

SHIP WELFARE VISITS



Montrose has an active ship visiting community

REDUCED RATE TELEPHONE CARDS

Reduced rate telephone cards are available to purchase from Montrose Seafarers' Centre. Seafarers are strongly advised to purchase telephone cards only from official Montrose Seafarers' Centre representatives.



A seafarer making use of the telephones in the Montrose Seafarers' Centre

SEAFARERS' TELEPHONE HELPLINES

International Seafarers' Advice Network (ISAN) All seafarers 00800 7323 2737

Seafarer Support Referral Helpline
www.seafarerssupport.org UK seafarers only 0800 121 4765



THE HAVEN SEAFARERS CENTRE

Produced by the Merchant Navy Welfare Board, Montrose Seafarers' Centre and the seafarers' welfare charities. Map information courtesy of Montrose Harbour Authority. Please pass any amendments **directly** to MNWB on 02380 337799 or visit: www.mnwb.org

SEAFARERS' PORT INFORMATION LEAFLET

MONTROSE WELCOMES ALL SEAFARERS



MONTROSE SEAFARERS' CENTRE

The Haven, 2 Meridian Street, Montrose DD10 8DS
(beside port vehicle exit, North Quay)

SHIP WELFARE VISITING ORGANISATIONS

	Sailors' Society Port Chaplain	01241 872 243 07833 140 202
	Apostleship of the Sea Port Chaplain	01224 826 555 07757 042 722
	The Mission to Seafarers Port Chaplain	01506 842 629
	Seamen's Christian Friend Society	01382 520 512
	Fishermen's Mission	01224 584 651 07917 754 531
	Norwegian Seamen's Mission Port Chaplain	07768 472 134
	Norwegian Government Seamen's Service	07860 645 206
	Nautilus International	0151 639 8454
	RMT	020 7387 4771
	ITF UK/Republic of Ireland Co-ordinators Office ITF HQ	01224 582 688 020 7403 2733

† Port Chaplain based at the Montrose Seafarers' Centre

MONTROSE SEAFARERS' CENTRE



Opening hours: Monday to Friday 18:30 - 22:00
Saturday and Sunday 14:00 - 17:30
(24hour telephone kiosk behind Centre)

Library • Tea & Coffee • Games Room
(Table Tennis, Wii) • Telephones • Free Internet (incl Wi-Fi)

SEAFARERS' INTERNET



A seafarer making use of the internet facilities at the Montrose Seafarers' Centre

PORT TRANSPORT

There is no port transport but the town centre is only a short walk away

PORT OFFICE & SECURITY

Montrose Port Authority (24hr Service) 01674 672 302

LOCAL PORT HEALTH AUTHORITY

Angus Council 01241 435 600

MARITIME AND COASTGUARD AGENCY UK

MCA (24hr Service) 0870 600 6505

SHOPPING CENTRE (See map →)

Boots the Chemist, High Street	01674 676 455
Specsavers Optician, High Street	01674 679 080
Tesco, Western Road	0845 677 9478
Argos, New Wynd	0845 165 7894

POST OFFICE, BANKS & MONEY TRANSFER

Post Office, 69-75 High Street	0845 722 3344
Royal Bank of Scotland, High Street	01674 677 373
Lloyds TSB Bank, Castle Place	0845 300 0000
Western Union (Cheque Centre), High Street	01674 673 172

ENTERTAINMENT - VENUES / ATTRACTIONS

House of Dun	01674 810 264
Montrose Air Station Heritage Centre, Waldron Road	01674 673 232
Montrose Museum, Panmure Place	01674 673 232

SPORTS FACILITIES

Swimming Pool, North Street	01674 672 026
Sports Centre, Marine Avenue	01674 676 211

LIBRARY

Montrose Library, High Street	01674 673 256
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PLACES OF WORSHIP

RC: St Margaret's, Market Street	01674 672 208
CofS: Melville South, Castle Street	01674 672 108
Episcopal: St Peters, St Peters Road	01674 672 652

TOURIST INFORMATION CENTRE

Tourist Information Centre, Bridge Street	01674 673 232
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LOCAL HOSPITAL

Minor Injuries Unit	
Montrose Royal Infirmary	01674 830 361
Stracathro Hospital, Brechin	01356 647 291
NHS 24	0845 424 2424

PUBLIC TRANSPORT

Train Enquiries www.thetrainline.com	0845 601 5929
Local Bus Information	01674 671 086

TAXIS

Stewarts Taxis	01674 678 080
Wilco Cabs	01674 672 557

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NUMBERS

