



The Poplars Sure Start Children's Centre

April - July 2019

You don't need to book sessions - just turn up 

*Please call or email to book a place on any of the courses

Monday

9.15am-11.15am

Childminders & Home based carers group

A play session lead by Childminders, for Childminders

P2P Support Group
12.45 - 2.45pm

The last Monday of the Month

A peer support group for parents/carers of children with ASD, ADHD and neuro-specific conditions.

No group in April

Tuesday

10am - 11.30am

Rhyme Time

An opportunity for children to enjoy songs and rhymes for 30 minutes, followed by a healthy snack, free play & craft

Mini Mess Around
1-2pm

A session especially for very young babies to walking. The session will include a Rhymetime, messy play and movement week.

Parenting Puzzle*
4th- 25th June
7-9pm

A 4 week course offering positive, practical ways to get the best out of family life, please speak to staff for more information.

Wednesday

New Haw New Mums*

5th June - 26th June

12.30pm - 2.30pm FREE

A 4 week postnatal course which gives new parents information, the opportunity to meet other parents & try out different activities with their new baby

Baby Massage*

10th July - 31st July

12.30pm-2pm £35

A 5 week course teaching you to massage your baby, reduce colic & increases relaxation.

With a hot drink & homemade cake!

First Aid*

26th June

10am - 12pm £20

A 2 hour course covering a range of emergency situations to give you the confidence to help when needed

Thursday

10am - 11.30am

Play & Learn

Children aged 0-5 can enjoy various activities, including arts & crafts, a home corner & a selection of toys. We offer a healthy snack & finish with singing

We ask for a small donation of 50p per family for sessions held at our Centre. You don't need to book - just turn up!



Friday

10.30am-11.30am

SPLAT MESSY PLAY

Bookable via Charlie on her "SPLAT messy play" Facebook page.

For more information
07730 601943

£7 per session, £36 per 6 week term

We stock Healthy Start children's vitamin drops (£2) and women's vitamin tablets (£1)



We are also open for Information & Advice on: Tuesdays, Wednesdays & Thursday 9am-3pm

The Poplars Children's Centre, Queen Mary's Drive, New Haw. KT15 3TT. Tel: 01932 350605

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www.thepoplarscc.co.uk



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