



NICHOLAS JAMES  
CARE HOMES

# Whitstable Nursing Home Nursing Community

Person Centred Care  
In a Home from Home Environment

*"Your Smile is our Reward"*

Under New Management





# Nursing ≈ Dementia ≈ Respite

## Whitstable Nursing Home

Whitstable nursing home is located in the popular and historic seaside town of Whitstable. Set back from the road in a quiet leafy residential street the home and its gardens are full of charm with its own unique character presenting a home like environment for service users to enjoy. With easy access to the local amenities and the sea front. Whitstable Nursing Home overlooks Whitstable golf club and has pleasant south facing gardens and patio area.

With 24hr Registered Nursing provision, our qualified, experienced and dedicated Nursing & Care Teams are led by the homes experienced Nursing Manager.

We strive to provide high quality, person centred care tailored to our residents needs in a homely resident led community.

A happy, secure and home from home environment with warm and friendly staff where making new and happy memories are a priority.

Our qualified Head Chefs work hard to ensure our menus are seasonal and tasty. Personal choice and preference is important to us so all of our meals are freshly prepared and cooked in our professional kitchens. We use fresh and locally sourced seasonal vegetables, meats and fish where possible and at all times maintaining a high standard of quality. We are also able to meet the requirements of all types of religious, specialist and medical diets.

Our 34 beautifully decorated bedrooms are designed to meet various needs. Our bedrooms are bright and homely, all rooms come complete with a full set of bedroom furniture consisting of: Bed, Wardrobe, Bedside Table, Chest of Drawers and a relaxing seating area. The styles of bedrooms we have available are Single, Single en-suite and large en-suite, which means we can cater for all needs/requirements.

## Leisure & Lifestyle Services

Our activities programmes are devised to be person centred and meet our individual residents needs. The programme has a multifaceted approach and is devised to be; creatively, physically, emotionally and cognitively stimulating. Activities that feature weekly are; Arts and Crafts, Group Discussions, Quizzes, Word Games, Music Reminiscence, Film Reminiscence, Sing Alongs, Reminiscence Sessions and Practical Activities such as baking. We strive to ensure that our residents; feel appreciated, at all times treated with respect, dignity and with a acknowledgement of their own psychological and emotional needs.

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