



The Brook Special School
Broadwaters Inclusive Learning Community
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4th March 2024

Dear Parents and Carers,

The Brook school is delighted to inform you of the continuation of the parent workshops. This expertise is on offer to all parents with children at The Brook school.

The workshops will take place during the next months leading to summer. The aim is to support you to understand and identify, amongst other things, your children's behaviour, triggers, adverse experiences and crises. The dates will be announced soon. There is no charge for these workshops. The workshops will be led by Carlos Teixeira, the Behaviour and Wellbeing Lead at The Brook, who intend that the sessions will be conducted in a manner where you have every opportunity to participate and feel welcome without any kind of preconceptions.

We would like to know if you are interested to participate in these free workshops. If you are interested, please return the form below and we will make contact with you to give you further details.

Kind regards

Carlos Teixeira



Mr. Carlos Teixeira

MSSc, DSC, PGCE (special needs and inclusion), NLP Life Coach (ICF certified)

Carlos has been working in the Brook for over 13 years. He is well versed in the diversity and particularities of our community.

Carlos has been involved in a variety of education settings for over 20 years. His interest in behaviour coupled with his mentoring and coaching skills has meant that he has already started to coach parents and colleagues, supporting them to identify areas of development and improve practice.

Core skills:

- Positive Behaviour Support
- Functional Behaviour Assessment
- Adapted Sports and Swimming Training
- Mentoring and Life Coaching



Parent Workshops with Carlos Teixeira

Your name: _____

Name of your child and class: _____

What particular topic/s would you like to be discussed?

