

## Who Are We?

The children's centre is part of a wider team dedicated to supporting you and your children in their early years.

We pride ourselves on being friendly and approachable. Please ask us if you need help or information with any aspect of family life.

## Our roles are:

### Centre Manager

The centre manager oversees the running of the centre and also decides the structure, approach and targets for the centre.

### Outreach Worker

The Outreach Worker ensures that all families within the children's centre area are aware of the services available. They support families in most need to access our services.

### Advice, Information and Clerical Receptionist

Here to help families with Information and Advice, whilst also ensuring the smooth running of the centre.

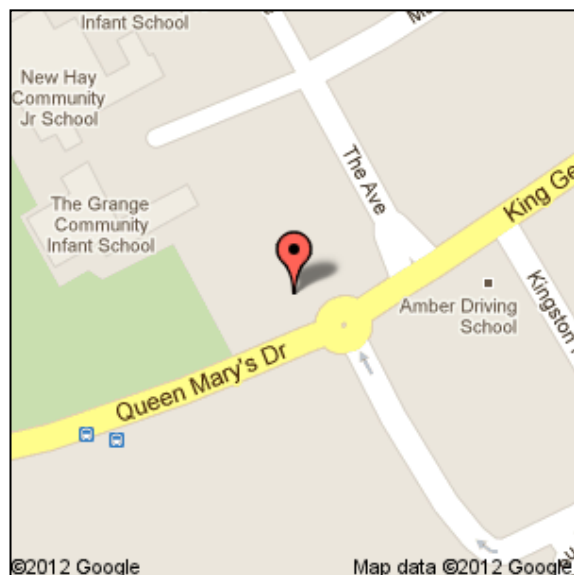
### Play Leader

Sessions are set up and run by the play leader, who is also able to offer information and advice

## How to find us

We have a separate entrance to the Grange School on Queen Mary's Drive, behind the playing fields.

Please press the buzzer to enter.



## The Poplars Children's Centre

In New Haw



**We are open for advice and information  
Monday, Tuesday & Thursday 9am – 3pm.**

For our full timetable please see our website.

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arama bkz 01932 350605.

para nuestro calendario completo por favor  
consulte nuestra pagina web o llame al 01932  
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[www.thepoplarscc.co.uk](http://www.thepoplarscc.co.uk)

## WHAT A CHILDREN'S CENTRE DOES

The centre is specifically designed to meet the needs of children under five and their families. We are here to offer help, advice and support as well as running a full timetable of fun sessions.

### Courses

- First Aid for Parents
- Parenting
- Baby Massage



### Advice and Information

Providing relevant advice and information on all family related matters; including:

- Parenting and family support
- Health and child development
- Benefits, Employment and training
- Childcare options

### How we can help you:

- Signposting to local services and support groups
- One to one support from the Outreach Worker.
- Working in partnership with other agencies.

### How you can help:

We like to hear from you – what you enjoy, what you don't enjoy.

Come along!

## WHAT'S ON

Our sessions are planned to meet the needs of local families and are a great opportunity to introduce your child/ren to the fun of learning through play. It is also a chance for both you and them to meet new friends and have fun!

### Play and Learn

Children are encouraged to make full use of all the toys and equipment in our playroom and outside learning area. All sessions are planned around a specific, seasonal theme, using EYFS guidelines.

### Rhymetime

A session devoted to rhymes, songs and stories. We use props, puppets and musical instruments to help bring rhymes to life and encourage the children to join in (with some help!) Followed by snacks and craft time.

Did you know that if a child knows 8 nursery rhymes by the time they are 4, they will be among the best readers in school by the time they are 8?!

### Outreach in Ottershaw

We also support Christchurch Toddler Group held every Monday at 10am.

### Saturday Play

An opportunity for mums/dads/carers who work during the week to come along and see what we do. These are held on the first Saturday of the month.

### Activtots

Run by James from Activkids, this is an energetic fun session, using a variety of equipment. The structure of the session is created around a different story book each week, using the characters and their adventures, children will burn off their energy through fun. First session free, £2 per family thereafter.

### Baby Group

This session gives parents an opportunity to meet other mums/dads, with young babies, in a peaceful setting. Catch up over a cup of tea whilst your baby learns through exploring our developmental toys and equipment.

### Childminder and Home Based Carers

For more information contact Jayne Punter on 07708 443231.

### Other support groups held at the Centre

FACTS – Family and Children's Therapy Group for children with special needs (NHS referral only).

Post natal courses

Midwife clinic – Run by local midwives. By appointment only.

ASD parent/carer support group – for information, advice and support for parents /carers. For more information contact Karen Throgmorton on 01932 336571.