

## **Maritime Charities Funding Group**

# **Accommodation, Care and Support Strategy for Older Seafarers and their Dependants**

## **Appendices**

**April 2010**

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These appendices provide a range of supporting information for the main Strategy, and are referenced throughout the various documents.

The appendices are:

#### **Appendix 1: Older Seafarers**

These examples have been provided by a number of seafarer providers to illustrate who they have housed in recent months. They are provided to illustrate the variety of circumstances that can lead to a seafarer seeking support, and the type of care and support needs they may have. They are not intended as a necessarily representative selection.

#### **Appendix 2: The Provider Market**

This table sets out the information available about the range of services provided by the seafarer provider sector. This information has largely been taken from published materials and provides a starting point for defining what is a complex market.

#### **Appendix 3: Good Practice Examples**

These examples are designed to illustrate approaches taken by other providers to some of the issues presented within the strategy documentation.

#### **Appendix 4: Glossary**

This document provides explanation of key technical terms used within the strategy, and is intended to provide an ongoing resource for the range of audiences for the strategy.

#### **Appendix 5: Design Standards**

This document sets out a range of good practice to building design for older people. It includes the minimum building design standards which form part of the funding criteria to be adopted to support the delivery of the strategy.

## APPENDIX 1

### Older Seafarers

These examples are illustrative of the range of needs presented by older seafarers, but are not meant to be taken as representative. They have been provided by a number of seafarer providers as examples of people they have recently housed.

A 70 year old merchant seaman who has children but has little contact with them. Recent health problems including liver and kidney damage associated with alcohol misuse. He was not looking after himself including not eating regularly. He had been living in sheltered housing but had "fallen out" with scheme manager.

At first contact he said he had not eaten for four days, so the seafarer provider shopped for him and prepared a light meal; staff began to develop a relationship and build trust. Frequent visits, working closely with social worker, resulted in care package being started. Soon a ground floor flat became available and the seaman could move in.

The merchant seaman said:

*"If you can only remember four things remember this:*

- *Respect me and explain things fully to me.*
- *My life as a merchant seaman is important to me.*
- *Encourage me to make my own decisions don't make them for me.*
- *Support me to stay as independent as possible, this is important to me."*

A merchant sailor moved to Cardiff in 1968 to attend a course at Nautical College. He continued his merchant navy career, and married with three children all born in Cardiff. For several reasons, including long spells apart, his marriage of 38 years eventually failed. The matrimonial home had to be disposed of and in his sixties he found himself homeless and staying temporarily with a friend in Cardiff. He was physically fit but lonely and sad. He was delighted to be offered a property by the provider, and has settled into his new life.

A fisherman in his 50's who was divorced and had been living on the boat. The owner decided to sell the boat and he became homeless. He was offered a one bedroom bungalow. He has had some short term contracts on rigs but is currently unemployed. He is being signposted for employment support and skills training.

Captain was a retired sea captain of 40 years with both the merchant and royal navy service. When he retired he lived in Cornwall with his partner. After being diagnosed with Parkinsons Disease, he had to move into a nursing home in Cornwall due to lack of mobility and unstable medication; he had developed a pressure ulcer on his heel.

As Captain had spent his cadet years on the Wirral and had fond memories of the area, he decided he would like to spend his final years at Mariners.

Within a short period of time after moving in he settled and started to gain our trust. Captain was wheelchair bound with an horrific pressure sore on his heel. Eventually with dedication and hard work Captain became mobile with two sticks, then one, and finally independently. As time went by his confidence grew and he was able to have frequent days out with friends and formal reunions with his old sea colleagues.

Eventually Captain felt strong enough to return for a holiday to his beloved Cornwall, his friends and his partner. Once there he decided "there was still a few years left in the old sea dog yet" and he wished to return to his partner and Cornwall, and this was arranged for him.

Mr & Mrs N moved to a provider in the North West from Norfolk as they felt that as they were getting older they wanted to be nearer family and friends. They had been living in a very isolated area. Mr N had some health problems, and they wanted to be nearer support should it be required in the future.

A divorced woman (ex WRNS) who is over 50 and with two children in their twenties. She had had to move frequently to escape the violence of her ex-husband. She needed to move as she is seeking work and wanted to be nearer supportive family. She is receiving support through the police and also from SSAFA.