

Cosmic Overview

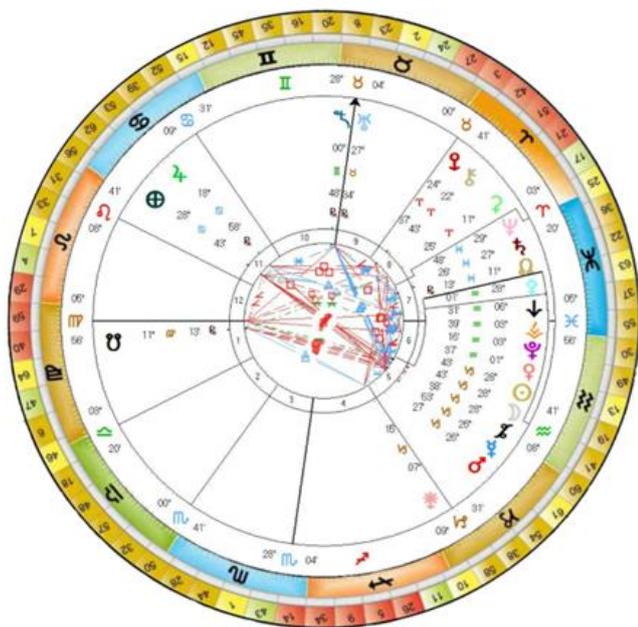
Capricorn New Moon 2026



*Transformation happens naturally.
It is a matter of Love.
It is not something to talk about,
It is something to experience.*

Sri Avinash

'I AM' the Light of Initiation



The first New Moon for 2026, takes place at 28⁰ Capricorn 43 on the 18th or 19th of January, depending upon where you live.

As shared last month, the outer planetary energies of Pluto, Neptune and Uranus continue to hold a Minor Grand Trine in the sky. This harmonious over lighting of the Transpersonal Planets is bringing in higher frequencies and refinement into our auric bodies, and our subtle energetic system, as the background resonance moves us into higher states of awareness through 2026, 2027 and into 2028.

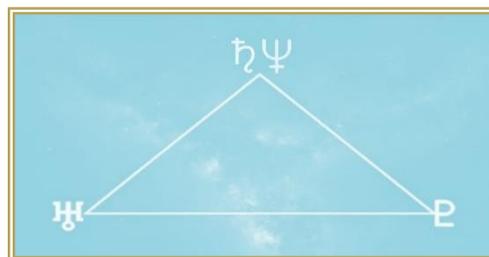
Right now, we are passing through the Constellation of Capricorn, and Saturn, which is the Planetary Ruler of Capricorn, is joining in this Minor Grand Trine, playing a pivotal role in all that is unfolding at this time. Saturn informs both the personality and Soul centred individual through the **3rd Ray of Active Intelligence**.

Saturn is 'The Gatekeeper' into higher states of awareness, for it is whilst we are embodied that *Three Initiations* take place whilst in physical form. The First Initiation occurs when we become aware of our interconnection with all of Life – One Source in a myriad of expressions, each intimately affecting the Whole.

The Second takes place when we are no longer driven by the Astral Body, and the multitude of personal desires, which come and go, but do not bring the Stillness, Peace and Joy that reside beyond the personal self, and at the Third Initiation, the Soul embodied individual's unique Essence is then utilized for the Collective good. It is then that Capricorn through the *1st, 3rd and 7th Rays* constructs the channels and forms by which the Light may manifest Christ Consciousness upon the physical realm, opening all to the possibility of a new reality in which we all play a part.

This breath between the Sagittarian New Moon and the upcoming Capricorn Moon has been, and is, a time of integrating the expanded consciousness, energy and Light released through Sagittarius and, with Saturn conjunct Neptune, there is a dissolving and disintegration going on – a moment in time when the 'old' is no longer sustainable and yet the 'new' is still in the process of unfolding.

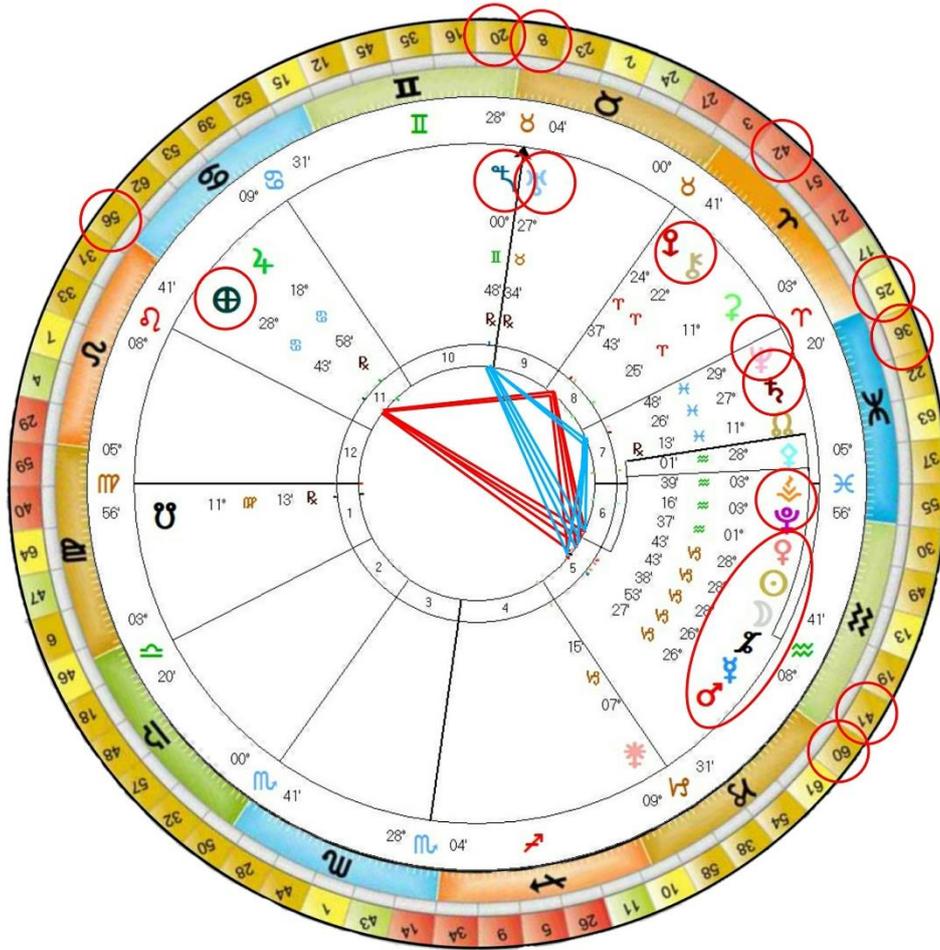
Whatever is out of alignment will come to the surface for release and rebalancing. This is playing out in the Collective with increasing intensity, as Saturn, which links to structures, organisations and the establishment can only stand when in Integrity and Truth – otherwise Neptune's illusions will be exposed through both Uranus and Pluto.



Fundamentally, this is both a wake-up call and an Initiation for us to remember that we are not separate from the Universal Field but that we are an intrinsic part of the Cosmos. Neptune moves into Aries on the 26th of January and Saturn follows on the 14th of February to come exactly conjunct Neptune on the 20th so we are right in the crucible of this fundamental change, which is seeking to be consciously anchored within each one of us as a stable field of Transparency and Oneness.

The cage that holds you is made of forgotten Truth. Remember your true Self and the bars dissolve instantly. Atma Nambi

Chart for the Capricornian New Moon 2026



New Moon 18th January 2026 19:51 GMT London UK

<https://www.timeanddate.com/moon/phases/>

Looking at the above chart, you will see that there is a very precise layout of planetary energy at the time of this New Moon. There are eight Cosmic bodies forming a Stellium. Five are in Capricorn, Mars♂ and Mercury♀ are exactly conjunct at 26°, and Astrea♃ the Moon☾ and the Sun☉ conjoin at 28° Capricorn with Venus♀ at 1° Aquarius, all activating Gene Key 60. Pluto♃ and Vesta♃ are on 3° Aquarius on Gene Key 41 completing this powerfully aligned Stellium.

Each of these eight Cosmic Bodies is forming a T Square (red lines) to the Earth⊕ and to Chiron♄ Eris♁ as well as a trine (blue lines) to Uranus♅ and to Sedna♂. They are also sextile (blue lines) to Saturn♄ and Neptune♆. So, there is a tight interweaving and consciousness exchange that is going on in the Cosmos at this time, and also deeply within our DNA.

The six planetary energies that are on Gene Key 60 include the personal planets of Mercury Venus and Mars, and Gene Key 60, is where Pluto has been stationed since March 2021 until early in December 2025 which has been assisting us to uncover and to transmute the Shadow of this key which is Limitation and so as the personal planets now connect into this Gene Key we will see how individually and collectively our Mental (Mercury) and Emotional (Venus) Bodies navigate and react (Mars) to Limitation at this time.

This is likely to play out in the collective as general unrest - a desire to break free from constraint and limitations that have been placed upon Society by outer authorities and if these authorities are not standing in integrity and for the benefit of all then they are indeed likely to fall.

Uranus, which is so pivotal in this chart, seeks Freedom, but Sedna also seeks to discover whether, over many lifetimes, we have become the distillation of our Essence - Sovereign Beings who have the opportunity to navigate this energetic patterning, moving beyond the confines of a Third Dimensional belief system.

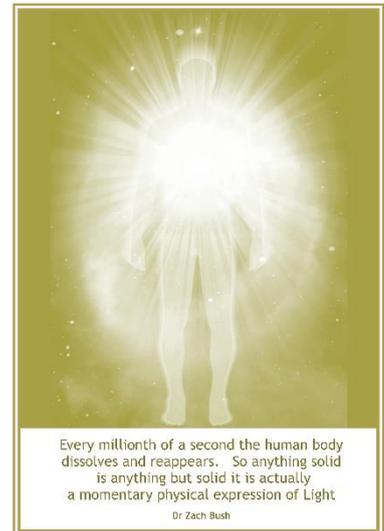
So let us look more closely at this beautifully constructed geometric Cosmic message to discover the potentials that are waiting to be revealed. If we first look to Gene Key 60, where the major Stellium is to be found you will see that in amongst the planetary energy Astrea sits exactly conjunct the Sun and the Moon. Astrea holds the key and the memory of a prior Golden Age – Astrea announces the turning point in the human collective psyche when we can once again integrate and embody higher level frequencies held within our DNA, for a fundamental shift in consciousness.

This a time when our basic belief system, of what it is to be a human being, will be challenged, which is reflected clearly within Gene Key 60 known as the **Cracking of the Vessel** moving us through the Shadow of **Limitation** to the Gift of **Realism** to the Siddhi of **Justice**.

'The Shadow of Limitation represents one of the most potent forces responsible for pulling humankind in the opposite direction of evolution. However, as we begin to see that we are more than we allow ourselves to often believe, then that frequency, that vibration of possibility, begins to activate something inside of us. It is communicated to our DNA and we begin to open.'

'The 60th Siddhi holds an apt description of what happens when a human being becomes fully realised. At a certain point our hearts open to our true innocence and we begin to unlock other codes in our DNA that are ancestral rather than personal and we begin to transmute more global karma.'

'Justice is not about retribution - it is a reward. It is given as Grace not taken as punishment and when it is given freedom flows from it. It is not an imposition or a limitation.'

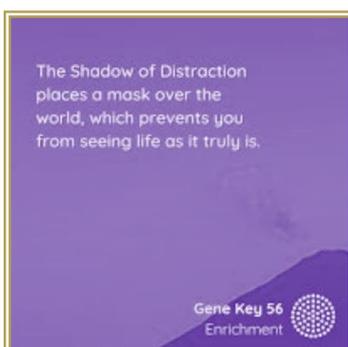


'The 60th Siddhi is an extremely rare Siddhi. When a Being attains self-realisation through the 60th Siddhi, something quite extraordinary happens - the fundamental laws that govern physical existence are loosened and in some cases broken altogether. At a collective genetic level, this kind of event is called a frameshift mutation. The 60th Siddhi breaks all laws of our reality – beginning with the Laws of Time and Gravity.'

'There is an enormous magic hidden within the 60th Gene Key. Every time a being attains enlightenment through the 60th Siddhi, magic comes pouring through this being and they become a phenomenon, a symbol of the breaking of form – Masters who have attained the Body of Light.'

'At a collective level, the 60th Siddhi will be one of the very last Siddhis to dawn. This is where the concept of a Judgment Day arises – as the 60th Siddhi begins to ignite in multiple beings it will be the ending of the world as we know it. The laws that hold together the Earth will crack and our planet will begin to transmute. The 60th Siddhi has been known by certain esoteric schools as the Merkaba, or Chariot of Light. The true collective Merkaba is the Earth herself, the Spirit of Gaia and the souls who hold this Gene Key hold the key to this ultimate magical experience.'

And the Earth, Gaia, as ever, is absorbing and rebalancing all that flows through the Universal Field entangled with Human Consciousness, whilst we, as part and parcel of the Elemental Kingdom, have the potential to act as acupuncture points, to assist to integrate and to raise these levels of Light on this Plane.



The Earth is on Gene Key 56 known as **Divine Indulgence** moving through the Shadow of **Distraction** to the Gift of **Enrichment** to the Siddhi of **Intoxication**

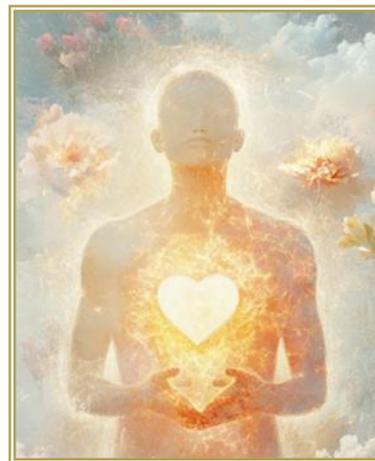
'Those with the 56th Gift have learned the difference between what feeds the human spirit and what saps it – they have learnt the art of self-discipline and they know how to get the most out of life.'

'The 56th Gift has an alchemical flavour to it. Therefore the 56th Gift will take in all manner of low frequency waves because it knows how to transmute their energy into joy and purpose.'

'The 56th Gift knows a great truth – true enjoyment is rooted inside your being rather than in the external. It is about appreciation and gratitude – the more grateful you are for every moment the more the moment comes alive for you.'

'There is great lightness and humour in this Gene Key. One of the wonderful traits of those with this Gift is that they enrich others through what they have learned in life. At these higher levels this 56th Gift of Enrichment is a Gift of Love, for the more you enrich the lives of others the more this Gift pours through your heart.'

'People immersed in this Siddhi have taken the Gift of Enrichment to its ultimate zenith – they have allowed themselves to be pierced over and over again by the highest frequencies of Love.'



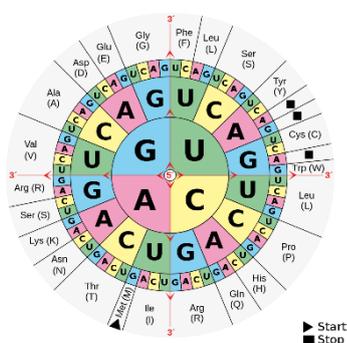
'Unlike the lower manifestations of love, which are about chasing Cupid's infamous arrows in the eternal world, the 56th Siddhi finds the source of the toxin itself – your own superabundant heart. Intoxication is about being swallowed up by your own Love.'

'If you have this Siddhi in your hologenetic profile your life is supposed to teach you about this Love through the world and its suffering. Suffering is the toxin you are here to use to become intoxicated. You will stop trying to direct life and your entire consciousness will shift – you will see that at this level, every single thing in life can be enriching.'

'Those rare beings that manifest this state are a law unto themselves – if you sit with them and lap up their laughter you become drunk on their exquisite frequencies. Such people are a reminder from the Source, that life is for love, for beauty and for fun. There is a Love hiding within this Gene Key as awesome as anything anyone can imagine. If you allow life's arrows to pierce you one after another you will eventually find yourself Intoxicated by the Divine.'

Pluto and Venus, as part of the Stellium, are conjunct in Aquarius, although on different Keys. Pluto conjunct Venus speaks of the transformation of personal love into higher frequencies and, with Vesta and Pluto conjunct on Gene Key 41, this suggests a powerful dedication to Service, to the Sacred, to the revelation of Light (Vesta) held within form. Pluto remains on this key for the next three years, so this Gene Key, known as **The Prime Emanation**, evolving through the Shadow of **Fantasy** to the Gift of **Anticipation** and ultimately to the Siddhi state of **Emanation** will begin to emerge through the collective consciousness

'The 41st Gene Key houses a truly remarkable archetype. It has a very important function – it relates to what is known in genetics as the start codon. At the Shadow level the 41st Gene Key centres around the issue of Fantasy and dreams – it is like holding the key to your dreams in your hands, but never turning the lock. The evolutionary pressure that surges up in human beings carries our entire genetic history within it, all the way from the amoeba to Homo Sapien.'



'The 41st Shadow represents the pressure to evolve to seek out new fields and new experiences. This evolutionary impulse is the secret to the 41st Gift – the Gift of Anticipation. The more the frequency of your DNA rises you become more and more sensitive to the hidden properties in the world around you, in particular, linking into the morphogenetic field that communicates specific information across time and space.'

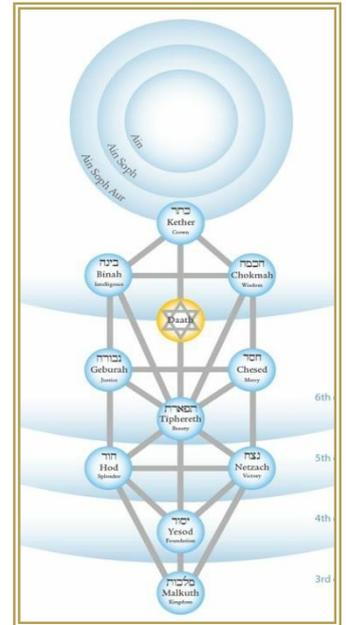
'Every start codon inside every single cell is electromagnetically linked to each other. This is the foundation of the holographic body which in turn is linked to the holographic Universe. This Gene Key is the key to seeing that the physical body can equally be seen as a holographic mirror of the Universe.'

'What is fascinating about the 41st Siddhi is that it is the Source underlying all true Siddhic states. No matter what manifestation comes through our genetics, they are all ultimately grounded through this Siddhi that is not a Siddhi. In many ways, this is the nameless Siddhi, but we call it Emanation because we have no other way of approaching it.'

‘As the Source of Being the 41st Siddhi is the Siddhi of Emanation. Emanation is a word that has been used by many ancient metaphysical and mystical systems as a means for understanding something that is really unapproachable. **One of the best known of these systems is perhaps the Kabbalah, whose central tenet is a map known as the Doctrine of Emanation.** In a nutshell the Doctrine of Emanation points towards a fractal model of the Universe in which everything is a mirror image of itself.’

‘There is another interesting point that emerges from deep contemplation of this Gene Key. **Somewhere deep within your DNA lies a code whose sole purpose is to trigger the state we call Enlightenment.** In certain vehicles, the body picks up a specific set of secret genetic instructions and triggers the neurological process of enlightenment.’

‘It may come as a shock to many mystical seekers that this process cannot be triggered by what we do up on the surface. **Within the hologram of the Universe, Enlightenment is a spontaneous acausal non-event.** You could say that Grace triggers this process but the point is that no one knows why or when or to whom it will happen.’

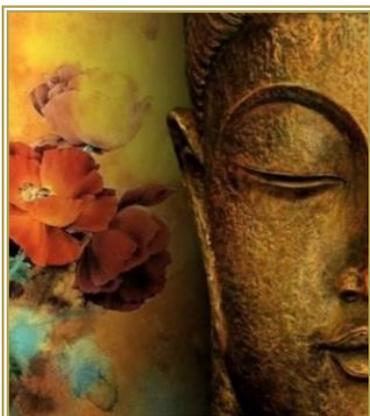


The T square’s pivotal point has Chiron and Eris conjunct on Gene Key 42. As previously shared, Eris far out in space began to connect with Gene Key 42 in August of 2004 and will finally leave this Key in 2032 so it is another planetary body, like Pluto, that is steadily assisting us to undergo Cosmic realignment.

Pluto is the Planetary Gatekeeper into Galactic Consciousness and Eris is one of the first Dwarf Planets to be found within Galactic Consciousness - they are guiding and assisting us to let go of limiting ingrained beliefs and equally to take responsibility for our fearful thoughts and feelings rather than projecting them out on to others.

Chiron speaks to the Soul and to our remembrance of these Truths, so with Eris and Chiron conjunct we are being given the opportunity to heal our mental and emotional perceptions and reactions around our fundamental fearful beliefs. Gene Key 42 known as **Letting Go of Living and Dying** moves through the Shadow of **Expectation** to the Gift of **Detachment** to the Siddhi of **Celebration**

‘The 42nd Shadow is actually one of the Shadows at the source of all human mental fear because the 42nd Shadow concerns death. The notion of time and our response or reaction to its passing is rooted profoundly in this key. **Eastern cultures have a huge advantage over the West because most of them have figured out the secrets of incarnation and reincarnation.** It is a part of their culture and this makes a huge difference to the drama. Without this key insight we can really suffer more.’



‘Imagine for a moment your body without any fears. We can close our eyes for a moment and conjure up what that might feel like, what that blissfulness feels like. **We can touch the ecstatic realms where the mind lets go and thinking comes to an end.** And when thoughts do come, they are the thoughts of God so they only engender more bliss. **We become like a child again and life becomes Heaven on Earth.’**

‘The 42nd Siddhi is about the transcendence of death. These are the sages who teach humanity about the illusion of death. **The 42nd Gift of Detachment births the process of letting go of control over your life, physically, mentally, and emotionally.’**

‘It is a wonderful letting go that travels deeper and deeper into your DNA as you gradually allow your Expectations of life to fall into the background. **There is a great understanding and freedom that comes to every human being who surrenders deeply enough to their life.** Detachment represents the separating out process between the emotions and the mind and occurs naturally as the frequency rises within the cells.’

'The 42nd Gene Key is one of six Siddhis (3,20,23,24, 27 and 42) in the Codon Ring of Life and Death. The 3rd Siddhi of Innocence brings the Eternal Child the 'puer eternis' Adam and Eve naked in the Garden.'

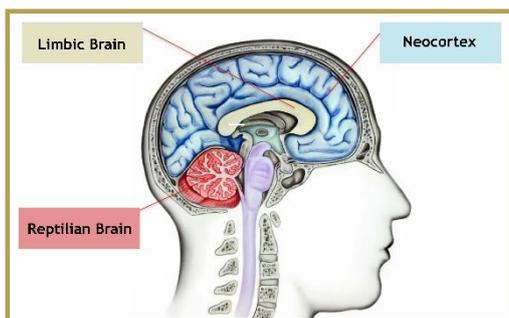


The 24th Siddhi brings Silence, not a deathly silence, but the Silence of Light and Illumination. It is the Silence of Quintessence, of reaching the heart of hearts, which is the 23rd Siddhi. It also brings vast caring for everything, the kind of love that is selfless and unconditional, the 27th Siddhi.'

'Finally, this Codon Ring brings the 20th Siddhi, pure Presence, a resting in the Eternal Now. When we discover this, we realise that we are Eternal and cannot die. The body may die, but the indwelling Quintessence can never die. The body may even not die, because when we break down the illusion, all manner of things become possible within the field of Celebration. The cells of the body can be transfigured back into their Quintessence and literally cause us to ascend.'

With Pluto and Vesta conjunct the Sun and Moon and opposite to the Earth, the sense of intensity and transformation is likely to increase, and with Sedna and Uranus in trine, 120° from the Stellium, it suggests the quickening and breaking up of old recycled patterns that have been created over these last 11,4000 years of a Sedna cycle, opening us up to access higher codes and frequencies held within our DNA.

Sedna and Uranus remain, as for last month, conjunct on Gene Keys 20 and 8. Sedna is on Gene Key 20, known as **The Sacred Om** moving through the Shadow of **Superficiality** to the Gift of **Self-Assurance to Presence**, encouraging and reminding us to stay in the present - to stay in the Now.



'The 20th Shadow concerns how deeply consciousness incarnates into a human form. In the case of the 20th Shadow very little consciousness can express itself at all, so that we see a very watered-down reflection of life's real potential coming through human beings operating at this frequency.'

'This aspect of the DNA is very ancient. The 20th Gene Key and its Shadow were developed in species that preceded human beings – primarily in the world of insects.'

'Looking at insects, we can see how incredibly busy they always seem to be – their only focus is to stay alive and to reproduce within a short time frame. There is a blind activity occurring and like the insects, at a Shadow level, human busyness lacks real presence. With the development of the neo cortex we began to think.'

'A strange thing happens when we think – we leave the present moment. The illusion occurs because the mind can only think in a linear fashion. This is the trade-off of the incredible abilities of the mind – for all its genius it is limited to thinking within the domain of a false reality called Time.'

'With Self-Assurance comes a profound surrender to life in every moment. As you begin to accept that life has its own plans and flow, you also begin to stop interfering with the process at a mental level. This Gift is in fact the precursor to a higher state of spiritual awareness.'

'Your Self-Assurance is directly equivalent to your ability to escape being a victim of your mind. As you begin to learn the knack, you experience the subtle expansion of a meditative awareness – an ability to witness your mind without being caught up in it.'

'An internal spaciousness grows and you no longer have to try to control life. What actually occurs with this Gift is that the awareness within your solar plexus begins to take over from your mind, opening the way for you to connect into a very powerful Universal power.'





'The true Siddhic state is one of complete relaxation. Thoughts are irrelevant – there is nothing to say that is not superficial – for nothing is felt but the Presence itself. When this occurs, the whole world created by the human mind is suddenly seen as utterly superficial.'

'The smallest thing such as a leaf or stone is understood to have more Life within it than all the greatest ideas of man. When this Siddhi has flowered in a person it actually creates a subtle atmosphere around itself – a kind of silent ease that pervades the aura of the person and radiates out to all Creation.'

'Mythically the 20th Siddhi is represented by the notion of the Breath of God, or the Word of God. Presence is the underlying nature of Being. In fact, it would actually be truer to name this Siddhi, The Presence, since the use of the definite article gives us the distinct impression that this is a state of consciousness that has nothing to do with any individual. It is the manifestation of The Presence through a human vehicle.'

And the electrifying energy of Uranus, which will remain on Gene Key 8 until this April, has been activating, over the last two years, the Light Codes within our DNA, to help release any sense of the Shadows of **Mediocrity** and **Constriction**, for Gene Key 8, known as the **Diamond of the Self**, evolves to ultimately reveal the **Exquisiteness** which lies within the Heart of each one of us.

'As an aspect of the genetic family known as the Ring of Water, the 8th Siddhi of Exquisiteness is chemically bonded to the 2nd Siddhi of Unity. These are the two great Feminine Gene Keys in the human genome drawing all human beings along their inevitable journey to self-realisation.'

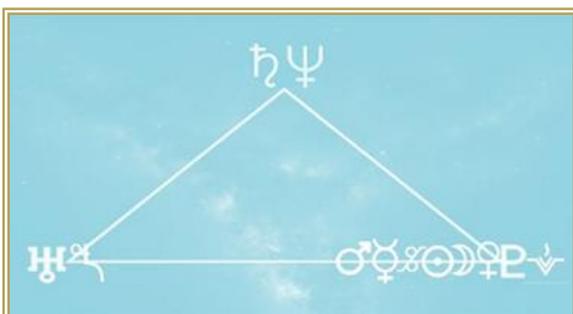


'One of the great Mysteries of the 21 Codon Rings is found here. The Ring of Water forms a kind of eternal genetic knot with its polarity, the Ring of Fire. These two chemical families move us human beings along the trajectory of our destinies ensuring that our genetic material finds its opposite match.'

'Deep within the body these chemical families set the primal blueprint for the balance of all the opposing forces inside us. It is the crossfire of these two Codon Rings that the mystical figure of eight is forged within us. This eternal love knot deep within our planetary gene pool sets each man and each woman squarely on the human journey. The true symbolism of the number eight represents the timeless quest for the buried treasure that lies inside each of us – that elusive diamond of our true nature.'

'The 8th Siddhi of Exquisiteness is the natural revelation and manifestation of all the Siddhic states, for each Siddhi is holographic in the sense of being reflected within all other Siddhis. People of the 8th Siddhi are not leaders. They are examples. Exquisiteness is experienced when the Divine Essence begins to shine through the individual.'

'In this state of Bliss you fall in love with your own pristine manifestation because it is through this uniqueness that the Divine currents can be accessed. This is the stage at which you achieve transcendence of your genetics.'



Right now, at the time of this New Moon, we are all passing through a fine tuning, a particle acceleration, as Pluto, Uranus, Sedna, Neptune and Saturn hold the personal planets of Mars, Mercury and Venus in this Minor Grand Trine flowing across the skies.

The resonances of the Higher Heart, (Neptune) the Higher Mind (Uranus) and Divine Will (Pluto) merge these higher frequencies into and through our subtle energetic system to awaken the latent potentials held within our DNA.

Right now, Saturn is on Gene Key 36, but by the time of the next New Moon in February it will join with Neptune on Gene Key 25. For nearly a year Saturn has been activating Gene Key 36, focussing on an evolutionary path that is known as **Becoming Human** moving us through the Shadow of **Turbulence** to the Gift of **Humanity** to reveal our innate inner **Compassion**.

*'The Gift of Humanity truly understands emotions and consequently understands all people. **This is a Gift that can only be earned.** These are people who have looked deeply into their own Shadows and who have grappled with the challenges of their sexuality and emotions.'*

*'As a living transmission, the 36th Gift carries a great teaching into the world – the celebration of **Humanity**. This Gift contains a natural spirituality – it is one of the most grounded of all the Gene Keys. It is a bridge for the higher bodies of humanity to move down into the lower planes and transform them. The deepest role of the 36th Gene Key is to help humans to become humane - it is their courage and deep acceptance of the life process that eventually gives rise to the highest of human expressions – the expression of **Compassion**.'*

*'Those in whom this Siddhi has awakened tend to keep moving into those areas of life where the light is most darkened. **The simple presence of such people and the look in their eyes can trigger all manner of so-called miracles in those whom they meet.** These are the most heart-melting people ever to walk the face of the earth. Wherever they go, the true frequency latent within human suffering is immediately released and **Compassion tears** open people's chests and explodes inside their hearts.'*

And Neptune, which will be joined by Saturn in February, is on Gene Key 25 known as the **Myth of the Sacred Wound**, moving through the Shadow of **Constriction** to the Gift of **Acceptance** to the Siddhi of **Universal Love** which is the State of Consciousness that awaits us all.

*'Here in the 25th Gift we arrive at one of the greatest and most powerful of all human Gifts, the Gift of **Acceptance**. **Because this 25th Gift represents the portal to the true nature of the Universe as Love, it has incredible relevance for all human beings.***

*'The 25th Siddhi is a special Siddhi whether it happens to be within your hologenetic profile or not. **Every Gene Key exists inside each of us and the 25th Gene Key is the primary archetype of Love.** The 25th Siddhi is Love itself as the Source of all and in this sense it can be called **Universal Love**.'*



*'The 25th Siddhi is one of the Seven Sacred Seals - a mystical group of Gene Keys whose collective role is to heal the Sacred Wound within humanity. **The 25th Gene Siddhi is the 3rd Seal, and it heals the human wound of shame.** Every time someone attains the 25th Siddhi a great genetic Constriction is removed throughout Humanity. **The bodies of these people have undergone a radical transformation in order to be the receiver or chalice for pure consciousness.***

Across eons of time, emotional and mental Shadows have woven themselves into the collective consciousness, but now a great remembering is arising. We came here by choice, Souls answering a call, to stand as witnesses and way-showers at the turning of this Age. As consciousness shifts and ancient patterns loosen their grip, may we remain steady and balanced, Hearts anchored in **Peace**, Spirits lifted by **Joy**. And as the old stories unravel, may their threads give way to a dawn long foretold - a Golden Age emerging from the depths, born of **Compassion**, sustained by **Presence**, and radiant with the boundless Light of **Universal Love**.

All Love and Blessings