



NICHOLAS JAMES  
CARE HOMES

# Chestfield House

Nursing Community

Person Centred Care  
In a Home from Home Environment

*"Your Smile is our Reward"*





# Nursing ∼ Dementia ∼ Respite

## Chestfield House Nursing Home

Chestfield House built in 1775 is a delightful Tudor building set in a quite private road. The home boasts a small courtyard garden, perfect for enjoying meals alfresco or reading the papers. Or you may enjoy a stroll through the cottage style garden which is to the rear of the home.

Located near to the seaside town of Whitstable with its busy high street and bustling community. We also locally have easy access to local amenities such as shops, public houses and restaurants.

With 24hr Registered Nursing provision, our qualified, experienced and dedicated Nursing & Care Teams are led by the homes experienced Nursing Manager.

We strive to provide high quality, person centred care, tailored to our residents needs in a homely resident led community.

A happy, secure and home from home environment with warm and friendly

staff, where making new and happy memories are a priority.

Our qualified Head Chefs work hard to ensure our menus are seasonal and tasty. Personal choice and preference is important to us so all of our meals are freshly prepared and cooked in our professional kitchens. We use fresh and locally sourced seasonal vegetables, meats and fish where possible and at all times maintaining a high standard of quality. We are also able to meet the requirements of all types of religious, specialist and medical diets.

Our beautifully decorated bedrooms are designed to meet various needs. Our bedrooms are bright and homely, all rooms come complete with a full set of bedroom furniture consisting of: Bed, Wardrobe, Bedside Table, Chest of Drawers and a relaxing seating area. The styles of bedrooms we have available are single, double and en-suites; which means we can cater for all needs/requirements.

## Leisure & Lifestyle Services

Our activities programmes are devised to be person centred and meet our individual residents needs. The programme has a multifaceted approach and is devised to be; creatively, physically, emotionally and cognitively stimulating. Activities that feature weekly are; Arts and Crafts, Group Discussions, Quizzes, Word Games, Music Reminiscence, Film Reminiscence, Sing Alongs, Reminiscence Sessions and Practical Activities such as baking. We strive to ensure that our residents; feel appreciated, at all times treated with respect, dignity and with a acknowledgement of their own psychological and emotional needs.

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