

St Luke's Care Home

Providing compassionate care since
1989



T: 01673 862 264

W: www.stlukescarehome.net

Email: info@stlukescarehome.net

35 Main Street, Scothern, Lincoln LN2 2UJ

Welcome

Welcome to St Luke's Nursing Home; This Brochure has been put together to give you information about us, what we have to offer you, and what services you can expect while you are with us.

Please contact us if you need any more information.



We are located about 15 minutes from the historical cathedral city of Lincoln.

The home has been in its present ownership since 1989 and operated by a highly qualified management team supported by a compliment of well-trained, carers, kitchen and housekeeping staff.

We are committed to achieving the highest standards of professional care and service for all our residents.

"My grandmother is here and it's a good home. She is happy here. The staff are nice and care for her well. Staff are approachable and always helpful when we visit. The residents all seem happy whenever we have visited and the place is clean and tidy."

- B M (Grandson of Resident)

"Staff were always polite. Updates given on how my family friend was doing. Warm and friendly atmosphere. Would recommend to anyone looking to place a loved one within a care setting. Staff always willing to go above and beyond."

- T T (Friend of Resident)

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Our Facilities

We are registered with the CQC (Care Quality Commission) to accommodate a maximum of 32 residents. All our bedrooms are single occupancy, furnished to a high standard to ensure comfort and safety for our residents.

Our bedrooms are situated on the ground and first floor of the home. We have some rooms with ensuite facilities. Each bedroom and other key areas are fitted with a 24-hour call bell system and staff will promptly attend to any calls. There is a large bathroom with specialist hoist; showers and toilets are available on each floor. There is a lift for easy access to bedrooms situated on the upper floor.

We have two TV lounges where residents can relax in comfort and watch their favourite programs, listen to music or participate in activities. A large dining room is available for them to enjoy their meals. Our fully fitted modern kitchen, with a 5-star Food Hygiene rating, provides food and beverages at all times.

We have a central, sheltered patio area for your enjoyment. Some of our bedrooms overlook the patio area. Residents have unrestricted access to these areas – weather permitting. There are landscaped gardens at the rear of the building.

Wi-fi is freely available throughout the home. If you prefer, you can have a private telephone line or TV installed in your room at your own expense.



So pleased to have found St Luke's Care Home, for a temporary stay for my partner after a particularly tough time at home. The staff are dedicating their time to care for and ensuring that the residents are well looked after. My partner says that the food is good and nourishing and nothing is too much trouble."
-S. P. (Partner of Resident)

Helping you move in

We recognise that moving into a care home is a big step and can cause concern and anxiety for residents and their families. For this reason, we want to make the transition to us as smooth as possible for you.

On admission you will be familiarised with the facilities and services available, introduced to members of the staff. Our staff will ensure that you and your family are supported in this transition. A member of staff will be assigned to you as your Key Worker. They will be happy to answer any queries you or your family may have.

We encourage you to bring some personal possessions, small pieces of furniture and items of sentimental value with you to personalise your room.

Visitors may visit at any time. We encourage your family members and friends (and pets!) to visit you and request them to consider mealtimes when planning a visit.



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Our Kitchen Service

Our kitchen team works in close partnership with award-winning supplier, Apetito, to offer a variety of delicious, nutritious and well balanced meals. Menus are planned on a weekly basis and displayed in the dining area. We cater for special diets, your particular likes and dislikes, offering alternative dishes to suit your tastes and requirements. We encourage all our residents to use the dining room at mealtimes although meals can be served either in your own room or at a small table in the lounge, if preferred.

Tea, coffee, and cold drinks will be available in the morning, afternoon, and evening and available on request for you and your visitors at no additional cost.

"Dad has had an awesome time at St Luke's. He has taken to it like a fish to water. Staff are very supportive and caring. Dad loves it here, he thinks the food is great."

TR (Son of Resident)



*"My sister has been a different person since she has been in the home. She smiles more plus she is more observant and she is reacting more to staff."
-PF (Sister of Resident)*



Your Recreation

Depending on your needs and wishes, daily life can be as diverse as you like at St Luke's Care Home. We provide a regular menu of activities for residents, giving plenty of opportunities to socialise.

These include sing-alongs, board games, dominos, bingo sessions, reminiscence sessions, arts and crafts, cookery, cake decorating and games with our dedicated activities co-ordinator.

You are free to participate in these activities as you wish or you may enjoy a bit of one-to-one time with a member of the care team for a chat, some reading or a gentle hand massage.

*"Mother has been at St Luke's for around eighteen months now and we have had no issues with her care there. The staff are extremely helpful and always very friendly, would recommend to anyone"
- G.C. (Daughter of Resident)*

Respite and Day Care

We offer flexible day care and longer respite care packages, providing a safe, secure and stimulating environment for your loved one to enjoy.

Our **Day Care** option is the perfect opportunity to spend the day relaxing in the company of like-minded people in our warm and comfortable home. You can get involved with new and interesting activities and enjoy some of our delicious meals. You have a chance to socialise with others, make new friends and participate in daily activities.

Our **Respite Care** option is ideal for times when you may need just a short break from managing at home alone or a period of care to recuperate after surgery or an illness.

If you are considering full time care, it's a great way to get a taste of what life might be like living with us. For those caring for their loved ones, this is an opportunity to have a short break and let us take care of them for the duration of your absence.

Even if you are staying with us for a short period of time you will receive a tailored plan of care, based on individual needs.

General Information

GPs and Medication

You will be registered with our local GP practice when you move into St Luke's Care Home. We will also be able to take care of your prescription needs through these surgeries. The Senior Staff members of the team undertake responsibility for managing, ordering, and administering, any medication for our residents.

Hairdressing and Chiropody

Our hairdresser visits once a fortnight. Hairdressing is provided in our designated hair dressing salon. A qualified Chiropodist visits every six week to provide foot care. We have access to Physiotherapists, Dentists, Opticians, Reflexologists to provide you with their services, if you need them.

Laundry

All laundry is carried out on the premises using modern, serviced equipment and is free of charge. Your key worker will regularly collect clothing from you that needs washing They will be laundered and ironed before being returned to you.

Fire Safety

Regular fire drills are held to ensure that all staff are up-to-date and know what to do in the event of a fire. The fire-fighting equipment available throughout the Home is regularly maintained and serviced.

Smoking in the Home

Smoking is NOT permitted anywhere inside the Home. Smoking may be undertaken in the designated smoking area if necessary.

Security

We aim to provide an environment that is safe and secure for our residents, staff and visitors. The Home is fitted with door alarms which let staff know if anyone should wander outside of the building without our prior knowledge.

Fees and Financials:

Our Terms and Conditions are embodied in our Contract document which forms the basis of your stay with us. Please speak to the Manager if you wish to review this document. Fees are invoiced on a 4-weekly basis.

Items not included in the fees, which will attract additional charges:

- Hairdressing
- Chiropodist
- Private health care costs, e.g. optician, dentist, physiotherapy, where these are incurred outside of the NHS

Any other outside service that may be requested, e.g., escort to hospital