

| | Not applicable | Not at all | Slightly | Moderately | A lot |
|--|----------------|------------|----------|------------|-------|
| Does your prolapse / bladder affect your relationship with your partner? | | | | | |
| Does your prolapse / bladder affect your sex life? | | | | | |
| Does your prolapse / bladder affect your family life? | | | | | |

EMOTIONS

| | Not at all | Slightly | Moderately | Very much |
|--|------------|----------|------------|-----------|
| Does your prolapse / bladder make you feel depressed? | | | | |
| Does your prolapse / bladder make you feel anxious or nervous? | | | | |
| Does your prolapse / bladder make you feel bad about yourself? | | | | |

SLEEP/ENERGY

| | Never | Sometimes | Often | All the time |
|---|-------|-----------|-------|--------------|
| Does your prolapse / bladder affect your sleep? | | | | |
| Do you feel worn out / tired? | | | | |

Do you do any of the following to help your prolapse problem. If so how much?

| | Never | Sometimes | Often | All the time |
|---|-------|-----------|-------|--------------|
| Use tampons/pads/firm knickers to help? | | | | |
| Do you push up the prolapse? | | | | |
| Pain or discomfort due to the prolapse? | | | | |
| The prolapse prevents you standing? | | | | |
| Get embarrassed because of your prolapse problem? | | | | |

Do you do any of the following: If so how much?

| | Never | Sometimes | Often | All the time |
|--|-------|-----------|-------|--------------|
| Wear pads to keep dry? | | | | |
| Be careful how much fluid you drink? | | | | |
| Change your underclothes when they get wet? | | | | |
| Worry in case you smell? | | | | |
| Get embarrassed because of your bladder problem? | | | | |

Are you sexually active? Yes No

If Yes, please answer the following questions:

Do you feel pain during sexual intercourse?

Please state NA if not sexually active Never Seldom Sometimes Usually Always

Are you incontinent of urine during sexual activity?

Please state NA if not sexually active Never Seldom Sometimes Usually Always

Does fear of incontinence (either stool or urine) restrict your sexual activity?

Please state NA if not sexually active Never Seldom Sometimes Usually Always

Do you avoid sexual intercourse because of bulging in the vagina (either the bladder, rectum or vagina) falling out?

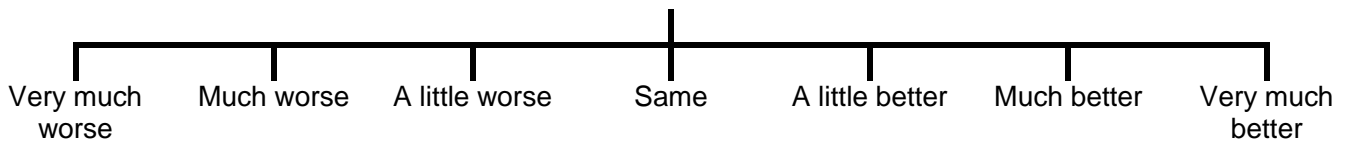
Please state NA if not sexually active Never Seldom Sometimes Usually Always

When you have sex with your partner, do you have negative emotional reactions such as fear, disgust, shame or guilt?

Please state NA if not sexually active Never Seldom Sometimes Usually Always

Please fill this if you had an operation:

Compared to how you felt before your operation, how would you describe your condition now. Please circle one:



For Doctor's use: Mesh erosion Yes / No

| | | |
|----|----|-----|
| Aa | Ba | C |
| GH | PB | TVL |
| Ap | Bp | D |