



NICHOLAS JAMES  
CARE HOMES

# Harbeldown Lodge Nursing Community

Person Centred Care  
In a Home from Home Environment

*"Your Smile is our Reward"*





# Nursing ∼ Dementia ∼ Respite

## Harbledown Lodge Nursing Home

Harbledown Lodge Nursing Home is set in 50 acres of beautiful Kent country side. Built in around 1825 the stunning Georgian Manner has its own unique character. Having recently undergone refurbishment its social lounges, activities and relaxation rooms are the perfect places to relax and socialise. Residents can also enjoy the views of the extensive manicured lawns and seasonal flower beds.

Being located so close to the Historical City of Canterbury there are always so many wonderful places to visit.

With 24hr Registered Nursing provision, our qualified, experienced and dedicated Nursing & Care Teams are led by the homes experienced Nursing Manager.

We strive to provide high quality, person centred care tailored to our residents needs in a homely resident led community.

A happy, secure and home from home environment with warm and friendly

staff, where making new and happy memories are a priority.

Our qualified Head Chefs work hard to ensure our menus are seasonal and tasty. Personal choice and preference is important to us so all of our meals are freshly prepared and cooked in our professional kitchens. We use fresh and locally sourced seasonal vegetables, meats and fish where possible and at all times maintaining a high standard of quality. We are also able to meet the requirements of all types of religious, specialist and medical diets.

Our 50 beautifully decorated bedrooms are designed to meet various needs. Our bedrooms are bright and homely, all rooms come complete with a full set of bedroom furniture consisting of: Bed, Wardrobe, Bedside Table, Chest of Drawers and a relaxing seating area. The styles of bedrooms we have available are Single, Single en-suite and large en-suite, which means we can cater for all needs/requirements.

### Leisure & Lifestyle Services

Our activities programmes are devised to be person centred and meet our individual residents needs. The programme has a multifaceted approach and is devised to be; creatively, physically, emotionally and cognitively stimulating. Activities that feature weekly are; Arts and Crafts, Group Discussions, Quizzes, Word Games, Music Reminiscence, Film Reminiscence, Sing Alongs, Reminiscence Sessions and Practical Activities such as baking. We strive to ensure that our residents; feel appreciated, at all times treated with respect, dignity and with a acknowledgement of their own psychological and emotional needs.

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