

## REDBRIDGE OPTICAL PRACTICES

### AVES OPTICIANS

17 Wellesley Road, Ilford, Essex, IG1 4JT

**Telephone:** 020 8554 1088

### BOOTS OPTICIANS

177/185 High Road, Ilford, Essex, IG1 1DE

**Telephone:** 020 8553 5776

### BOOTS OPTICIANS

90 High Street, Barkingside, Essex, IG6 2DR

**Telephone:** 020 8550 2920

### CJ PACKFORD OPTICIANS

372 High Road, Woodford Green, Essex, IG8 0XQ

**Telephone:** 020 8504 2296

### CJ PACKFORD OPTICIANS

127 High Street, Wanstead, E11 2RL

**Telephone:** 020 8989 3327

### CARE OPTICS

14 The Broadway, Woodford Green, Ilford, Essex, IG8 0HL

**Telephone:** 020 3551 6075

### DIRECT OPTICIANS

King George Avenue, Ilford, Essex, IG2 7SH

**Telephone:** 020 8550 4005

### DOWNES OPTICIANS

608 High Road, Ilford, Essex, IG3 8RF

**Telephone:** 020 8590 2710

### ELITE VISION

221 High Road, Ilford, Essex, IG1 1LX

**Telephone:** 020 8911 8885

**ELLIS BASS OPTOMETRISTS**

Unit 4c, 3-19 High Street, Barkingside, Essex, IG6 2AA

**Telephone:** 020 8550 9288

**ERNEST AVES & PARTNERS**

135 George Lane, South Woodford, E18 1AN

**Telephone:** 020 8989 1996

**EYE CARE**

13 Cranbrook Road, Ilford, Essex, IG1 4DU

**Telephone:** 020 8478 3767

**EYE GEE**

651 High Street, Seven Kings, Essex, IG3 8RA

**Telephone:** 020 8599 0033

**HOWARD HARRIS**

474 Cranbrook Road, Gants Hill, Ilford, Essex, IG2 6LE

**Telephone:** 020 8518 3666

**LAIS OPTICIANS**

637a Chigwell Road, Woodford Green, Essex, IG8 8AG

**Telephone:** 020 8504 3292

**P K BAHRI OPTICIANS 1**

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Telephone: 020 8504 0438

**RAI OPTOMETRISTS**

Ravenings parade Goodmayes Road,

Ilford, Essex, IG3 9NR

**Telephone:** 020 8590 2739

**ROSE OPTICIANS,**

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SCHER & LASKY OPTICIANS  
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SCRIVENS OPTICIANS  
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**Telephone:** 020 8500 2304

SPECSAVERS BARKINGSIDE,  
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**Telephone:** 020 8418 2480

SPECSAVERS OPTICIANS  
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**Telephone:** 020 8553 1122

VISION EXPRESS  
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