# IOSH Working Safely Courses

### Aims

Everyone at work should have an understanding of why they must ‘work safely’ and this course offers exactly that. Working Safely introduces a completely new approach to health and safety training and offers all the basics in a high impact interactive package

### Who should attend?

Working safely is for people at any level, in any sector, needing a grounding in the essentials of health and safety. Everyone at work should have an understanding of why they must ‘work safely’ – and this course offers exactly that.

Working safely isn’t supposed to turn delegates into safety experts. It focuses on why health and safety is important, and how individuals can make a real difference to the wellbeing of themselves and others through changing their behaviour.

### Course duration

1 Day

### Programme

#### 1. Introducing Working Safely

It’s not unusual for delegates coming on an introductory course to think that accidents only happen to ‘other people’. This module stresses the realities of the human suffering behind the statistics and emphasises the importance of personal responsibility.

#### 2. Defining hazard and risk

This module puts ‘hazard’ and ‘risk’ into everyday language, and uses familiar examples to show what can happen. Importantly, it makes it clear that even something that is very simple or repeated over and over again can go wrong, with serious consequences. Focusing on the six broad hazard groups, delegates are asked to think about the hazards and risks they come across in their own work. ‘Risk assessment’ is demystified – delegates learn that we all carry out informal assessments day in, day out

#### 3. Identifying common hazards

All the main issues are covered in this module – entrances and exits, work traffic, fire, chemicals, electricity, physical and verbal abuse, bullying, stress, noise and the working environment, slips, trips and falls, and manual handling. Each area is backed by crystal clear examples and recognisable scenarios, and useful summaries reinforce the key learning points.

#### 4. Improving safety performance

This module deals with systems and processes, making sure that any jargon is explained in easily understood terms. The session bridges the gap between management and workforce, encouraging delegates to play a part in processes that are commonly seen as just down to their manager or supervisor. Other areas – including contract work, inspections, safe systems and permits, protective equipment, signage, emergency procedures, reporting and health checks – are all focused on from the delegate’s point of view.

#### 5. Protecting our environment

A short but effective introduction to waste and pollution leads into a look at how organisations and individual team members can get involved in reducing environmental impacts. Memorable and thought-provoking facts and figures help drive the points home.

### Certification

For delegates who attend the course and successfully complete the written and practical assessments, they will receive an IOSH Working Safely certificate