

CATARACT SURGERY EYEDROP REGIME

All patients undergoing cataract surgery or refractive lens exchange will be given eyedrops to use. You will be dispensed two different bottles of drops to use from the hospital/clinic on the day of surgery.

TOBRADEX: This contains two drugs: An antibiotic to help prevent infection and an anti-inflammatory to reduce swelling on the surface of the eye. These will ease any irritation you may feel post operatively. These drops need to be used four times daily from the day following surgery until three weeks after, and then once daily for four days as per the chart.

NEVANAC: This is an anti-inflammatory drug to help prevent swelling on the retina at the back of the eye which would impair vision. These drops need to be used three times a day from the day following surgery until three weeks after and then once daily for four days as per the chart.

It is important that the drops are spread out at regular intervals throughout the day. We suggest that you instil one drop of TOBRADEX when you get up in the morning, a second at lunchtime, another late afternoon and a final one at bedtime. Use the NEVANAC a few minutes after using the Tobradex three times during the day.

To make this easier, please use the tick chart below.

	Tobradex	Tobradex	Tobradex	Tobradex	Nevanac	Nevanac	Nevanac
	1	2	3	4	1	2	3
	x	DAY	OF	SURGERY	x	x	x
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							
12							
13							
14							
15							
16							
17							
18							
19							
20							
21							
22		X	X	X		X	X
23		X	X	X		X	X
24		X	X	X		X	X
25		X	X	X		X	X

x = no drop required

If you are concerned that you may be running out of drops, please contact the hospital/clinic where you had your operation to arrange collection of a further supply.