

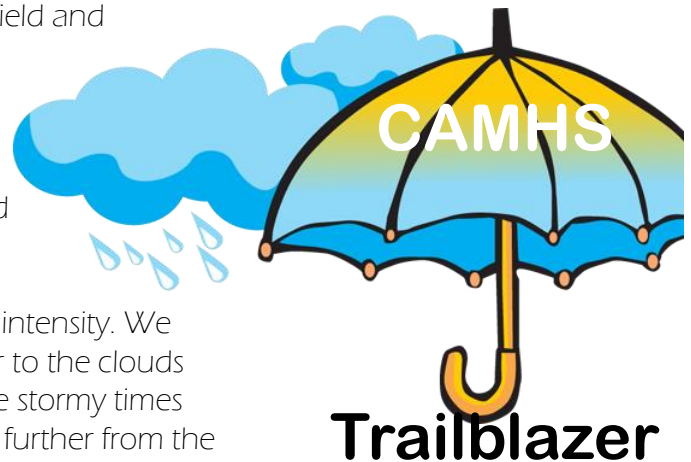
# Haringey Trailblazers

## Who Are Haringey Trailblazers?

Haringey Trailblazers are a group of healthcare professionals in schools. We support emotion wellbeing and some earlier experiences of Mental Health.. Our team includes practitioners, play therapists and a speech and language therapist. We are all trained for our fields and work together to help children and their families.

## How Are You Linked with CAMHS and Mental Health?

Haringey Trailblazers are part of the Barnet, Enfield and Haringey Mental Health Trust and linked to Haringey CAMHS. Whilst some things about us are the same (like our HQ and values), we often have a different focus. We partner schools to support children with less severe and persistent difficulties.. Whilst some of our work helps Mental Health, we often work around 'Emotional Wellbeing' which reflects the lower intensity. We could imagine our team like an umbrella, closer to the clouds are CAMHS who protect young people in more stormy times and down the bottom are Trailblazers who are further from the storm and work hand-in-hand in with schools and families.



## What Do You Do?

We offer different input for different schools and individuals, always working as partners. We may run small groups on emotional wellbeing, friendships, etc. We may work individually with some young people to help those feeling worried or down. We also work with parents, showing how to support the child as a parent. Every input will talk through challenges and build skills to help!

## When Will Sessions Happen?

Schools have an allocated practitioner, they link in with the school and agree sessions for a set day. Sessions all occur within school time for 30mins to 1 hour. Input usually lasts for 6-8 sessions.

## Why Has My Child Been Invited?

The reason for your invitation should be explained by your school or in the referral sheet. Often referral is due to difficulties with emotions, behaviours or interactions with others. An invitation isn't a bad thing though, there's no black mark, no blaming and no judgement, this input is just a chance to learn skills and get better!

## How Can I Find Out More?

You can find out more through your school, by contacting us via email

([beh-tr.camhstrailblazerinbox@nhs.net](mailto:beh-tr.camhstrailblazerinbox@nhs.net)) or visiting our website

(<http://www.behcamhs.nhs.uk/contact-us/trailblazers.htm>).

Barnet, Enfield and Haringey

Mental Health NHS Trust



TRAILBLAZERS




## TRAILBLAZER PARTNERSHIPS



 THE ANCHOR APPROACH



 Haringey CCG  
Barnet, Enfield and Haringey  
Mental Health NHS Trust

 Open Door  
40 years of listening to young people

### CONTACT INFORMATION

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