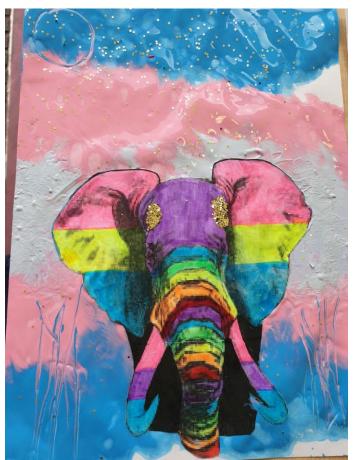
Wonder Willow







The Willow Primary School N17 6HW

Newsletter

16 November 2021

Dear Families

It has been another fun packed couple of weeks back at The Willow.

As you are aware, we have a fantastic music provision and lots of children are learning to play a variety of different instruments including the viola, piano, violin, guitar, trumpet and clarinet.

Every child gets the opportunity to learn to play a musical instrument (free of charge) in year 4.

Many of these children then continue with the instrument in year 5 and 6 with either 1-1 or small group tuition. We have a very strong choir lead by Miss Collier and supported by Ms Clunis. The choir not only sing for us at the end of term awards assembly, but they also represent us at a variety of festivals. On Thursday, 4th November our year 4 children enjoyed a delightful musical performance from *Kids Company Concert* playing classical pieces on both the piano and clarinet.

The children were mesmerised by the quality of the musical performance, and the fact that musicians can have a whole career playing instruments. I know many children were inspired and will enjoy classical music a lot more now they have seen this beautiful live performance.

This week we celebrate anti-bullying week. It gives us the opportunity to remind children about what bullying is and what it is not. I know some parents/carers get worried about bullying so it is important that parents also know the difference (see below). The theme for anti-bullying week is 'One Kind Word' and this fits perfectly with our own current INCREDIBLE behaviour and relationship theme of *Kind Hands, Kind Feet, Kind Words*. This week we are focusing on Kind Words. Please support your child to say as many kind words as possible both at home and at school.

Dawn Ferdinand Headteacher Stay Safe













What Is Bullying

Bullying is unwanted, aggressive behavior among school aged children that involves a real or perceived power imbalance. The behavior is repeated, or has the potential to be repeated, over time. Both kids who are bullied and who bully others may have serious, lasting problems.

In order to be considered bullying, the behavior must be aggressive and include:

- An Imbalance of Power: Kids who bully use their power—such as physical strength, access to embarrassing information, or popularity—to control or harm others. Power imbalances can change over time and in different situations, even if they involve the same people.
- Repetition: Bullying behaviors happen more than once or have the potential to happen more than once.

Bullying includes actions such as making threats, spreading rumors, attacking someone physically or verbally, and excluding someone from a group on purpose.



What is Bullying?

What Bullying Is Not:

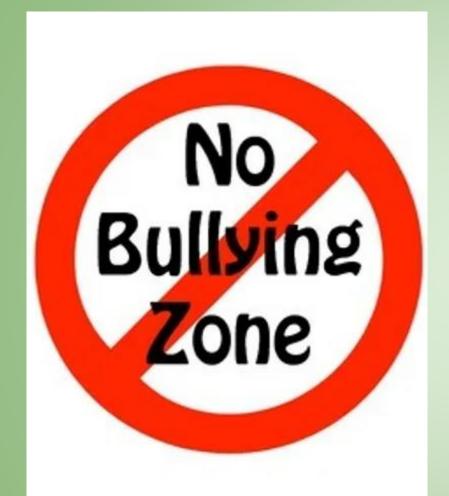
- *Hurting someone's feelings
- *Teasing or name calling
- *Ignoring, or not wanting to play
- *Taking something that's yours
- * Cutting in line
- *Not sharing or turn taking
- * General Meanness

UNLESS, it is:

- *Repetitive or continued after you ask them to stop
- *An Imbalance of "power" or strength or being outnumbered
- *Intentional and deliberate meanness or cruelty
- *Motivated by race, sexual orientation, religion, or disability

Types of Bullying:

- *Physical bullying
- *Emotional bullying
- *Social bullying
- *Cyber bullying



Sit BULLYING?

When someone says or does something unintentionally hurtful and they do it once, that's **RUDE**.

When someone says or does something intentionally hurtful and they do it once, that's **MEAN**.

When someone says or does something intentionally hurtful and they keep doing iteven when you tell them to stop or show them that you're upset—that's

BULLYING.



Please remind your child about what they can do if they feel they are being bullied:



If you're worried about yourself or someone that you know, there are lots of things that you can do.

Tell someone that you trust at School

Find a trusted adult and tell them what has happened. They will be able to help you make the bullying stop.





Write it down

If talking about it is hard, try to write down what is happening and how you are feeling, and then share this with an adult. Put it in the Worry Box

Tell someone at home

Talk to a member of your family who can then come into school to speak to a senior leader.



@VotesforSchools2020

●□●□ Talented football teams at the Willow! ●□●□

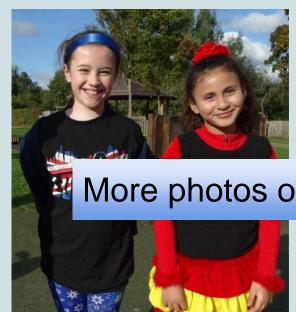
Our new girls and boys teams, did us proud in their football tournament. The girls topped their league and the boys came a respectable third. This is the first major football competition since

stop

bec



abrupt go) Warley Mcintosh in year 4 scored a whopping 9 goals ⊕□⊕□⊕□⊕□⊕□⊕□⊕□⊕□





















Black History Fact...



MANSA MUSA

Born: 1280

Died: 1337

Birth Place: Mali

Known for: Being called the richest man who ever lived.



The Mali empire and people became very rich under Musa's rule.



Musa's pilgrimage benefitted all the countries he passed through.



On maps, the Mali empire was represented by Musa's golden throne.



Is your child starting school in September 2022?

The information morning was recorded and is on our website - visit for more information

https://www.thewillow.haringey.sch.uk/Admissions









Making the video for our new website - more sneak previews







CALLING ALL PARENTS & CARERS!!

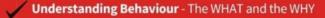
Are you looking for fresh approaches to dealing with your child's behaviour?
Is cooperation taking longer and your voice getting louder?

Behaviour Basics for Parents

A six week course is coming to Haringey Learning Partnership



Come and learn the 4 transformational tools needed to radically improve your child's behaviour:





Clear Messages - Your WORDS and Your WAYS

Managing Mornings - A Sure Start

This course featured on the 2014 Channel 4 documentary



'Mr Drew's School for Boys'

where Tracey was the resident behaviour consultant

Tuesdays from 4.00pm - 5.00pm
Beginning on 16th November
At Commerce House



Together

Transforming

Behaviour

"Very impressive and straight to the point. I am really beginning to understand my son's behaviour and my part in it.

Parent, North London

Book your place by email to Melissa Prosper: melissa.prosper@haringey.gov.uk















BAKED BEANZ

Magic Breakfast offer us BEANZ for breakfast!

Starting soon, KS2 children will have the chance to have beanz on WEDNESDAY at magic breakfast as part of a new trial.

This will be available from 8.20-8.35am on Wednesdays only for KS2 unaccompanied children attending the Magic Breakfast club.

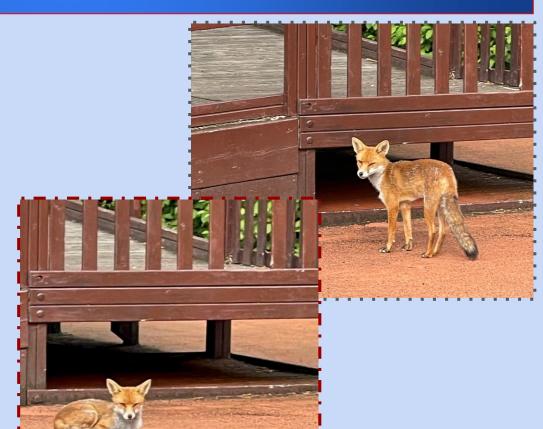
We are not yet able to offer families the chance to come into breakfast, but we do give bagels in class to the children in KS1 (reception, year 1 & 2).

Do please let us know how what your children think!

We often get visitors to the playground.....from Fox Forest!

They include these cubs below! Did you know?

- Foxes are a wild animal native to Britain.
- The fox is a member of the **dog** family
- Foxes are a little bit bigger than a cat
- Foxes can live up to 14 years
- A female fox is called a Vixen
- A male fox is called a Dog
- Foxes eat almost anything, including berries, worms, spiders and even jam sandwiches
- A fox's home is called a den or an earth
- A baby fox is called a cub
- The fox is a **distant relative of the wolf**
- Foxes are mostly active at night
- Foxes have amazing hearing, they can hear a watch ticking 36 metres away
- Foxes use 28 different types of calls to communicate with each other



YEARS 1 - 2 PARENT READING WORKSHOP



TUESDAY 30TH NOVEMBER 8.50 – 9.30AM IN THE MUSIC STUDIO

Please join Ms Wright in the Music Studio to find out about reading at The Willow. The session will include information on:

- Our reading curriculum
- How to support your child at home with reading
- Developing fluency and reading comprehension skills
- The importance of reading for pleasure

YEARS 3, 4, 5 AND 6 PARENT/CARER READING WORKSHOP

TUESDAY 23RD NOVEMBER 2021 8.50 – 9.30AM IN THE MUSIC STUDIO

Please join Ms Wright (reading leader in school) to discover more about how reading works at The Willow.

The session will include information on:

- Our reading curriculum
- How to support your child at home with reading
- Developing fluency and reading comprehension skills
- The importance of reading for pleasure



JOINTHE FREE BAGS OF TASTE

Are you struggling with food costs? Want to eat better food on a tight budget?

Learn to cook some of our delicious £1 a portion recipes. We'll deliver you a free bag of ingredients for 3 different recipes to help you on your way, and we'll guide you through how to cook them, save money, and delight,



and family AT HOME AT YOUR OWN PACE

To register for this free course, email haringey@bagsoftaste.org or call/text/WApp 07759 500 485

* Free course and ingredients for qualifying participants only

MENTORED COOKING COURSE

OUR BUDGET COOKING MENU:



CHANNA MASALA a classic curry beloved by Indians the world over - proper, authentic homestyle Indian cooking, better than the takeaway!



ITALIAN PASTA SAUCE - home made is so much better than jars!! Twist it your way, with or without meat or tuna, it's a versatile basic dish everyone should know



MIDDLE EASTERN PILAF

whether you make this with chickpeas or chicken, this is a fabulous tasty one-pot dish, perfect for weekday suppers



Bags of Taste - Mentored Cooking Course

The Mentored Cooking Course is a mini home cooking course where you can learn to cook healthy, inexpensive meals from scratch.

- ✓ The course is completely free, and all the necessary ingredients for the course will be delivered directly to your front door, and mentors will guide you through the recipes via small groups on WhatsApp or Facebook messenger. If you do not have access to either WhatsApp or Facebook, 1:1 email or phone mentoring can be offered.
- ✓ The course will run for two-weeks course, and specially trained volunteers will share videos, cooking tips, and moral support while you make the dishes, in your own time, in your own kitchen. This is NOT a taught course on zoom/webinar.
- ✓ The course will provide recipes to healthy cost effective meals. As every recipe costs less than £1 per serving if you were to buy your own ingredients.
- ✓ Your household could **save up to £900 a year** on your food shopping after learning the skills and recipes you gain from the course.
- ✓ When you have finished the course you will receive a certificate, and a graduation pack with more recipes you can try. You can also join the graduates social media groups, where you can meet other graduates to share information.

"The course is funded by Haringey Council and delivered by Bags of Taste (BoT), a nationwide not-for-profit organisation, which gets people cooking from scratch by teaching everything around food preparation, including cooking skills, shopping and money-saving advice, and confidence in the kitchen".

Disability History Month 2021

Henry Fawcett, MP, academic and campaigner for open spaces (Husband of Millicent Garrett) Henry Fawcett - UK Parliament	2. The Guild of the Brave Poor Things, social club set up by young disabled people Guild of the Brave Poor Things History of Place	3. Beethoven, composer Beethoven (1770-1827) Deaf Composer – UK Disability History Month (ukdhm.org)	4. WW1 Indian War Wounded Online Exhibition: WWI Indian Wounded in Brighton Pavilion – UK Disability History Month (ukdhm.org)	5. William Cuffay, key member of the Chartist movement 100 Great Black Britons - William Cuffay	6. Frida Kahlo. Artist. Disabled icons: painter Frida Kahlo and pushing boundaries Disability Horizons	7. Franklin D. Roosevelt, President of USA Franklin D. Roosevelt (spartacus: educational.com)
8. Peter the Wild Boy, Georgian 'celebrity' (wording of Historic Palaces) The real Peter the Wild Boy— YouTube	9. Lili Boulanger, composer Lili Boulanger 1894-1918 composer Crohn's – UK Disability History Month (ukdhm.org)	10. Stephen Hawking, Theoretical Physicist Stephen Hawking's Greatest Scientific Accomplishment Time	11. John Nash, Mathematician and Nobel Prize Winner. John F. Nash Jr.'s Nobel Prize: A Symbol of Human Triumph - YouTube	12. Harriet Tubman, Abolitionist - Underground Railroad and Campaigner. Harriet Tubman Biography (womenshistory.org)	13. Rosa May Billinghurst, Suffragette. Rosa May Billinghurst - Women's Suffrage Resources	14. Maya Angelou, Writer and Poet. Dr. Maya Angelou: 5 Things to Know About Her Beautiful Life Time
15. The Untold Stories of Deaf People in WW1 The untold stories of deaf people in WWI – UK Disability History Month (ukdhm.org)	16. Sojourner Truth, Women's Right's Activist Biography: Sojourner Truth (womenshistory.org)	17. Arunima Sinha, Mountaineer Meet Arunima Sinha, the World's First Female Amputee to Climb Mount Everest The Invincibles - YouTube	18. Greta Thunberg, Climate Activist Greta Thunberg - Speech, Quotes & Activism - Biography	19. Gustav Kirchhoff, Physicist. Gustav Kirchhoff - Biography, Facts and Pictures (famousscientists.org)	20. Aaron Philip, Model and Activist Aaron Philip BoF 500 The People Shaping the Global Fashion Industry (businessoffashion.com)	21. Helen Keller, Educator and Activist Helen Keller - Family, Quotes & Teacher - Biography
22. Henri Matisse, Artist Henri Matisse 1869–1954	23. Naoki Higashida, Poet Naoki Higashida Penguin	24. Dorothea Lange, Photographer Dorothea Lange - Great	25. Paralympics History, Sporting Event	26. Catherine J Kudlick, Historian of Disability	27. Wilma Mankiller DoOS⇔I.A, Principle Chief of the Cherokee Nation and Activist.	28. Harilyn Rousso, Writer, Painter and Activist
Tate	Random House	<u>Depression, Photos & Facts -</u> <u>Biography</u>	https://www.paralympic.org/i pc/history	https://longmoreinstitute.sfsu .edu/people/staff/catherine-j- kudlick	https://www.womenshistory.org/e ducation- resources/biographies/wilma- mankiller	http://www.harilynrousso .com/

Apply for a Test and Trace Support Payment for Covid19

You might be able to get a payment of £500 if you're on a low income and meet all these conditions:

- you're employed or self-employed
- you, or a child you're the parent or guardian of, has tested positive for coronavirus (COVID-19), or been told you or the child are a close contact by NHS Test and Trace
- you cannot work from home and will lose income by self-isolating or staying at home to care for the child
- you're not <u>exempt from self-isolating</u>

Apply through your council:

Search for your local council to apply on their website. They'll tell you what evidence you need to apply, but you might need:

- a payslip if you're employed, or evidence of your Self Assessment tax returns if you're self-employed
- a bank statement
- your NHS Test and Trace account ID, or evidence your child has been told to self-isolate by NHS Test and Trace
- See this website below for more information

https://www.haringey.gov.uk/council-tax-and-benefits/housing-benefit-and-council-tax-reductions/nhs-test-and-trace-self-isolation-support-payment

More online information for parents/carers



Highly sexualised content continues to plague **Roblox**. "Condo" and "Scented Rooms" are in corners of the millions of Roblox games where avatars can remove clothing and more. Follow our PYE Roblox parental control guide for help.

https://www.parents.com/kids/s afety/internet/is-roblox-safefor-kids/



**Instagram now allows you to post images and videos from a desktop browser.

This means that a smartphone and app are no longer needed to use most of Instagram's features (adding to teen distraction).



Google Photos will now have a secret, locked folder for both iOS and Android devices.

Unlock via biometric (print) or pin. It cannot be turned off.



Based on **TikTok's 2021** Q2 transparency report (most recent), over 1,000 new videos are posted to the app every second (over 8 Billion a quarter).

More online information for parents/carers



Around 142 million homes, globally, have watched Netflix programme Squid Game. What should parents do?

- It might be tempting to, but **don't directly raise Squid Game with your child** they might be unaware of it, and mentioning it could make them more likely to seek it out.
- Do let your child know they can talk to you about anything they see online that they find upsetting. If you hear them talking about Squid Game or if they mention it to you, talk to them about how the show isn't meant for young children.
- For more pointers on talking to your child about online safety, see this page on the NSPCC website: https://www.nspcc.org.uk/keeping-children-safe/online-safety/talking-child-online-safety/

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For any strategic queries/feedback/admissions/confidential matters please email: parents@thewillow.haringey.sch.uk (this will go to Umarani Nathan only)















