



NICHOLAS JAMES  
CARE HOMES

# Charles Lodge

Residential Community

Person Centred Care  
In a Home from Home Environment

*"Your Smile is our Reward"*





# Residential ~ Dementia ~ Respite ~ Day Care

## Charles Lodge

Charles Lodge is a specially designed and built care home and is situated in a secluded yet easily accessible part of Hove. We are near to shops, all local amenities and the seafront is only a sea breeze away.

Our qualified, experienced and dedicated Health Care Team are led by the homes established and experienced Registered Manager.

We provide Residential and Dementia care which can be accommodated on a Long Term: Short term: Respite, Convalescence and Day Care basis.

We strive to provide high quality, person centred care, tailored to our residents needs in a homely resident led community.

We aim to provide a happy, secure and home from home environment with warm and friendly staff where making new and happy memories are a priority.

Our qualified Head Chefs work hard to ensure our menus are seasonal and tasty. Personal choice and preference is important to us so all of our meals are freshly prepared and cooked in our professional kitchens. We use fresh and locally sourced seasonal vegetables, meats and fish where possible and at all times maintaining a high standard of quality. We are also able to meet the requirements of all types of religious, specialist and medical diets.

Our 22 beautifully decorated bedrooms are designed to meet various needs. Our bedrooms are bright and homely, all rooms come complete with a full set of bedroom furniture consisting of: Bed, Wardrobe, Bedside Table, Chest of Drawers and a relaxing seating area.

The styles of bedrooms we have available are single, single en-suite and double en-suite; which means we can cater for all needs/requirements.

## Leisure & Lifestyle Services

Our activities programmes are devised to be person centred and meet our individual residents needs. The programme has a multifaceted approach and is devised to be; creatively, physically, emotionally and cognitively stimulating. Activities that feature weekly are; Arts and Crafts, Group Discussions, Quizzes, Word Games, Music Reminiscence, Film Reminiscence, Sing Alongs, Reminiscence Sessions and Practical Activities such as baking. We strive to ensure that our residents; feel appreciated, at all times treated with respect, dignity and with a acknowledgement of their own psychological and emotional needs.

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