

Sayes Court Children's Centre

"First Steps towards a brighter future at
Sayes Court Children's Centre

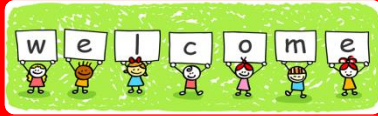
Spring Timetable 2018



Sayes Court Children's Centre,
Sayes Court Farm Drive, Addlestone
KT15 1NB, Tel: 01932 851502
www.sayescourtchildrenscentre.com

Free Special Events

Please book your space with reception



7th March Termly Welcome Session

Held during Messy Monkeys

Come & find out what your local Centre has to offer
(All welcome)

NCT Essentials Course

Saturday 10th February 9-4 & 17/2 8.30-1.30

Or

Saturday 14/4 9-4 & 21/4 -8.30-1.30

Please book via the NCT website (discounts may be available)

Sayes Court annual Community Easter Farm Event

Thursday 12th April

More details to follow



We are very fortunate at the Children's Centre that we can offer the majority of courses to our families for free .

For this to continue we please ask that you give us your full commitment to any course you start

To enable us to provide support to our local families each Children's Centre has its own defined reach area. Spaces at non-bookable sessions will be available for all families although some spaces will be reserved for families living within our reach area

If you would like to find out which reach area you live in please ask

Saves Court Children's Centre Spring 2018 timetable starts Tuesday 2nd January-29th March
 (half term 12th Feb- 16th Feb, Centre closed for Easter w/c 2/4)

Monday

9.30-11.30
ESOL (English Speakers
Other Languages)

8th Jan

Crèche facilities at £2 per child



9.30am-12.00pm
Level 1 Childcare

TBC

Crèche facilities £2 per child



12.30-2.30

Paediatric First Aid
Workshop

5th February

£10 per person

Please note there are no crèche facilities available



Tuesday

9.30-12.30

Health Visitor

6 week and 1 year checks every other week (by appointment only)

12.30pm-2.30pm

Snuggles & Cuddles

Weekly drop in breastfeeding support group with health visitors & midwives

Antenatal mums also invited for the opportunity to meet other mums & enjoy a cuppa.

2.00-4.00

Midwives Clinic
 (by appointment only)

Wednesday

9.30am-11.30am

Maths Functional Skills

Starts 10th Jan

Crèche facilities £2 per child



9.30-12.00

Level 1 Customer Service Award

Cost TBC

CUSTOMER SERVICE



1.30-2.30

Weekly Messy Monkeys

£1 per family

Stay & play arts & crafts activities for 0-5s



3.00pm-4.00pm

Baby Yoga

For babies 16-20 wks (must be able to support their own heads)

Max age 12mths or pre-walking

From 10/01 for 5 weeks . cost £35



Thursday

9.30am-12.00pm

Foodwise - Free

Starts 18th Jan for 4 wks

Learn how to cook and eat healthily on a budget

Crèche facilities at £2 per child



9.30-12.00

Browns Employment Course - Free

Starts 22nd Feb for 5 weeks

How to get a job

(Employability course, focusing on empowerment, encouragement, education & employment)

(Crèche facilities £2 per child)



12.30-2.30

Free Parents Drop in for yr 5 children upwards (run by the youth service) 25/1, 22/2 & 29/3



3.00-4.00

Baby Massage £35

22/2, 1/3, 8/3, 15/3 & 22/3

12.30-2.30pm

Free Young Parents Playgroup

Under 24 yrs

Come & meet other young mums, enjoy play activities with your child
 Held on the 1st Thursday of each month



Friday

9.30am -11.00am

Weekly Little Monkeys

0-5 yrs

£1 per family

For all parents/carers with children under 5. Messy play, arts, crafts, indoor & outdoor play, singing, healthy snacks.



stay



play



1.30pm-2.30pm

Weekly Wrigglers

0-18mths

£1 per family

An opportunity to meet mums and for younger children to enjoy singing & sensory play

