



Plymouth Hoe and Barbican

ENTERTAINMENT / PLACES OF INTEREST

Vue Park Cinema Complex	0871 224 0240
Marine Aquarium, Ropewalk	01752 600 593
Plymouth City Museum & Art Gallery	01752 304 774
Plymouth Pavilions Leisure Complex, Millbay Road (Sports Facilities, Concert Venue)	0845 146 1460
Plymouth Life Centre, Mayflower Drive	01752 606 900

LIBRARY / INTERNET FACILITIES

Plymouth Central Library	01752 434 390
Debenhams, Royal Parade	08445 616 161

PLACES OF WORSHIP

For Information go to:

<http://www.plymouth.gov.uk/homepage/communityandliving/placesofworship.htm>

REDUCED RATE TELEPHONE CARDS

Telephone cards are available for purchase from the Port Chaplain and Ship Welfare Visitors. Seafarers are strongly advised to purchase telephone cards only from these sources.

SEAFARERS' TELEPHONE HELPLINES

SeafarerHelp.....the lifeline for seafarers www.seafarerhelp.org (all seafarers)	00800 7323 2737
Seafarer Support Referral Helpline www.seafarersupport.org (UK seafarers only)	0800 121 4765



Produced by the Merchant Navy Welfare Board and the seafarers' welfare charities. Maps/Photos courtesy of ABP, AoS and Plymouth City Council. Please pass any amendments directly to MNWB on 02380 337799 or visit: www.mnwb.org

Issue Date 11/14



SEAFARERS' PORT INFORMATION LEAFLET

PLYMOUTH WELCOMES ALL SEAFARERS



There is no seafarers' centre in the port of Plymouth. However, there is a Seafarers' Resource Room run by the Apostleship of the Sea who also provide regular ship visiting. Contact the Port Chaplain for details.

SHIP WELFARE VISITING ORGANISATIONS

+		Apostleship of the Sea Port Chaplain	07843 739 579
		Mission to Seafarers	07810 825 297
		Sailors' Society	01752 403 707
		Fishermen's Mission plymouth@fishermensmission.org.uk	01752 210 839 07825 611 769
		Merchant Navy Association Port Welfare Officer	07825 611 769 01752 210 839
		Nautilus International	020 8989 6677
		RMT	0177 925 5018
		ITF	07949 246 219 020 7403 2733

† Locally based Port Chaplain

LOCAL HOSPITAL

Derriford Hospital	0845 155 8155
Minor Injuries Unit, Cumberland Centre (Open 365 days a year)	01752 567 999
NHS Advice	111

PUBLIC TRANSPORT

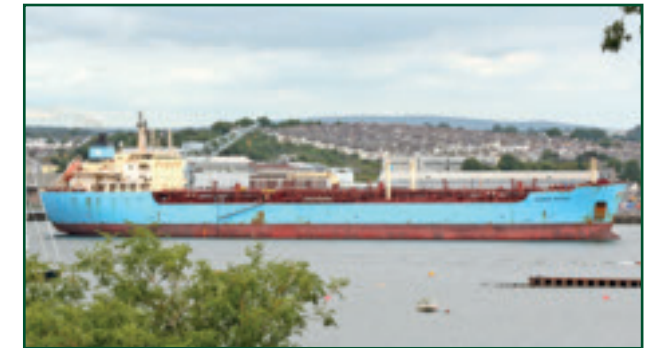
National Rail Enquiries	0845 748 4950
Plymouth Citybus	0845 077 2223
National Express	08717 818 1810

TAXIS


Taxifast	01752 222 222
Dial a Cab	01752 781 781

TOURIST INFORMATION

Plymouth Tourist Information Centre, 3-5 The Barbican	01752 306 330
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LOCAL PORT HEALTH AUTHORITY

 Plymouth Port Health Authority (out of hours answerphone)	01752 304 141
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PORT OFFICE & SECURITY

ABP Port Office (Office Hours)	01752 662 191
Victoria Wharf Port Office	01752 663 175
Cattedown Wharves Port Office www.plymouthport.org.uk	01752 665 231

MARITIME AND COASTGUARD AGENCY UK



MLC 2006 Co-ordination Group mlc@mcga.gov.uk

- 1** Seafarers' Resource Room, Victoria Wharf - Internet/Telephone is usually available during office hours. Contact the Port Chaplain in advance to arrange to use facilities outside these hours.
- 2** Public telephone
- 3** Access to the town centre via the lock at the Marine Aquarium. Lock closed to pedestrians between 9.30pm - 4.30am
- 4** Public telephone
- 5** Supermarket (Others available. See agent or Port Chaplain)
- 6** Post Office/Bureau de Change
- 7** Library (Free internet access, 9am - 7pm most days)
- 8** The Plaza - Snooker club with pool tables, darts and licensed bar open 10am - 4am - Go to Bretonside
- 9** Public telephones
- 10** Cattedown Wharves and public telephone

	Building of Interest		Parking (Multi Storey)
	Area of Interest		Parking (Surface)
	Main Shopping Area		Parking (Disabled)
	Barbican Maritime Village		Shopmobility
	University Building		Public Toilet
	University Area		Public Toilet (Disabled)
	Public Building		Tourist Information
	Transport Terminal		Bus Stop (The Discoverer)
	Port Area		Bus Stop (Park & Ride)
	Park or Open Space		Boat Trips (1-4 hours)
	Recommended Motor Route		One Way Street
	Pedestrian route / access only		Waterfront Walkway
	Private Road		

Scale: 0 to 14 mile, 0 to 250 metres

North arrow



For Tourist Information please call 01752 306330

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