

BERTH 207 DROP-IN CENTRE



Opening Hours: 24 hour drop-in access via coded keypad (code is displayed in window)

**Telephones • Internet (£1/hr) • Free Wi-Fi
Free Tea/Coffee • TV Lounge • Library**

SIM CARDS

Sim cards are available to purchase at the Southampton Seafarers' Centre and from Ship Welfare Visitors representing the centre. Seafarers are strongly advised to purchase these items only from official representatives of the Seafarers' Centre and not street vendors as there is no guarantee that they will work.

SEAFARERS' TELEPHONE HELPLINES

SeafarerHelp...the lifeline for seafarers (ISWAN)
www.seafarerhelp.org (all seafarers) +44 20 7323 2737

Seafarer Support Referral Helpline
www.seafarersupport.org (UK seafarers only) 0800 121 4765



Produced by the Merchant Navy Welfare Board, registered as a charity No.212799 in England & Wales, and No.SC039669 in Scotland. Maps courtesy of ABP and Walking Distance. Please pass any amendments **directly** to MNWB on 02380 337799 or visit: www.mnwb.org

SEAFARERS' PORT INFORMATION LEAFLET

SOUTHAMPTON WELCOMES ALL SEAFARERS



SOUTHAMPTON SEAFARERS' CENTRE

108 East Street, Southampton, SO14 3HD
Tel: 02380 638 436

SHIP WELFARE VISITING ORGANISATIONS



Apostleship of the Sea Port Chaplain +44 (0) 7963 345 618
+44 (0) 7595 453 063



The Mission to Seafarers Port Chaplain 07774 328 595



Sailors Society +44 (0) 7540 157 654



Seamen's Christian Friend Society 01983 611 195



Fishermen's Mission 07827 965 243



Nautilus International 020 8989 6677



RMT 020 7387 4771



ITF Inspector ITF HQ 07949 246 219
0207 940 9287

SOUTHAMPTON SEAFARERS' CENTRE



Opening hours: 2pm to 8pm every day
Free Wi-Fi • SIM cards • TV/DVD lounge
Hot & Cold Drinks • Foreign Exchange
Information & Advice



A place to relax with friends

PORT TRANSPORT

Contact: +44 73 4228 6672
Monday to Friday: 12noon to 2.30pm & 5pm to 9pm
Saturday: 6pm to 9pm / Sunday: 12noon to 9pm

ABP PORT OFFICE & SECURITY

Southampton VTS (24hr service) 02380 608 208

PORT HEALTH AUTHORITY

Southampton Port Health Services 02380 226 631
port.health@southampton.gov.uk

MARITIME AND COASTGUARD AGENCY UK

infoline@mcga.gov.uk

TOURIST INFORMATION

info@discoversouthampton.co.uk

POST OFFICE, BANKS & MONEY TRANSFER

The Post Office, money transfer facilities and all major banks can be found along the High Street and Above Bar Street. Money exchange and transfer is also available at the Seafarers' Centre.

SHOPPING CENTRE (see map →)

Southampton City Centre is home to all the major retail chains. The majority of these can be found in the West Quay Mall, Marlands Shopping Centre and along Above Bar Street.

Argos, High Street	0345 165 7441
Asda, Portland Terrace	023 8022 9997
Boots the Chemist, Above Bar Street	023 8033 3983
Ikea, West Quay Road	02036 450 000
Specsavers Optician, Above Bar Street	023 8063 6105

ENTERTAINMENT - VENUES/ATTRACTIONS

Hollywood Bowl	0844 248 2041
City Art Gallery, Havelock Road	023 8083 3007
Mayflower Theatre, Commercial Road	023 8071 1811
Odeon Cinema, West Quay Road	0333 014 4501
Sea City Museum, Havelock Road	023 8083 4536
Southampton Football Club, Britannia Road	0845 688 9448

PLACES OF WORSHIP

A list of local places of worship is available at the Seafarers' Centre and from Port Chaplains and Ship Welfare Visitors.

LIBRARY

Southampton Central Library, Civic Centre 02380 833 007

SPORTS FACILITIES

Tennis courts, skate park, cricket and football pitches and a mini golf course can be found in the city's parks.

The Quays Swimming & Diving Complex, 023 8072 0900
Harbour Parade

PUBLIC TRANSPORT

Rail: Enquiry Line	0345 748 4950
Bus: Traveline	0871 200 2233
Coach: National Express	0871 781 8181
Air: Southampton International Airport	0844 481 7777

TAXIS

Streamline Taxis	023 8022 3355
Radio Taxis	023 8066 6666

LOCAL HOSPITAL

Minor Injuries Unit, Royal South Hants Hospital	0333 200 1820
Accident & Emergency Dept, Southampton General Hospital	02380 777 222
NHS Direct	111

