



Staff Newsletter 2017

SPRING EDITION

Scottish Care Exhibition

As some of you may know our very own Quality Assurance Officer, Bryan Henderson and client, Sandra Ormiston participated in the Scottish Care short film "What a difference good care makes". The film was launched at the "Bringing Home Care: Transforming Support in the Community" Conference and Exhibition on 12th May 2017 and is now available for everyone to watch!

The link to the video is:

<https://www.youtube.com/watch?v=u0tYrJJNUg>

You can also view it directly from the Scottish Care's website:

www.scottishcare.org

ScottishCare



The voice of the Independent Care Sector in Scotland

Directed by Michael Rea, the film features people in receipt of care and their families, as well as those providing the care.

It is a wonderful piece of filming and we are so proud to have been part of it.



Scottish Social Services Council

Workers in care at home services can apply for registration from October 2017. The benchmark practice qualification for a worker in a Care at Home service is SVQ Level 2 in Health and Social Care/SVQ 2 Social Services and Healthcare (SCQF level 6).

In May the Scottish Social Services Council will launch a Registration Toolkit app on how to register.

We will also be running a workshop for staff to attend to obtain further guidance around the new registration requirements. It is essential that everyone attends.

Further information will be made available in the next few weeks.

It is also important that you all check emails from SSSC. If you don't, you might miss vital reminders or information about your registration.





Company Uniforms and Gloves

Just a reminder to all care staff that you must always wear our new uniform. If you need an additional uniform, please contact the office in advance to place the order,. This gives us time to check our stock and, if necessary, order your required size.

Also can everyone please remember to always carry

your ID badge! If you have lost it or need it updated then please inform the office immediately.

Gloves and aprons are available, as always, in the office. These can only be issued by an office member of staff and a maximum of 2 boxes of gloves can be issued at one time.



Medication

Just a reminder to all staff that when dealing with medication on an MAR chart to please always remember to initial the MAR chart once administered, only administer medication that is on the MAR chart and medication must only be administered one at a time. If in doubt, please contact a member of the office staff.

Twitter

Primecare Health Ltd is now live on Twitter!!!!

Please follow our twitter page to receive up to date information regarding the company!

@Primecare_ltd

GET FOLLOWING!!



P60

Just to let all staff know that the P60's have arrived and have been kept with Lynette. Please, when you have the time, come into the office to collect them.



Student Placements

Primecare Health have recently been involved in working with Edinburgh Napier University, providing support to student nurses. Our fellow employee Sharon Murphy has been heavily involved in the placement with Napier along with our Office Manager, Lorna Easton and Lynette Robertson, HR Officer. This is a great opportunity for us to make great new connections within the community and promote the great work we do in social care.

We also have a potential new student placement running with West Lothian College and this will hopefully be starting from August/ September time.

Showcasing Dementia Learning

To help you develop the right knowledge and skills for working with people living with dementia, the SSSC and NHS Education for Scotland (NES) developed a learning framework called Promoting Excellence.

Promoting Excellence helps you to:

- Understanding the knowledge and skills expected of you in your role.
- Identify and explore areas of strengths or gaps in learning.
- Prepare for work based qualifications and registration.
- Create job descriptions and outlines for workers.
- Assess and develop the content of learning programmes.

Promoting Excellence defines four levels of knowledge and skills which will help you identify learning needs and plan appropriate learning activities.

Over the next few weeks the training department will be commencing the skilled level workshops within the Promoting Excellence Framework. This a fantastic opportunity to develop your learning and work towards your professional development. Please make sure you get involved!

Why Physical Activity?

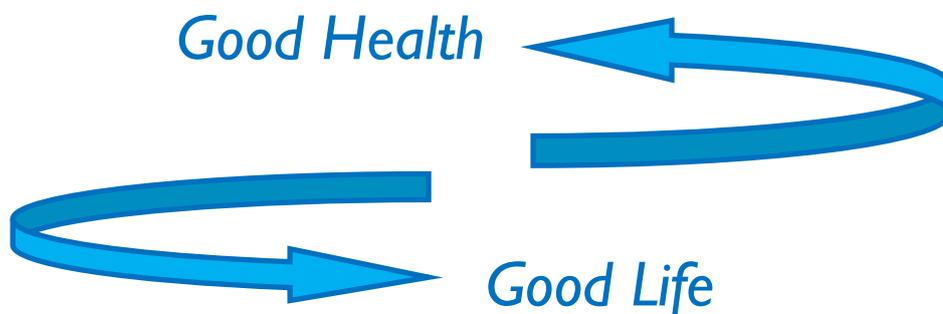


Strong evidence shows that regular physical activity can help -

- Reverse some of age-related decline in physical and psychological function.
- Maintain independent living.
- Maintain mobility.

So, what one thing can we do to be more active? At home and at work we need to get active.

- Think of one thing you can do more of/ differently that will help you to be more active.
- Think of one thing that you are going to do at work tomorrow to support someone else to move more.



Recruitment - Working Better Together

In the next month our HR team will be setting up workshops in June/July 2017 with service users and care workers to redesign our recruitment process. This will involve areas such as Job Descriptions, Advertising, Interview Questions and New Start Information. We would like to invite a few of our staff to attend these workshops therefore, for those that are interested please contact Lynette Robertson or Fiona Watson at the office for further information. The first meeting will be held at the Edinburgh Marriot Hotel on 27th June 2017 from 13:00—15:30.



Pass System

PASSsystem



The Pass System is finally up and running and the training for the new system has been ongoing during the past couple of months. Thank you for all being so patient during this implementation. period. However, there are still some minor errors being made with the electronic communication. The main areas for improvement are the “hydration” alerts, please remember that there are 3 parts to this alert! Secondly please ensure that you are all reading your service user’s previous care notes to prepare yourself for

the visit, also please read your service user’s care plan to give you an insight to their needs and outcomes.

Any notes entered into the pass system should be outcome focused and detailed accordingly .

There are now NFC tags in place. These are to be scanned using your mobile phone to log in/out of service users on the pass system rather than manually tagging in/out. Thank you!

Race For Life

On Sunday 15th May 2017, 7 of our team members took part in the 5K Race For Life at Hopeton House in South Queensferry.

The team raised a considerable amount of money,

Bella and Millie also completed the race, Millie being the first dog to complete the race!

Well done to the ladies and dogs of Primecare!



Special Recognition



Carron with daughter Stacey

Carron's heroic turn

Debbie Hall
A cherished carer who has helped hundreds of people throughout her 15 year career has been named our Local Hero for this month.

Carron Gibson (44) from Livingston, was nominated by her daughter Stacey.

Despite dealing with her own difficult situations over the years, Carron has solidified on at every opportunity possible to help others, who are either elderly or disabled, to manage their daily lives as independently as possible in their own home. Carron is highly regarded by her patients and their families with the independent care provider she works for as she goes above and

beyond her job expectations. She also has a friendly and sincere approach, listens to her patients and puts herself in their shoes by doing whatever it takes to help make their day-to-day life easier. Stacey, who worked with her mum two years ago, said: "My mum, who is the most compassionate person I know, brings love, laughter and security to so many vulnerable people every day and winning this Local Hero Award is a great way to show her how special she is and how much everyone really appreciates what she does for them. My mum has dealt with some difficult situations during her time as a carer but nothing stops her, she just seems

to take it all in her stride. She truly is a hero to all her patients. To get the recognition she deserves for the hard work, effort and compassion she puts into people's lives, with little thought for her own life is amazing - if only there was more people like her, the world would be a far better place."

Carron said: "I am completely surprised that my wonderful daughter Stacey put me forward for the Local Hero Award and absolutely speechless and delighted at winning. For me, this is so much more than just a job. Whether it's helping patients with their medicines, finances or even just chatting over a coffee, seeing how much it means to them, means a lot to me."

Carron Gibson is awarded with 'Local Hero of the Month' in West Lothian for her 15 year career as a home carer. Congratulations!

Well done to Fay Meechan and Katie McEwan for receiving excellent feedback from their service users, Keep up the great work ladies!



Graham Murray and Francine Hutchison receive their flowers for aiding to a car accident whilst out on their normal shifts, thank you for your courage and help at the accident.



PRIMECARE
HEALTH

PRIMECARE HEALTH LTD

11 Castle Road

Winchburgh

West Lothian

Broxburn

EH52 6RQ

Phone: 01506 890970 or 0131 339 1468

Email: admin@primecarehealthltd.co.uk

Twitter: @Primecare_Ltd