



SEAFARERS' TELEPHONE HELPLINES

SeafarerHelp.....the lifeline for seafarers www.seafarerhelp.org (all seafarers)

+44 20 7323 2737

Seafarer Support Referral Helpline www.seafarersupport.org (UK seafarers only)

0800 121 4765



Produced by the Merchant Navy Welfare Board - registered as a charity No.212799 in England & Wales and No.SC039669 in Scotland. Maps courtesy of Ordnance Survey (Licence No. 100049724) / Photos courtesy of Sailors' Society. Please pass any amendments **directly** to MNWB on 02380 337799 or visit: **www.mnwb.org**

SEAFARERS' PORT INFORMATION LEAFLET

AYR & TROON WELCOMES ALL SEAFARERS



SHIP WELFARE VISITING ORGANISATIONS



Sailors' Society Port Chaplain 07808 249 175 www.sailors-society.org



Stella Maris Port Chaplain 07793 489 193 www.stellamaris.org.uk



Fishermen's Mission Paula Daly 07827 966 023

www.fishermensmission.org.uk



ITF Inspector 07539 171 323 Wilson_Liam@itf.org.uk

ITF +44 7590 880 285 www.itfseafarers.org (Messages only)



Nautilus International

020 8989 6677 www.nautilusint.org



RMT

0141 332 1117 www.rmt.org.uk



SHIP VISITING

Port Chaplains are regular visitors to ships all over the world. They can assist with a wide range of issues - personal, practical and spiritual. You can contact them before you arrive in port of there is an urgent matter on the numbers provided.









PORT OFFICE & SECURITY

Ayr Harbour Office 01292 281 687 Troon Harbour Office 01292 313 412

LOCAL PORT HEALTH AUTHORITY

Ayr & Troon Port Health (South Ayrshire Council)

01292 618 222

MARITIME AND COASTGUARD AGENCY UK

GlasgowMO@mcga.gov.uk 02038 172 011

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Ayr:

Church of Scotland - Newton Wallace, Main Street 01292 264 251

Catholic - St Margaret's Cathedral, John Street 01292 263 488

Troon:

Church of Scotland - Troon Auld Parish Church, Ayr Street 01292 313 520

Catholic - The Church of Our Lady, Cessnock Road 1292 313 541

*For details of Places of Worship for other faiths and denominations, please speak to one of the Port Chaplains / Ship Visitors

POST OFFICE/ BANKS/ MONEY TRANSFER

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Post Office, High Street	01292 262 193	
Bank of Scotland, High Street	0345 780 1801	
NM Money Transfer High Street	01292 501 942	

Troon:

Post Office (The Pillar Box) - inc. Money Transfer services Church Street 01292 314 331

Bank of Scotland, Templehill 0345 780 1801

SHOPPING	
Ayr: Aldi, Main Street	0800 042 0800
Ayr: Tesco Extra, Whitletts Road	0345 677 9014
Troon: Morrisons, Dukes Road	01292 310 440

CHEMISTS / OPTICIANS

Ayr:

Boots Chemists & Opticians High Street 01292 282 231

Troon:

Wills Pharmacy, 15 Templehill 01292 312 848

2020 Opticians & Hearing Care, 71-73 Templehill

01292 311 553

ENTERTAINMENT

Odeon Cinema Ayr, Burns Statue Square 03330 144 501

SPORTS FACILITIES

Citadel Leisure Centre, 5 Harbour Street, Ayr (Swimming & Gym) 01292 269 793

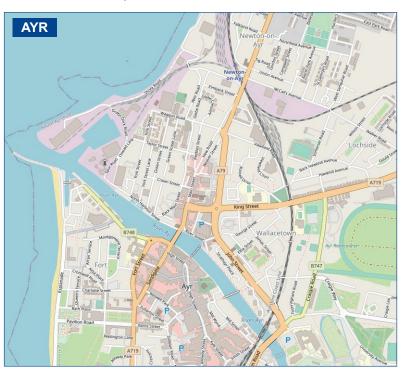
Troon Swimming Pool & Gym, Barassie Street

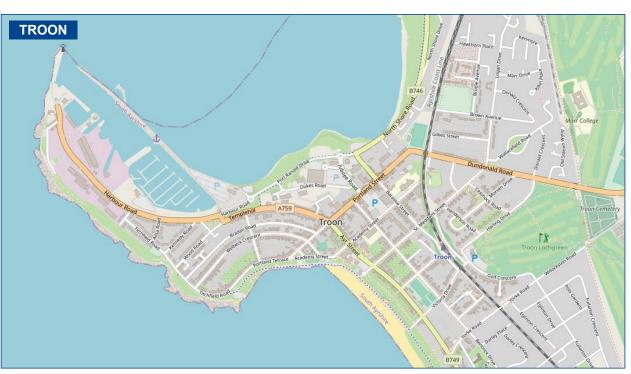
01292 311 758

LIBRARY	
Carnegie Library (Ayr), Main Street	01292 286 385
Troon Library, South Beach	01292 315 352
PUBLIC TRANSPORT	
Air: Glasgow Airport www.glasgowairport.com	0344 481 5555
Train: Narional Rail Enquiries www.nationalrail.co.uk	03457 484 950
Coach: Stagecoach www.stagecoachbus.com	0345 810 1000
Bus: Traveline Scotland www.travelinescotland.com	0871 200 2233
TAVIO	

TAXIS	
Ayr Premier Taxis	01292 40 40 40
In-Com Taxis (Troon)	01292 316 000

HOSPITALS	
A&E: University Hospital	
Dalmellington Road, Ayr	01292 610 555





NHS Helpline















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