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SAFE MOVING OF PEOPLE & MANUAL HANDLING

The Safe Moving of People & Manual Handling course is suitable for both new Care/Support Workers with absolutely no experience at all and also existing workers who want to improve their techniques and knowledge in the safe moving of people or simply refresh. Candidates will also be updated in any relevant new legislation.

Throughout the course candidates are assessed by taking part in practical hands on exercises including the experience of being hoisted themselves, using a hoist, using a turn-table, using slide sheets, using handling belts, using a wheelchair and assessing mobility.

AIMS

At the end of the course candidates will be able to demonstrate correct techniques required for manual handling tasks.

Candidates will understand the legislation related to Manual Handling and load management.

Assessment will be continuous throughout the duration of the course.

COURSE CONTENTS

- Health and Safety at Work Act 1974
- Manual Handling Operations Regulation 1992
- Provision and Use of Work Equipment Regulations 1998
- Lifting Operations and Lifting Equipment Regulations 1998
- Reporting of Injuries and Dangerous Occurrences Regulations 1995
- Function of the Spine and Spine Awareness
- Reducing the Risk of Injury
- Task, Load, Environment and individual Capability
- Kinetic Lifting
- The injury Complex
- The cost of poor Manual Handling
- Service user Handling Needs
- Risk Assessing
- Equipment
- Practical exercises

