

Poppy Class – COVID Summer planning

Everyday routine ideas

Circle time – allocated time to talk about different topics. This activity can work as a nice time to spend with the kids to talk about different things. We can check how they feel emotionally, what are their worries, celebrate good things and positives of the day/week, have a sense of routine at home, look ahead at what is going to happen during the day/week.

Sing hello + emotions – Singing a good morning/afternoon/hello song as an introduction to talk about how are we feeling today. Knowing and recognising how we are feeling can help our children's wellbeing and self-regulation skills.

<https://youtu.be/tVlcKp3bWH8>

<https://youtu.be/fN1Cyr0ZK9M>

<https://youtu.be/aeQInIMpizl>

What day is today? + Calendar – Having a visual calendar where the kids can cross out what day is today is very helpful for their emotional wellbeing. You can also add special events, like birthdays or appointments and use it as a visual planner for the kids. This strategy will support them emotionally and will support them with the development of their flexibility skills.

Calendars: <https://www.calendarpedia.co.uk>

<https://youtu.be/v608v42dKel>

<https://youtu.be/nSuj1Z5pqfl>

<https://youtu.be/mXMofxtDPUQ>

<https://youtu.be/loINI3Ln6Ck>

<https://youtu.be/qNJRGHk7sN8>

<https://youtu.be/36n93jvkDs>

Weather – Checking the weather outside will help to develop observational, maths and science skills. You can make a weather chart and register weekly/monthly weather and count how many sunny, rainy, cloudy, etc. days we had during each month/week.

<https://youtu.be/HpTpQC0JDtl>

<https://youtu.be/RmSKsyJ15yg>

<https://youtu.be/fU5DQrSbXls>

Phonics + Alphabet – Recall the alphabet and the letters' sounds is a nice activity that children usually like. You can also link the letters' sounds to everyday things like the names of the members of your family, objects from the kitchen, garden, living room, colours, etc.

<https://youtu.be/ffeZXPtTGC4>

<https://youtu.be/pyKdUpJQBTY>

https://youtu.be/_Wp0vZnR_FM

https://youtu.be/EjOd6uPj_6c

<https://youtu.be/tKsli1MH4lw>

<https://youtu.be/xfDHQ0-ILSw>

Movement Breaks – When changing activities or thinking that kids have been sitting for too long is good to shake our bodies and be able to do it with fun! These breaks also help with the development of self-regulation strategies and positive relationships with others.

<https://youtu.be/388Q44ReOWE>

<https://youtu.be/ALcL3MuU4xQ>

<https://youtu.be/l4WNRvVjiTw>

<https://youtu.be/LMxtwzroMTQ>

<https://youtu.be/1gUbdNbu6ak>

<https://youtu.be/DpgKyq3WCuw>

<https://youtu.be/JRM AptlBgTk>

https://youtu.be/JV-D_K4drsA

Reading

Reading as a daily activity is recommended. You can include it in your night/day time routine. You can also use these online resources to keep learning about phonics and work on reading activities.

<https://www.teachyourmonstertoread.com>

<https://www.busythings.co.uk>

https://www.kidsworldfun.com/ebooks_page3.php

Maths

Counting and maths games are also activities that the children usually enjoy doing on the computer. You can find plenty of activities here:

<https://www.topmarks.co.uk>

<https://www.busythings.co.uk>

* All these activities are recommendations and things that you can do with your child when you are all emotionally ready. The COVID circumstances that we are all living are very traumatic and disruptive so be gentle with yourself and your kids. Prioritise your and your family's emotional wellbeing. Try to take this as an opportunity to spend extra time with your kid and learning about life skills is important too. We will go through this together.