

CATARACT SURGERY EYEDROP REGIME

All patients undergoing cataract surgery or refractive lens exchange will be given eyedrops to use. You will be given two different bottles of drops to use.

TOBRADEX: This contains two drugs: An antibiotic to help prevent infection and an anti-inflammatory to reduce swelling on the surface of the eye. These will ease any irritation you may feel post operatively. These drops need to be used four times daily from two days prior to surgery until three weeks and four days afterwards as per the chart.

NEVANAC: This is an anti-inflammatory drug to help prevent swelling on the retina at the back of the eye which would impair vision. These drops need to be used three times a day from one day prior to surgery until three weeks and four days afterwards as per the chart.

It is important that the drops are spread out at regular intervals throughout the day. We suggest that you instil one drop of TOBRADEX when you get up in the morning, a second a lunchtime, another late afternoon and a final one at bedtime. Use the NEVANAC a few minutes after using the Tobradex three times during the day.

To make this easier, please use the tick chart below. Write in the dates when you book your surgery.

	Tobradex	Tobradex	Tobradex	Tobradex	Nevanac	Nevanac	Nevanac
	1	2	3	4	1	2	3
DAY DATE MONTH							
-2							
-1							
DAY 0		DAY	OF	SURGERY			
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It is advisable to obtain your drops from the pharmacy at the New Victoria Hospital as, if you run out, you can simply phone them directly to arrange to collect more.