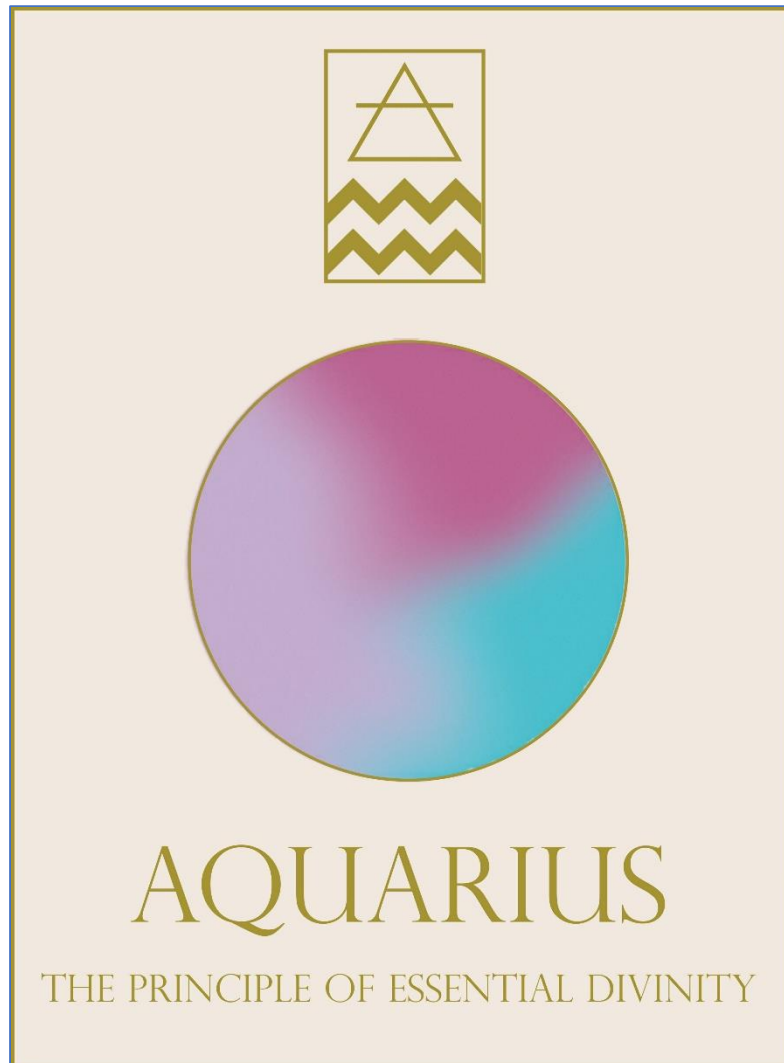


Cosmic Overview

Aquarian New Moon 2023



*You have to understand the process of healing in the
Age of Aquarius. What will give the healing is
the flow of your Soul energy.*

Harbhajan Singh Yogi

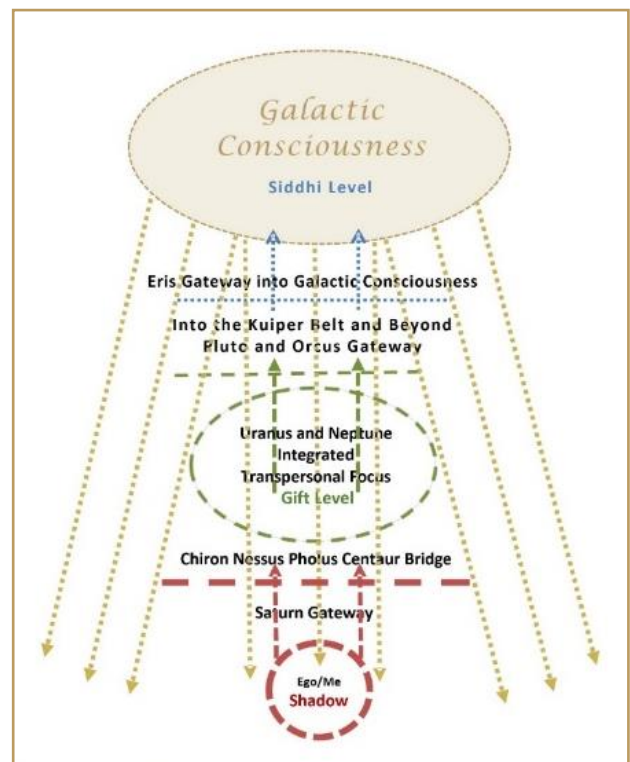
The Changing of the Guard

Before looking at the Chart for the New Moon, which is occurring on the 21st or 22nd of January, depending upon where you live, as this is the first New Moon for this year, it feels a good time to have a deepening understanding of how the Cosmos is, at all times, assisting us to move into Higher Consciousness.

Each month the Cosmic Review outlines the energies that are flowing to us through the positions of the Planetary Bodies and the Gene Keys that are being activated. The Gene Keys, speak of the Frequency, Light Sound, and Consciousness that is distributed to us via the Angelic, Devic and Elemental Realms, as these potentials are anchored into our Etheric field. *'As Above so Below'* has a profound meaning, for we magnetize the Qualities of the Gene Keys according to our state of Consciousness and Soul Awareness. From our first breath, we embody a moment in time that is a reflection of the Group state of Consciousness - an individual snapshot of a particular moment in time, which is unique and which underpins our sense of self.

However, our true Self is Timeless and Eternal, so when we give our focus and attention to the 'Me' as being our only Reality we limit the flow of pure Source Awareness that is available to us, at all times, and which resides within each of us, waiting to be recognised and realised when we are no longer held within the Group fear of the Shadow Consciousness. This awakening out of the Shadow, into more Lucid awareness, is being stimulated and encouraged, this year, by the *'Changing of the Guard'* - as two major Planets are changing signs in 2023.

After two and a half years, on March 7th, Saturn is moving out of Aquarius, into Pisces, until March 2026. Then on March 23rd, Pluto makes a transition into Aquarius after spending 15 years in Capricorn. By June, Pluto is back in Capricorn, for 7 months, returning to Pisces in February 2024, then back briefly in Capricorn for four weeks in mid-October, before finally moving into Aquarius in November 2024 for the next twenty years.

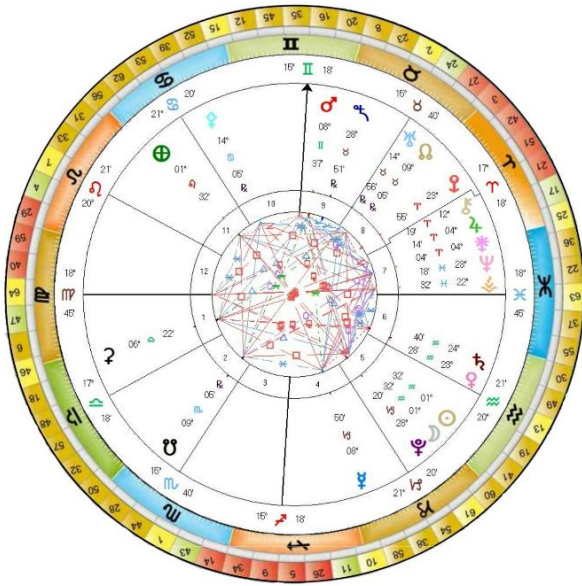


Saturn and Pluto came together, back on 12th January 2020, which was a start of a new Cycle, which will complete in June 2053. This year, that Cycle is unfolding and moving into and through different constellations, working through all that was started in 2020, so that there can be greater insight and revelation into the reactions and decisions that have taken place, over these last three years, by the Governments of the world, and the powerful Global Institutions, and equally each one of us, as Pluto moves out of Capricorn into Aquarius.

Saturn moving into Pisces has a different feel to Saturn in Aquarius. Saturn in Pisces is fluid and mutable, so ideas that have become too ideologically rigid, since 2020, may well be realigned. Saturn and Pluto are Gatekeepers. Saturn opens the door to Transpersonal Consciousness, and Pluto, to Galactic Consciousness. They embody Authority and Power. Through Saturn, we develop Integrity and Wisdom, whilst Pluto, in Aquarius is the Essence of Truth that is held within the *Will to Good* and Pure Universal Unconditional Love.

Throughout 2023/2024 we will see various levels of these Eternal Virtues operating and being brought into heightened focus, in the outer world, as we each deepen our connection to our True Self. For each one of us, the question is *'Is the Authority and Power an internal Source – a direct connection to the Universal Life Force flowing through each one of us – or do we give our Sovereign Power away to an outer Authority?'*

'I AM' the Light that Shines in the Darkness



The first New Moon for 2023 takes place at 1⁰ Aquarius 32, on the 21st or 22nd of January, depending on where you live. It is this Aquarian vibration, that over the next two thousand years, will be the prime archetypal expression that is unfolding and being revealed through the Collective Consciousness.

The Aquarian Essence unfolds through Six Primary Laws:

- 1 The Law of Right Human Relations
- 2 The Principle of Goodwill
- 3 The Law of Group Endeavour
- 4 The Principle of Unanimity
- 5 The Law of Spiritual Approach
- 6 The Principle of Essential Divinity

Looking at the 6th Law – ***The Principle of Essential Divinity*** - it states that there is a shard, a spark of God/Universal Source, in every being, that there is an interconnection between all of Life, and that we are all part of this Synthesis. This Synthesis, as the Aquarian Age begins to be felt and embodied, is beginning to fuse both the metaphysical and scientific world.

For whether it is conceived that all arose from the Big Bang as physicists believe, or the manifest appeared from out of the unmanifest, as mystics perceive, both agree that the manifested Universe did come from One Source. The difference between the physicist and the metaphysicist, until very recently, was that the mystics understood that there was Intelligence and Life flowing through all matter and now this Intelligent Life, or Consciousness, is understood by many physicists too, as underpinning all of the Universe.

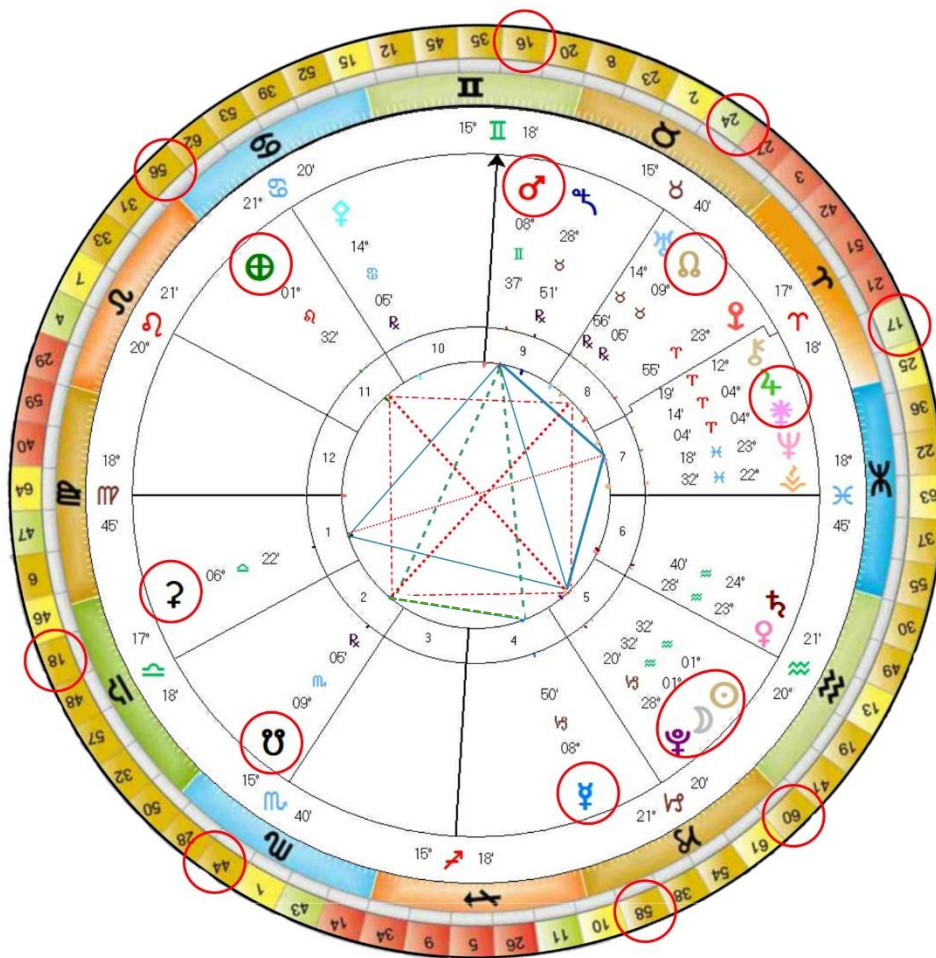
This Unifying and Synthesising of two such opposed fields, the mystical and scientific, over these coming years will be brought into deeper understanding and harmony which will have immense benefits throughout Society when it is not just simply an intellectual concept but is fully integrated into our living awareness. As this awareness continues to expand and grow throughout humanity we magnetize the Soul qualities of Life into our being and we become aware of the Pure Divine Love that flows throughout the Life Force to all Beings.

The Aquarian Constellation flows with the 5th Ray of Concrete Knowledge which is ruled by Venus seeking to express Love and Wisdom through the Intellect, so that the Plan of Divinity may find expression through humanity. At the personality level, Saturn the 3rd Ray of Active Intelligence, and Uranus the 7th Ray of Ceremonial Order and Magic unite for this purpose and when operating from the Soul level, Jupiter and the 2nd Ray of Love and Wisdom, give the potential to magnetize and express the Essential Divinity of Humanity that is waiting to manifest through this Cycle of Time.

One of the underlying outcomes of the Aquarian Age will be to bring about a transformation away from the emotional focus on personal relationships of the Piscean Age. Loving personal relationships, when not fuelled by the ego, have the potential to bring great gifts, a springboard from out of which a Transpersonal, loving awareness may grow - born out of a recognition of Universal Unity - where Goodwill, Compassion, Community, and Service flow naturally and freely for the benefit of All Life

I believe that unarmed Truth and Unconditional Love will have the final word in Reality. Martin Luther King

Chart for the Aquarian New Moon



New Moon 21st January 2023 20:53 UT London UK
<https://www.timeanddate.com/moon/phases/>

As you will see, from looking at the above chart, there are three distinct Planetary patterns forming at the time of the New Moon. There is a Grand Fixed Cross (*red dotted lines*) there is a Kite Formation (*blue lines*) and there is a Yod, Finger of God (*green dotted lines*). Looking at the Grand Cross first, the Sun and Moon are conjunct Pluto on Gene Key 60, opposite to the Earth on Gene Key 56 and they are square, 90° away from the North and South Nodes on Gene Keys 24 and 44.

The Sun and Moon bring the Conscious and Unconscious together, a time to integrate, and with Pluto holding the same energetic essence and space, it is a time to release, transmute and discard karmic patterns that create and sustain a sense of Limitation, which is the Shadow of the 60th Gene Key. The **60th Gene Key** known as **'The Cracking of the Vessel'** leads us out of **Limitation** to **Realism** and to **Justice**.

'This Shadow appears wherever imagination and openness are stifled, or wherever men or women have forgotten who they are. Most people do not think magically; they do not leave the door ajar within their brains so that inspiration may creep in at any moment.... Life moves in cycles. Every now and then a transmutation occurs. It does not come around often; it may only come around at great turning points in evolutionary history.'

'There is great capacity for magic in this Gene Key which may sound odd as it is called the Gift of Realism. Actually, Realism in its truest sense always involves magic and the only thing needed for magic to occur is some form of a structure and an open mind. This may seem a surprisingly simple set of criteria, but it is

rarely found in the world. We know from modern quantum physics that all matter is made up of vibrating energy fields. Therefore, all structures in the world of form are really an illusion. They are frameworks through which something unexpected may occur.'



'Another synonym for the 60th Gift, might be the Gift of common sense, for it is common sense to remain open-minded to everything in the Universe because everything has at its core the same wondrous inner Light. It is the responsibility and great privilege of humanity to be the outermost peak of the awareness of Gaia. We are her eyes and ears. We are her very mind. Everything of true value is hidden inside form – inside our body, inside the ferrous core of the planet, inside the vibrating fabric of your inner being. It is all rooted inwardly. This is why humankind must discover inner space, why we must turn inward for inspiration.'

'The 60th Siddhi is an extremely rare Siddhi. When a Being attains Self-realisation through the 60th Siddhi, something quite extraordinary happens. The fundamental laws that govern physical existence are loosened and in some cases broken altogether. **At a collective genetic level this kind of event is called a frameshift mutation.** The 60th Siddhi breaks all laws of our reality – beginning with the Laws of Time and Gravity.'

'The Siddhi of Justice is not retribution; it's a reward. It is given as Grace, not taken as punishment and when it is given, freedom flows from it. **It isn't an imposition or a limitation. It is an invitation, an opening.** One of the hardest things to do is to be forgiven by someone we have wronged; it cracks us open, with the potential for transformation. When someone makes a selfless sacrifice on our behalf it invokes the power of Justice - of Divine Balance. At a certain point our hearts open to our true innocence and we begin to unlock other codes in our DNA that are ancestral rather than personal. We begin to transmute more global karma and the more our being opens, the more we are given.'

'There is enormous magic hidden within this 60th Siddhi. It is true magic because it is acausal. It cannot be learned, mastered, or imitated. Every time a being attains enlightenment through the 60th Siddhi, magic comes pouring through this being and they become a phenomenon, a symbol of the breaking of form – **Masters who have attained the Body of Light.'**

The Earth, at the time of the New Moon, is activating **Gene Key 56** known as **Divine Indulgence** moving through the Shadow of **Distraction** to the Gift of **Enrichment** to the Siddhi of **Intoxication**.

'Gene Key 56 along with Gene Key 33 and 12 are part of the Codon Ring of Trials. These three Gene Keys are Stop Codons, genetic markers that define the endings of chains of genes throughout our body. The Stop Codons are quite special and operate differently from all the other Gene Keys. **The Ring of Trials are ongoing archetypal tests that all humans face in their lives over and over.** Not until we pass these tests can we fully transition from the Shadow through the Gift into the Siddhi.'



'The 33rd Shadow is the Trial of Forgetting, the pressure to remember our true nature, and the ease with which we forget. The 56th Gene Key shows how we forget; we become distracted. **In the modern world we appear almost desperate to distract ourselves from who we really are.** At the same time, we now have so many distractions that we are becoming increasingly aware of the extent of our addictions.'

'The world's mask keeps us engaged, entertained and distracted by the drama going on all around us, as well as within us. And perhaps saddest of all, the world mask keeps us poor – for when we are distracted by something that simply keeps us in the same state of inert numbness – spiritually barren - we are truly impoverished.'



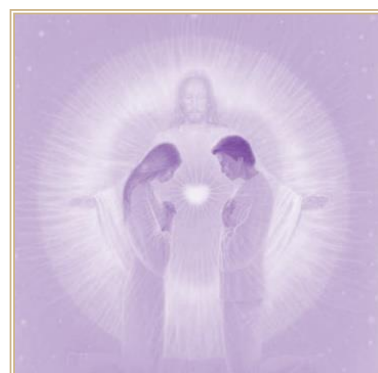
*'As with all the Gifts of the 64 Gene Keys, Enrichment pulls you out of the shadows and into the Light of the higher frequencies. Enrichment is what Life is all about. Distraction is fine, but only as long as it enriches us. **Those with the 56th Gift have learned the difference between what feeds the human spirit and what saps it – they have learnt the art of self-discipline and they know how to get the most out of life.** The 56th Gift has an alchemical flavour to it. Therefore the 56th Gift will take in all manner of low frequency waves because it knows how to transmute their energy into joy and purpose.'*

'The 56th Gift knows a great truth – true enjoyment is rooted inside your being rather than in the external. At these higher levels this 56th Gift of Enrichment is a Gift of Love, for the more you enrich the lives of others the more this Gift pours through your heart. People immersed in this Siddhi have taken the Gift of Enrichment to its ultimate zenith – they have allowed themselves to be pierced over and over again by the highest frequencies of Love. Unlike the lower manifestations of love, which are about chasing Cupid's infamous arrows in the external world, the 56th Siddhi finds the source of the toxin itself – your own superabundant heart.'

*'You will stop trying to direct life and your entire consciousness will shift – you will see that at this level, every single thing in life can be enriching. Those rare beings that manifest this state are a law unto themselves – if you sit with them and lap up their laughter you become drunk on their exquisite frequencies. **Such people are a reminder from the Source, that life is for love, for beauty, and for fun.** There is a Love hiding within this Gene Key as awesome as anything anyone can imagine. **If you allow life's arrows to pierce you one after another you will eventually find yourself Intoxicated by the Divine.'***

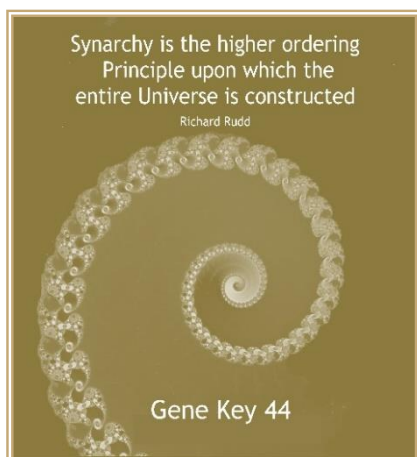
Continuing with the Grand Cross, you will see that the North and South Nodes form the other angles – so this New Moon is pulling in both the accrued Collective Consciousness/karma, (*South Node*), that needs to be integrated, to move forward on our Spiritual Collective pathway (*North Node*). The South Node on **Gene Key 44** emphasises the theme of ancestral karma and incarnation, as it refers to **Karmic Relationships** moving through the Shadow of **Interference** to the Gift of **Teamwork** to the Siddhi of **Synarchy**.

*'The 44th Gene Key concerns a little understood subject that underpins the structure of human societies as well as the science of reincarnation. The ancient Chinese called the 44th Hexagram **Coming to Meet**, which is, of course, highly appropriate since **this 44th Gene Key concerns how, why and when people meet each other, as well as the results that emerge from group or family dynamics.** As you learn from each relationship over time, and come to master the lessons each affords you, you begin to attract higher frequency fractals. The term human fractal refers to the web of invisible patterns that bind certain groups of people together.'*



*'In the classical Indian teachings, such ties are known as **Karmic ties**. Until two individuals are ready to take on the Ancestral Interference patterns of their entire fractal, that fractal remains dysfunctional, but as it clears a deep devotion develops. The moment we begin to see relationships appearing in the world without Interference patterns, we will know that the core human fractal/consciousness is rebuilding itself from the bottom up. **Couples who are actively involved in clearing out this collective genetic dysfunction are the pioneers of a coming new age.'***

'As the frequency of this 44 Gene Key rises the Gift of Teamwork is born. Once you are at the Gift level you can overcome the Collective Interference of the 44th Shadow and begin to scent your true allies in Life. To really understand this Gift of Teamwork you also need to understand something of the mechanics of incarnation. Your Causal body, or Soul, which vibrates at a very rarefied frequency also travels with the Causal bodies of others across space and time in a cosmic relationship dance. If you were able to assemble your own true fractal around you the dynamics of this team would be nothing short of awesome. There would be total trust within the group. The world has not yet seen much of the 44th Gift, however, all that is on the cusp of changing.'



'The 44th Siddhi is truly remarkable. It concerns the complete understanding of the mechanics of human destiny and the entire story of humanity. The 44th Siddhi sees the entire tapestry of human interaction through time and space. It not only sees it, but this being dissolves into it. The consciousness within such a person is able to travel down every single fractal line within the Cosmos. Because there is no resistance within their vehicle their consciousness ripples down the fractal arms of both the past and the future of the Universe. The being expressing the 44th Siddhi, therefore, occupies a specific genetic vehicle whose mutation causes, in time, a chain reaction through humanity.'

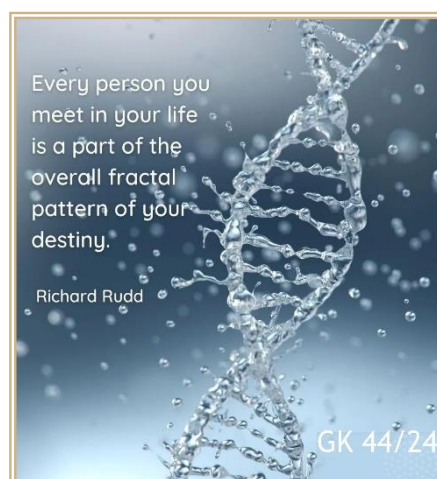
'The awakening of a core fractal essentially involves the death of the illusion of its individuality, and the healing of the distortion, or Sacred Wound, which is literally wound around the arms of every single fractal line. This distortion or Interference is the reason for human suffering, but as the Universe awakens the Interference is gradually cleared and the Synarchy that lies beneath emerges.'

'Synarchy is the Universal Principle through which Collective intelligence naturally aligns itself in perfect harmony with All That Is. Synarchy is the underlying nature of humanity that can only be known once it has emerged from the Shadow Frequencies. As the New Collective Consciousness dawns all across our planet, humanity will manifest its creative genius, its true higher purpose hidden in its DNA – to bring the New Eden - Heaven to Earth.'

In understanding that we are being asked individually and collectively to clear and cleanse the old patterns of consciousness that continue to hold us in Limitation, what guidance does the North Node give to assist us all at this time? The North Node is on **Gene Key 24** which from the I Ching was originally called **The Return** or **Returning**, and has the Shadow of **Addiction**, the Gift of **Invention**, and the Siddhi of **Silence**.

'The 24th Shadow, when correctly understood, explains much about the Shadow state itself as well as why human beings find it so difficult to resolve the deeper repetitive problems in their lives. We humans come pre-programmed for Addiction and the main culprit responsible for this is our mind. The mass consciousness of humanity is still dominated by the archaic fear and survival-based aspects of our brain. This distorted thinking promotes fear and keeps you from thinking outside of your comfort zone.'

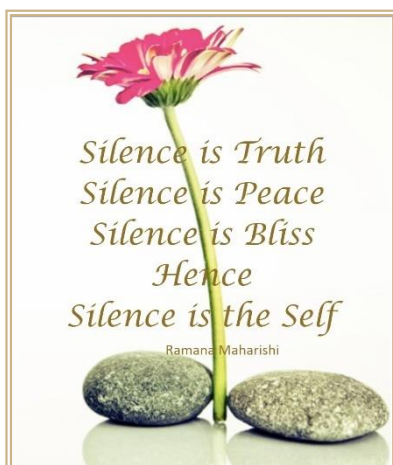
'Only by turning inwards can you face the addictive quality of your mind. Your willingness to confront your mind creates the necessary pause or gap in thinking to disentangle the mind from the astral/emotional body.'



'So, what happens in the gap when you do fully embrace it? The answer is absolutely anything. The 24th Gift is truly magical and contains the secret to genius. Genius is far more than lateral thinking – it is the ability to make quantum leaps. One of the best ways of exploring the gaps is through contemplation. To contemplate is to surrender yourself into the great mystery until it suddenly reveals itself to you through a process of deep insight.'

'The secret of the 24th Gift is really one of the secrets of creativity itself. It is in fact an acoustic field involving the raising of vibrational frequency through your genetics. Each time you hit one of the magical gaps, you have the opportunity to either shift up an octave in frequency or remain in the same loop. In human beings this codon allows you to make quantum leaps in terms of the evolution of your awareness.'

'The 24th Gene Key is part of the Ring of Life and Death. Each of the 6 Gene Keys that form part of this Codon Ring answer all the great questions about the Universe. The 24th Gene Key especially with its Siddhi of Silence, is called 'Returning' for a very good reason. We keep returning into form, until we've polished our Souls so that they shine resplendent. The greater we shine, the closer we come to the end of our particular storyline and return to Source – the Silence from out of which we came.'



'Over the centuries human beings have tried all manner of techniques to stop the mind from thinking. Thinking can in fact be masked by certain techniques, but that temporary quietness is not the same as the pure Silence of the 24th Siddhi. The Silence of the 24th Siddhi is a Silence that descends on you even though it already lives within you. True Silence reigns when the mechanism controlling your awareness moves from your head down into your solar plexus. For awareness to shift in this way there is a physical mutation that occurs – certain chemicals are created by the endocrine system – so that you no longer think – but are thought by Life. When the mind ceases to think then all addictive behaviour also ceases – the ultimate addiction of believing yourself to be separate from Life is eradicated.'

'This Silence does not necessarily denote physical Silence, rather it is an internal Silence in which you are permanently enfolded. Only true inner Silence can bring an end to the Maya or illusion of separateness which is ultimately the healing of mankind's greatest fear. The key is always to relax because only as you relax can you feel the magic gaps and experience the Truth directly – not through your mind but through your Innermost Being.'

Flowing from the position of the Sun Moon, and informing this New Moon, you will see a Kite Formation formed by Ceres at 6^o Libra, Mars at 8^o Gemini, and Jupiter and Juno at 4^o Aries.

Ceres is on **Gene Key 18** known as **The Healing Power of the Mind** evolving through the Shadow of **Judgement to Integrity to Perfection.**

'The 18th Shadow begins in your childhood and it gives rise to a collective phenomenon in the world known as the 'victim mind'. This 'victim mind' is a conglomeration of all the judgemental, undermining thought patterns, throughout the world. The 18th Gene Key is psychologically extremely profound. It is actually the basis of psychology as it holds the keys to human conditioning. When a child is born an innate urge inside begins to explore its environment. This Gene Key is about the physical, emotional, and mental boundaries that you meet in your life. The 18th Shadow holds a key secret, that all Judgement is a self-Judgement. The key to raising this level of frequency is to realise that everything external in your life is a mirror of an internal process seeking resolution.'



‘When you are free from the trap of the ‘victim mind’ then Judgement becomes Integrity. To uphold Integrity, you have to be courageous – you have to challenge anything or anyone who does not meet your high standards. Integrity uses Judgement in an objective and impersonal way. This is the Gift of the 18th Gene Key - not to use or take Judgement personally, but to learn to judge from the heart. Judging from the heart is never cruel because Integrity has only one purpose - to serve the whole in the spirit of Truth and compassion assisting others to step out of the ‘victim mind.’

‘The 18th Siddhi is not often seen in the world today - it involves an archetype of Perfection. Someone demonstrating the 18th Siddhi is above the victim mind – when they look at someone, even someone who appears genuinely evil, they will only see the Higher Self hidden in that person. By holding this high thought frequency they influence hidden currents of energy that raise the frequency of others. This is called Siddhic thinking and it involves thinking with the heart.’

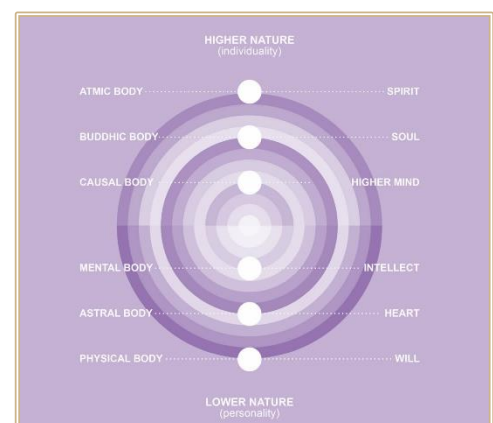
‘The 18th Siddhi serves a very mystical purpose – it heals the split in the mental plane itself bringing humanity closer and closer to its realisation of Oneness. It cannot and will not sit still until this great rift in the world mind has been healed. The 18th Siddhi is the source of the tradition of the Bodhisattva Vow. The Bodhisattva Gene Keys keep returning to the planet as individual human beings whose sole purpose is to build this collective vision of Perfection on the material plane. As we will all one day see, the end of this story also happens to be the beginning of our Universal Life.’

Jupiter and Juno are opposite to Ceres, forming the apex of the Kite Formation. Jupiter represents an expansion of Consciousness, perfectly balanced with the fusion of Electro/Magnetic, Divine Masculine/Feminine energies (Juno) flowing through our Etheric Body. Jupiter and Juno are on **Gene Key 17** known as **The Eye**, having the Shadow of **Opinion**, the Gift of **Far-Sightedness** and the Siddhi of **Omniscience.’**

‘Looking at the pairing of the 17th and 18th Shadows, we see two of humanity’s greatest mental gifts and dilemmas the 17th Gene Key Shadow of Opinion and the 18th Shadow of Judgment. Our ability to base an Opinion on logical Judgment is one of the great powers of human beings and yet it is also what has pulled us away from the reality of our interconnectedness with all other creatures. At the Shadow level this creates nothing but division because the mind is based on seeing and challenging narrow aspects of the whole, rather than the whole itself.’

‘The 17th Gift is awesome; it’s the power of Far-Sightedness. It’s the Gift of seeing the matrix, the whole matrix, with all its detail. Once seen we can never go back to the land of Opinion and Division. This is the domain of the Heart-Mind. The 17th Gift is about seeing with our Causal Body. Our Causal Body is the subtle equipment that humans have to look at something beyond the mind. The Causal plane lies beyond the mental Plane; it is the realm of archetypal wisdom.’

‘Through the 17th Siddhi of Omniscience the human mind will finally see the Perfection and Beauty of our Oneness with all of existence and through the 18th Siddhi of Perfection we will actually bring that vision into full manifestation. The 17th Siddhi directly corresponds to the open Third Eye. Where seeing and the seen are one. A single eye through which consciousness pours and where past present and future are a single eternal screen of consciousness. ‘These are the true seers and oracles. At the level of the 17th Siddhi consciousness sees through you rather than you seeing through it.’

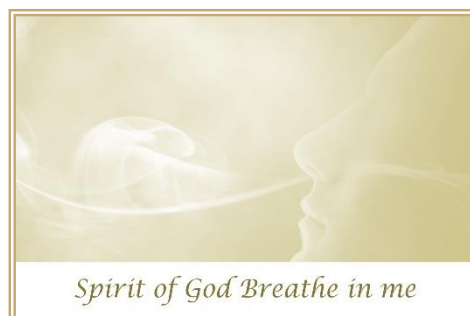


'When the 17th Siddhi comes into the world it comes like a Divine afterthought. It is one of the seven powers of Grace. It is where the body becomes an instrument for Consciousness and there are no borders, levels, opinions or past lives, for the Siddhic level sees an endless fractal pattern of life – repeating over and over – the same but always new. The deepest irony of all life is caught in one famous mystic's words: 'God can only come and visit you when you aren't there' or put another way if you want to know what Omniscience looks like, you, the personality, have to cease to exist.'

And the final planet creating this Kite, along with the Sun and Moon, Ceres, Juno and Jupiter, is Mars which operates through our personal will. Mars is on **Gene Key 16**, known as **Magical Genius**, moving through the Shadow of **Indifference**, to the Gift of **Versatility**, to the Siddhi of **Mastery**.

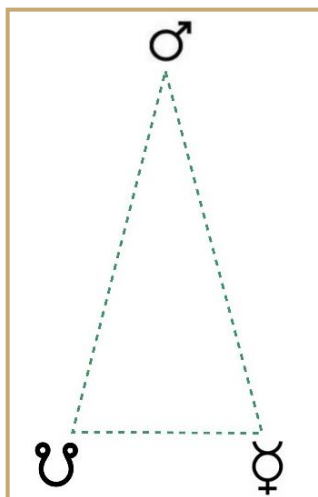
'Indifference is an expression of the collective frequency of humanity operating through your genetics. Indifference simply arises because the mass consciousness does not yet see its own true nature - that is, it doesn't yet realise itself as a holistic entity. However, our new awareness will enable us to identify as a single consciousness. Versatility is driven by the dynamic energy of enthusiasm – the feeling that you are doing something thoroughly enjoyable, which also happens to improve people's lives and serve the whole.'

'The 16th Gift learns holographically, using heart, body, and mind all synthesised. This Gene Key is about excellence. Once indifference is taken out of the equation, all that skill and natural talent can be used to serve the whole, rather than individual fame and fortune. At the 16th Gift level of frequency something remarkable occurs – no matter what your personal genetic makeup, you can draw upon any of the 64 Gifts through the Morphogenetic Field that links all states of the same frequency together. **This is the true meaning of Versatility - this 16th Gift – it is the ability to tune into any Gift you need and make use of that Gift.'**



'The enthusiasm inherent in the 16th Gift also has its manifestation in the Siddhi where it shows its true nature. Enthusiasm, deriving from the Greek meaning 'To be possessed by the breath of God' floods the human being and he/she merges with Divine currents, shattering their identification with the world of form. The 16th Siddhi has an interesting connection to the 35th Siddhi of Boundlessness and on closer analysis one can see why.

'As one of the Miracle Siddhis, the 35th Siddhi's sole purpose is to expand the average human's perspective on life exponentially. The one who has attained this Siddhic level displays Mastery over Creation – their powerful actions, seen as miraculous, pull humanity out of Indifference.'



Mars, which forms part of the Kite, is also the major focal point of the Yod/Finger of God, connecting to both the South Node, GK 44, as already shared, and Mercury, on **Gene Key 58**, which has the Shadow of **Dissatisfaction** the Gift of **Vitality** and the Siddhi of **Bliss** and is the Key that is aptly called **From Stress to Bliss**.

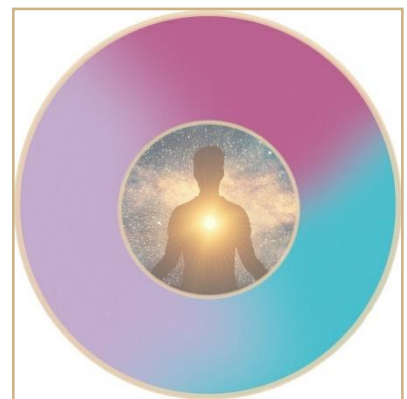
Mercury links to our lower mind and also to our Central Nervous System and the last couple of years, in particular with all the changes and chaos that have gone on in the outer world have created a stressful situation for our nervous system. When our focus is purely on the outer world, when the lower mind is running the show without checking in on our inner Reality – on the Peace, Stillness and Joy that is our natural state of Being - we create unease for ourselves and others.

'Dissatisfaction simply implies a lack of joy and a deep sense of restlessness or unease. The Shadow of Dissatisfaction is based on the false promise that there is something you can do to bring about happiness.'

*'The moment you accept your plight as a human being eternally driven to seek fulfilment in the future, everything in your life changes. **The energy that has been seeking an outlet into the world through your Dissatisfaction is turned back upon itself, which forces it into the atomic structure of the body.** The result is a kind of implosion of inner vital force, which catalyses micro-processes within your physiology – in short you begin to become yourself once again.'*

*'At the Gift frequency, Dissatisfaction now begins to turn into joy. This joyousness lies within every human being and is nothing short of Life expressing itself without resistance – it is the evolutionary urge to become self-aware. **Your mind becomes quieter – your relationship to the future changes – this can be a time of intense physical transformation.** Not only does your life take on a new shape, but a far deeper process overtakes you – the process of moving into the heart.'*

*'As your identification with the future progressively loosens, you are brought more and more deeply into the present moment. As the frequency of your Vitality attains a higher and higher pitch, at a certain point it peaks and catalyses a spontaneous shift, burrowing so deeply into your being that it triggers a process within your DNA known as Enlightenment. **When Consciousness comes, it comes into you like a flood wiping you clean in less than a microsecond.** It is one of the greatest mysteries of existence. **Your heart is so full that it bursts with Love for all Creation – everything reverts to its pure and pristine state of being.***



*'Once a being has realised Enlightenment through the 58th Siddhi they become entirely unfocussed. So how can we move in Bliss and still be able to communicate with others and be useful, be a human? It's all about weaving the State into our life. **The moment there's a pause, and our awareness turns inwards, the Bliss is there, but anything can draw us back out again into the outer senses.** Then the Bliss moves to the background as the awareness comes back out. **The Siddhis never leave us – they are always the background state – it is our awareness that moves with the flow of Life away from our Siddhi state.***

*'We have to practise and acclimatise to the voltage and frequency of the Siddhi state so that over time Bliss becomes stabilised. The 58th Siddhi is paired with the 52nd Siddhi of Stillness because Bliss has to be anchored in the World - Heaven come to Earth. **Bliss, true Bliss is utter Stillness. It's unmoving, unflinching. It is Eternal as we are.'***

This whole period of time that we have been passing through, since the 1970's has been an intensified time of Cosmic evolutionary focus, to assist us to return to the Reality of Who We Are as Soul Presence within our Essential Divinity. To quote from **The Course of Miracles** *'Christ Consciousness, is the Awareness of Reality, to its Return. Reality is here. It belongs to you and me. Only this Awareness heals because it is the Awareness of Truth.'*

Love and Blessings to All

19th January 2023

Extracts from Gene Keys and 64 Ways by Richard Rudd