

## SHIP WELFARE VISITS



Milford Haven has a very active ship visiting community

## REDUCED RATE TELEPHONE CARDS

Telephone cards are available from Ship Welfare Visitors representing the charities. Seafarers are strongly advised to purchase telephone cards only from official sources.



## SEAFARERS' TELEPHONE SUPPORT

International Seafarers' Welfare Advice Network (ISWAN) All Seafarers +44 20 7323 2737

Seafarers' Support - UK seafarers' only 0800 121 4765  
www.seafarerssupport.org



Port of Milford Haven



Produced by the Merchant Navy Welfare Board, Milford Haven Seafarers' Centre and the seafarers' welfare charities. Registered as a charity No.212799 in England & Wales and No.SC039669 in Scotland. Maps courtesy of Milford Haven Port Authority. Please pass any amendments **directly** to MNWB on 02380 337799 or visit: [www.mnwb.org](http://www.mnwb.org)

## SEAFARERS' PORT INFORMATION LEAFLET

# MILFORD HAVEN WELCOMES ALL SEAFARERS



## SHIP WELFARE VISITING ORGANISATIONS



The Mission to Seafarers 07788 3122 88  
Port Welfare Officer



Apostleship of the Sea 07738 761 155  
Port Chaplain paulo@apostleshipofthesea.org.uk



Fishermen's Mission 07827 965 241



Seamen's Christian Friend Society 01646 687 661



Nautilus International 020 8989 6677  
www.nautilusint.org



RMT 020 7387 4771  
www.rmt.org.uk



ITF Inspector 07764 182 768  
ITF HQ 0207 403 2733



Phoenix Bowl: Open 9am to 11.30pm every day

## PORT TRANSPORT

Free collection from Valero to and from town, other areas by arrangement. (Jetty staff at Valero have the contact details)



## PORT OFFICE & SECURITY

Milford Haven Port Authority 01646 696 100

## LOCAL PORT HEALTH AUTHORITY



Milford Haven Port Health: 01437 7763 89/90  
Out of Hours: 0845 6015 522  
Email: [porthealth@pembrokeshire.gov.uk](mailto:porthealth@pembrokeshire.gov.uk)

## MARITIME AND COASTGUARD AGENCY UK

MLC 2006 Co-ordination Group [mlc@mcga.gov.uk](mailto:mlc@mcga.gov.uk)

## PLACES OF WORSHIP

<b>Anglican:</b> St Katherine's & St Peter's, Sandhurst Road	01646 692 476
<b>Catholic:</b> St Francis of Assisi, Priory Road	01646 693 371
Methodist Church, Priory Road	01646 694 552
Bethesda Baptist Church, St Clements Road, Neyland	01646 602 319
<b>Independent Baptist:</b> Cosheston Mission Church, Cosheston, Pembroke Dock, SA72 4UD	01646 687 661

## POST OFFICE, BANKS & MONEY TRANSFER

Post Office, Charles Street	01646 692 675
Western Union (Milford Haven Travel Agency), Charles Street	01646 692 268

All major high street banks can be found on Hamilton Terrace and Charles Street.

## ENTERTAINMENT - VENUES/ATTRACTIONS

Pembroke Castle, Pembroke	<a href="http://www.pembroke-castle.co.uk">www.pembroke-castle.co.uk</a>
Milford Haven Museum, The Docks	01646 694 496
Phoenix Bowl, The Docks	<a href="http://www.phoenixbowl.co.uk">www.phoenixbowl.co.uk</a>

## LOCAL HOSPITAL

Withybush General Hospital, Haverfordwest	01437 764 545
NHS Direct	0845 606 4647

## SHOPPING CENTRE (see map →)

Tesco, Havens Head Park	0845 677 9473
Boots the Chemist, Havens Head Park	01646 692 004
99p Store, Havens Head Park	01437 768 614

## LIBRARY

Milford Haven Library, Havens Head Park	01437 771 888
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## SPORTS FACILITIES

Leisure Centre, Priory Road	01437 775 959
Opening Times: 06:45 to 22:00 Mon – Fri	
Weekend: 09:00 to 16:00	

## PUBLIC TRANSPORT

National Rail Enquiries	0845 748 4950
Local Bus Information (Traveline)	0871 200 2233
National Express Coaches	08717 818 181

## TAXIS

Arranged by Agent

