

SHIP WELFARE VISITS



Milford Haven has a very active ship visiting community

REDUCED RATE TELEPHONE CARDS

Sim cards, top ups and reduced rate telephone cards are available for purchase at the Milford Haven Seafarers' Centre and from Ship Welfare Visitors representing the centre. Seafarers are strongly advised to purchase telephone cards only from official Milford Haven Seafarers' Centre representatives.



Seafarers relaxing in the Milford Haven Seafarers' Centre

SEAFARERS' TELEPHONE HELPLINES

SeafarerHelp.....the lifeline for seafarers
www.seafarerhelp.org (all seafarers) 00 800 7323 2737

Seafarer Support Referral Helpline
www.seafarersupport.org (UK seafarers only) 0800 121 4765



Port of Milford Haven

Produced by the Merchant Navy Welfare Board, Milford Haven Seafarers' Centre and the seafarers' welfare charities. Maps courtesy of Milford Haven Port Authority. Please pass any amendments **directly** to MNWB on 02380 337799 or visit: www.mnwb.org

SEAFARERS' PORT INFORMATION LEAFLET

MILFORD HAVEN WELCOMES ALL SEAFARERS



MILFORD HAVEN SEAFARERS' CENTRE

132 Robert Street,
Milford Haven, SA73 2HX
Tel: 01646 692 553

SHIP WELFARE VISITING ORGANISATIONS

+		The Mission to Seafarers Port Chaplain	01646 692 306 07711 557 934
		Apostleship of the Sea Port Chaplain paulo@apostleshipofthesea.org.uk	07738 761 155
		Fishermen's Mission	07827 965 241
		Seamen's Christian Friend Society	01646 687 661
		Nautilus International	020 8989 6677
		RMT	020 7387 4771
		ITF	020 7403 2733

+ Port Chaplain based at the Milford Haven Seafarers' Centre

MILFORD HAVEN SEAFARERS' CENTRE



Opening hours: 11am – 11pm
Bar • Money Exchange
Internet Cafe • Telephones

SEAFARERS' INTERNET / SPORTS FACILITIES



A seafarer catching up on the football scores on one of the Centre's computer terminals

PORT TRANSPORT

Free collection from Valero to and from the Seafarers' Centre, other areas by arrangement. Please call 07459 207 962 to request a pick up.

PORT OFFICE & SECURITY

Milford Haven Port Authority 01646 696 100

LOCAL PORT HEALTH AUTHORITY

Milford Haven Port Health: 01437 7763 89/90
Out of Hours: 0845 6015 522
Email: porthealth@pembrokeshire.gov.uk

MARITIME AND COASTGUARD AGENCY UK



MLC 2006 Co-ordination Group mlc@mcga.gov.uk

PLACES OF WORSHIP

Anglican: St Katherine's & St Peter's, Sandhurst Road	01646 692 306
Catholic: St Francis of Assisi, Priory Road	01646 693 371
Methodist Church, Priory Road	01646 694 552
Bethesda Baptist Church, St Clements Road, Neyland	01646 602 319

POST OFFICE, BANKS & MONEY TRANSFER

Post Office, Charles Street	01646 692 675
Western Union (Milford Haven Travel Agency), Charles Street	01646 692 268
All major high street banks can be found on Hamilton Terrace and Charles Street.	

ENTERTAINMENT - VENUES/ATTRACTIONS

Pembroke Castle, Pembroke	01646 684 585
Milford Haven Museum, The Docks	01646 694 496
Phoenix Bowl, The Docks	01646 690 605

LOCAL HOSPITAL

Withybush General Hospital, Haverfordwest	01437 764 545
NHS Direct	0845 4647

SHOPPING CENTRE (see map →)

Tesco, Havens Head Park	0845 677 9473
Boots the Chemist, Havens Head Park	01646 692 004
99p Store, Havens Head Park	01437 768 614

LIBRARY

Milford Haven Library, Havens Head Park	01437 771 888
---	---------------

SPORTS FACILITIES

Leisure Centre, Priory Road	01437 775 959
Opening Times: 06:45 to 22:00 Mon – Fri	
Weekend: 09:00 to 16:00	

PUBLIC TRANSPORT

National Rail Enquiries	0845 748 4950
Local Bus Information (Traveline)	0871 200 2233
National Express Coaches	0871 781 8178

TAXIS

Arranged by Agent

