

# Broadwaters' Inclusive Learning Community Summer Menu 2022-2023

The Brook Special School, The Willow, Children's Centre

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Week 1 dates: 01-05-23, 05-06-2023, 03-07-2023

Week 2 dates: 08-05-23, 12-06-2023, 10-07-2023

Week 3 dates: 15-05-23, 19-06-2023, 17-07-2023

Week 4 dates: 22-05-23, 26-06-2023

**ALL FOOD is HALAL**

**EVERY day we have fresh  
salads, fruit, bread,  
seasonal vegetables.**

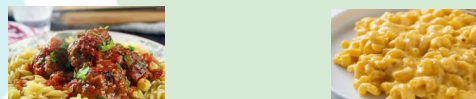
## Week ONE

Beef bolognese Spaghetti  
Tuna pasta bake  
Jackets potatoes with choice of filling  
Green beans & carrots, bread/salad bar  
Coconut rice pudding, Fresh fruit



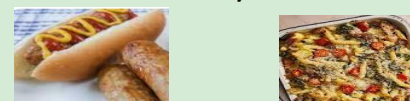
## Week TWO

Lamb meatballs & Fusilli pasta  
Macaroni cheese  
Garlic bread/salad bar  
Peach slices/fresh fruit



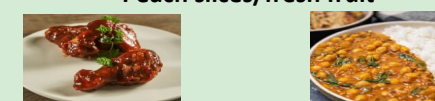
## Week THREE

Chicken sausages & hotdog buns  
Sweetcorn/Diced herby potatoes  
Carrots & peas  
Mediterranean pasta bake  
Bread/salad bar  
Peach slices/fresh fruit



## Week FOUR

Bbq chicken  
Vegetable rice  
Garden peas & carrots  
Lentil chickpea curry  
Bread/salad bar  
Peach slices/fresh fruit



Chicken fried rice  
Chicken stew & rice  
Savoury couscous & vegetables  
Broccoli & mixed veg, bread/salad bar  
Freshly baked ginger biscuits/fresh fruit



Chicken & potato korma curry  
Turmeric rice  
Green beans & carrots  
Vegan chow mein  
Bread/salad bar  
Cinnamon churros/fresh fruit



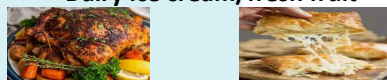
Chicken tikka masala  
Steamed rice  
Vegetable lasagne  
Green salad  
Bread/salad bar  
Freshly baked scones/fresh fruit



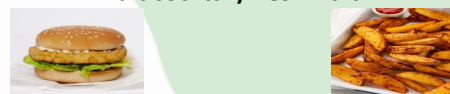
Cottage pie & wedges  
Spanish omelette & wedges  
Mixed vegetables  
Bread/salad bar  
Pancakes & chocolate/strawberry sauce



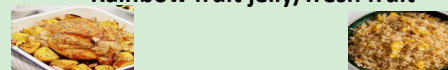
Cajun roast chicken, herby potatoes,  
stuffing, carrots & peas  
Cheese, onion & potato pasty  
Bread/salad bar  
Dairy ice cream/fresh fruit



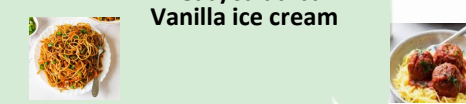
Chicken/beef/vegetable burger in bun  
Chips/potato wedges  
Baked beans/salad bar  
Fruit cocktail/fresh fruit



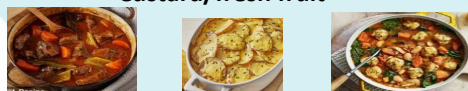
Roast chicken, herby potatoes, stuffing,  
carrots & peas  
Egg fried rice  
Bread/salad bar  
Rainbow fruit jelly/fresh fruit



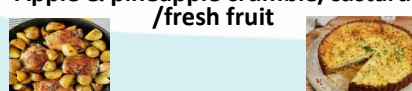
Beef chow mein  
Carrots & peas  
Squeaky bean meatless meatballs & spaghetti  
Bread/salad bar  
Vanilla ice cream



Beef/veg casserole & cream potatoes  
Seasonal vegetables  
Jacket potatoes & cheese/beans  
Bread/salad bar  
Custard/fresh fruit



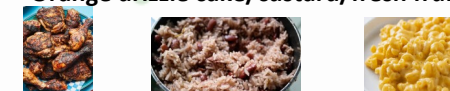
Lemon roast chicken  
Roast new potatoes  
Chees & onion quiche  
Bread/salad bar  
Apple & pineapple crumble/custard  
/fresh fruit



Lamb lasagne & seasonal vegetables  
Quorn vegetarian curry & Vegetable rice  
Bread/salad bar  
Marble cake/custard/fresh fruit/milk



Jerk Chicken, rice & peas  
Macaroni cheese  
Broccoli & carrots  
Bread/salad bar  
Orange drizzle cake/custard/fresh fruit



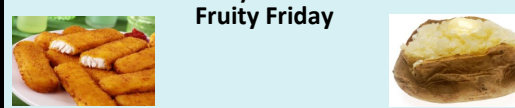
Cod fish bites/fisherman pie & chips  
Cauliflower & cheese bake & chips  
Baked beans/peas  
Bread/salad bar  
Fruity Friday



Battered fish/chicken nuggets  
Vegetable samosas  
Potato wedges  
Baked beans/salad bar  
Fruity Friday



Fish fingers/jacket potatoes & cheese/beans  
Cheese & tomato pizza/veg spring rolls  
Chips/baked beans  
Bread/salad bar  
Fruity Friday



Fish goujons  
Vegetarian tortilla wraps  
Chips/baked beans  
Bread/salad bar  
Fruity Friday

