



Email: hannah@ahmcatering.co.uk
Text Hannah: 07967 511870
Call: 0117 957 6942



HOME-COOKED FROZEN FOOD RANGE

2026

MAIN MEALS

Serves	Serves	Serves
1	2	4

BEEF

Cottage Pie	£4.15	£7.45	£13.65
[M]			
Beef Lasagne	£4.15	£7.45	£13.65
[G M]			
Beef & Mushroom Stroganoff	£4.65	£8.45	£15.65
[M]			
Beef Bourguignon	£4.65	£8.45	£15.65
Beef Stew & Dumpling (can be G/F without the dumpling)	£4.65	£7.95	£15.20
[G]			
Steak & Kidney Pie	£4.15	£7.45	£13.65
[G]			
Chilli Con Carne	£4.15	£7.45	£13.65
Beef Goulash (Hungarian tomato & paprika based beef stew)	£4.65	£8.45	£15.65

PORK

Bacon & Broccoli Carbonara Pasta Bake	£4.15	£7.45	£13.65
[G M]			
Sausage & Onion Hotpot	£4.15	£7.45	£13.65
Pork & Mushroom Stroganoff	£4.15	£7.45	£13.65
[M]			
Medallions of Pork Fillet in a Sage Cream Sauce	£4.15	£7.45	£13.65
[M]			
Pork & Cider Casserole	£4.15	£7.45	£13.65
Grilled Pork Steak with an Apple, Cream & Cider Sauce	£4.15	£7.45	£14.65
[M Mu]			

LAMB

Lamb Moussaka (minced lamb with layers of roasted aubergine & potato slices in a creamy ricotta cheese sauce)	£4.65	£8.45	£15.65
[M]			
Lamb Hotpot	£4.65	£8.45	£15.65
Lamb Ragu Penne Pasta topped with Parmesan Cheese	£4.85	£8.65	£15.85
[G M]			

(V)=Suitable for Vegetarians (Vegan)=Suitable for Vegans

Allergen Codes

E-Eggs, F-Fish, L-Lupin, M-Milk, Mu-Mustard, P-Peanuts, Se-Sesame,
So-Soya, N-Nuts, G-Gluten + Cereals, C-Celery + Celeriac, SD-Sulphur Dioxide,
MC-Molluscs + Crustaceans



Email: hannah@ahmcatering.co.uk
Text Hannah: 07967 511870
Call: 0117 957 6942



CHICKEN & TURKEY

	Serves 1	Serves 2	Serves 4
Turkey, Ham & Leek Pie [G M]	£4.15	£7.45	£13.65
Chicken Breast in a Red Wine Sauce	£4.65	£8.45	£15.65
Supreme of Chicken with a White Wine, Mushroom & Tarragon Cream Sauce [M]	£4.65	£8.45	£15.65
Chicken Chasseur (Chicken breast in a tomato, mushroom and tarragon sauce)	£4.65	£8.45	£15.65
Chicken Curry	£4.15	£7.45	£13.65
Chicken & Vegetable Casserole with a Herb Scone (vegetables include carrots, swede, leeks & peas) (can be G/F without the scone) [G]	£4.15	£7.45	£13.65
Honey & Garlic Chicken Supreme in a Honey, Garlic & Soya Sauce	£4.65	£8.45	£15.65

ROAST MEATS

Roast Beef with Yorkshire Pudding & Gravy [G E M]	£4.85	£8.65	£15.85
Roast Turkey with Sage & Onion Stuffing and Pigs in Blankets & Gravy [G]	£4.65	£8.45	£15.65
Roast Pork with Sage & Onion Stuffing & Crackling & Gravy [G]	£4.65	£8.45	£15.65
Roast Lamb with a Stuffing Ball & Gravy [G]	£4.85	£8.65	£15.85

FISH

Fisherman's Pie (contains salmon, cod and prawns) [F M MC]	£4.65	£8.45	£15.65
Salmon & Spinach Stroganoff [F M]	£4.65	£8.45	£15.65
Seafood Pasta Bake (Salmon, Cod, Prawns & Peas with Pasta in a Tomato & Basil Sauce topped with Grated Cheese) [F G M MC]	£4.65	£8.45	£15.65
Smoked Haddock & Spring Onion Fishcakes with Provencal Sauce [F M]	£4.65	£8.45	£15.65

(V)=Suitable for Vegetarians (Vegan)=Suitable for Vegans

Allergen Codes

E-Eggs, F-Fish, L-Lupin, M-Milk, Mu-Mustard, P-Peanuts, Se-Sesame, So-Soya, N-Nuts, G-Gluten + Cereals, C-Celery + Celeriac, SD-Sulphur Dioxide, MC-Molluscs + Crustaceans



Email: hannah@ahmcatering.co.uk
Text Hannah: 07967 511870
Call: 0117 957 6942



VEGETARIAN & VEGAN	Serves 1	Serves 2	Serves 4
Spinach, Broccoli & Mixed Pepper Quiche (V) [G E M]	£4.15	£7.45	£14.65
Leek, Potato and Mushroom Pie (V) [G M C]	£4.15	£7.45	£13.65
Vegetable Lasagne (V) [G M C]	£4.15	£7.45	£13.65
Vegetable Cottage Pie (V) [M C]	£4.15	£7.45	£13.65
Lentil & Vegetable Hotpot (V)(Vegan) [C]	£4.15	£7.45	£13.65
Pepper, Chickpea & Spinach Curry (V)(Vegan) [C]	£4.15	£7.45	£13.65
Macaroni Cheese (V) [G M]	£4.15	£7.45	£13.65
Spicy Tuscan Bean & Vegetable Casserole (V) (Vegan) [C]	£4.15	£7.45	£13.65
Vegetable Stew and Dumpling (V) (can be G/F without the dumpling) [G C]	£4.15	£7.45	£13.65
Plant-based Vegan Meatballs in Vine Tomato Sauce (V) (Vegan) [C]	£4.15	£7.45	£13.65
Butternut Squash & Cashew Nut Roast with Vegetarian Gravy (V)(Vegan) [N]	£4.65	£8.45	£15.65
Vegan Butterbean, Mushroom & Kale Cannelloni (Vegan) [G C]	£4.15	£7.45	£13.65
Vegan Moussaka (Vegan) [C]	£4.15	£7.45	£13.65
Butternut Squash, Sweet Potato & Cherry Tomato Crumble (vegan) [G C]	£4.65	£8.45	£15.65
Mushroom & Ale Pie (vegan) [G C]	£4.65	£8.45	£15.65

(V)=Suitable for Vegetarians (Vegan)=Suitable for Vegans

Allergen Codes

E-Eggs, F-Fish, L-Lupin, M-Milk, Mu-Mustard, P-Peanuts, Se-Sesame,
So-Soya, N-Nuts, G-Gluten + Cereals, C-Celery + Celeriac, SD-Sulphur Dioxide,
MC-Molluscs + Crustaceans



Email: hannah@ahmcatering.co.uk
Text Hannah: 07967 511870
Call: 0117 957 6942



ACCOMPANIMENTS

	Serves 1	Serves 2	Serves 4
Mashed Potato, Carrots & Peas (V) [M]	£2.50	£4.40	£7.75
Rice, Carrots & Peas (V)	£2.50	£4.40	£7.75
Roast Potatoes, Carrots & Broccoli (V)	£2.75	£4.90	£8.75
Gratin Potato, Carrots & Green Beans (V) [M]	£3.00	£5.00	£9.20
Potato Wedges & Garlic Bread (V) [G M]	£2.50	£4.65	£8.20

DESSERTS

AHM Desserts to be served cold

	Serves 1
Chocolate Brownies [M E]	£2.50
Lemon Cheesecake [G M]	£2.50
Raspberry & White Chocolate Cheesecake [G M]	£2.50
Carrot Cake Cheesecake [G E M N]	£2.75
Chocolate Truffle Torte flavoured with Brandy [G M]	£2.75
Vegan Raspberry & White Chocolate Cheesecake (Vegan)	£2.75
Chocolate & Coconut Tart (Vegan) - contains nuts [N]	£2.75

AHM Desserts to be served warm

	Serves 1
Jam Sponge Pudding [G E M]	£2.50
Bread & Butter Pudding [G E M]	£2.50
Spotted Dick [G E M]	£2.50
Sticky Toffee Pudding [G E M]	£2.50
Chocolate Sponge Pudding [G E M]	£2.50
Rhubarb & Ginger Crumble [G M]	£2.50
Apple & Cinnamon Crumble [G M]	£2.50
Autumn Fruit Crumble Pie [G E M]	£2.50
Add Custard/Chocolate Sauce to warm Desserts [M]	70p

All our warm desserts can be made Gluten free on request – additional £1 per item.

(V)=Suitable for Vegetarians (Vegan)=Suitable for Vegans

Allergen Codes

E-Eggs, F-Fish, L-Lupin, M-Milk, Mu-Mustard, P-Peanuts, Se-Sesame, So-Soya, N-Nuts, G-Gluten + Cereals, C-Celery + Celeriac, SD-Sulphur Dioxide, MC-Molluscs + Crustaceans

OTHER INFORMATION

- AHM Catering offer a range of meals where meat/fish/veg content comes from known and trusted sources.
- All our meals are made using locally sourced ingredients and are all cooked fresh at our commercial catering premises.
- We deliver them frozen to your home in silver foil trays (no fancy packaging or cardboard sleeves).
- Simply take from the freezer and cook in the oven (the meals are designed to be cooked from frozen. Cooking instructions are provided).
- This is good, honest, nutritious, locally produced food that you can trust and is prepared in our commercial kitchens which have been awarded a 5-star hygiene rating (the highest score) by the Local Food Standards Agency.
- We deliver within 3 days of receiving your order.
- For local deliveries there is a £2.75 delivery charge per drop.
- Delivery charges for other addresses will be calculated based on the distance from AHM.
- Our Minimum order is £15.
- An ingredient and allergen list can be provided on request.

**TO PLACE AN ORDER
(OR FOR MORE INFORMATION ON OUR PRODUCTS)**

E-mail: hannah@ahmcatering.co.uk

Text: 07967 511870 (Hannah's phone) Phone: 0117 957 6942

16A SOUNDWELL ROAD, STAPLE HILL, BRISTOL, BS16 4QH

PAYMENT

PAYMENT IS DUE ON DELIVERY BY:

CASH OR CHEQUE - (MADE PAYABLE TO 'AHM CATERING EXPERIENCE').

PLEASE NOTE THAT CHEQUE PAYMENTS WILL INCUR

A £1.00 FEE TO COVER BANK CHARGES,

OR YOU CAN PAY IN ADVANCE BY BANK TRANSFER:

PLEASE SEND PAYMENTS TO

09-06-66, 42260392;

A/C NAME IS 'AHM CATERING EXPERIENCE'

PLEASE PUT YOUR NAME AS A REFERENCE.

**OR YOU CAN PHONE OUR OFFICE WITH YOUR CARD DETAILS TO MAKE PAYMENT
PRIOR TO DELIVERY.**

THANK YOU FOR YOUR CUSTOM