served warm

	Serves 1
Jam Sponge Pudding [G E M]	£2.45
Bread & Butter Pudding [G E M]	£2.45
Spotted Dick [G E M]	£2.45
Sticky Toffee Pudding [G E M]	£2.45
Chocolate Sponge Pudding [G E M]	£2.45
Rhubarb & Ginger Crumble (suitable for vegans) [G M]	£2.45
Apple & Cinnamon Crumble (suitable for vegans) [G M]	£2.45
Autumn Fruit Crumble Pie [G E M]	£2.45
Add Custard/Chocolate Sauce to warm Desserts [M]	60p

All our warm desserts can be made Gluten free on request – additional £1 per item.

(V)=Suitable for Vegetarians (Vegan)=Suitable for Vegans

Allergen Codes

E-Eggs, F-Fish, L-Lupin, M-Milk, Mu-Mustard, P-Peanuts, Se-Sesame,
 So-Soya, N-Nuts, G-Gluten + Cereals, C-Celery + Celeriac, SD-Sulphur Dioxide,
 MC-Molluscs + Crustaceans

OTHER INFORMATION

- AHM Catering offer a range of meals where meat/fish/veg content comes from known and trusted sources.
- All our meals are made using locally sourced ingredients and are all cooked fresh at our commercial catering premises.
- We deliver them frozen to your home in silver foil trays (no fancy packaging or cardboard sleeves).
- Simply take from the freezer and cook in the oven (the meals are designed to be cooked from frozen. Cooking instructions are provided).
- This is good, honest, nutritious, locally produced food that you can trust and is prepared in our commercial kitchens which have been awarded a 5-star hygiene rating (the highest score) by the Local Food Standards Agency.
- We deliver within 3 days of receiving your order.
- For local deliveries there is a £2.50 delivery charge per drop.
- Delivery charges for other addresses will be calculated based on the distance from AHM.
- Our Minimum order is £15.
- An ingredient and allergen list can be provided on request.

TO PLACE AN ORDER

(OR FOR MORE INFORMATION ON OUR PRODUCTS)

E-mail: hannah@ahmcatering.co.uk

Text: 07967 511870 (Hannah's phone) Phone: 0117 957 6942

16A SOUNDWELL ROAD, STAPLE HILL, BRISTOL, BS16 4QH

PAYMENT

PAYMENT IS DUE ON DELIVERY BY:

CASH OR CHEQUE - (MADE PAYABLE TO 'AHM CATERING EXPERIENCE').

PLEASE NOTE THAT CHEQUE PAYMENTS WILL INCUR

A £1.00 FEE TO COVER BANK CHARGES,

OR YOU CAN PAY IN ADVANCE BY BANK TRANSFER:

PLEASE SEND PAYMENTS TO

09-06-66, 42260392;

A/C NAME IS 'AHM CATERING EXPERIENCE'

PLEASE PUT YOUR NAME AS A REFERENCE.

**OR YOU CAN PHONE OUR OFFICE WITH YOUR CARD DETAILS TO MAKE PAYMENT
PRIOR TO DELIVERY.**

THANK YOU FOR YOUR CUSTOM