



Remember what's important! Be together,
play together, talk together.

A challenge a day

Week 1



Grow your own rainbow

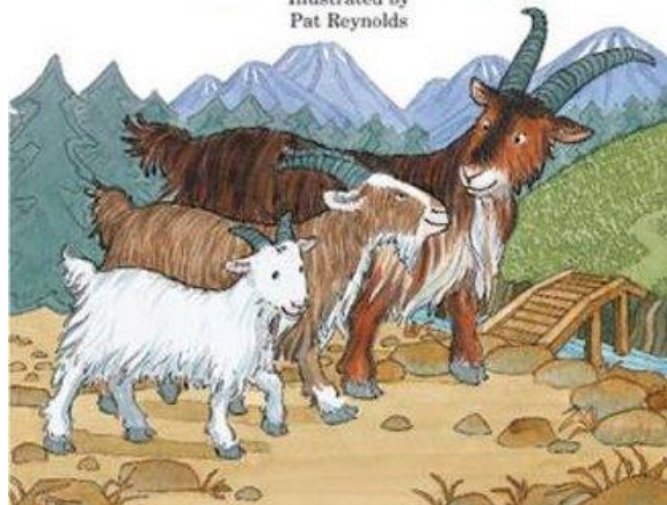
- Cut some kitchen towel into the shape of a rainbow
- Colour a rainbow using felt tips 2cms on either side of the rainbow
- Let this dry – very important
- Attach a paper clip to the top, threading some string through it – (this will give you something to hold the rainbow with)
- Fill 2 small containers with water
- Hold your rainbow with the ends slightly submerged in the water
- Watch your rainbow grow



The Three Billy Goats Gruff

Retold by Annette Smith

Illustrated by
Pat Reynolds



- Read or re-tell a favourite story. You can listen to stories together on YouTube
- Talk about what happens in the book. What was yours or there favourite part?
- Which character did you/they like best? Why?
- How do you think a character might have felt?
- Use a different voice for the different characters
- Add sound effects using things you find in the house



Building with
plastic/paper cups

Bubble snake

Cut away the bottom of a bottle

Put a sock over the opening you have made

Secure with an elastic band

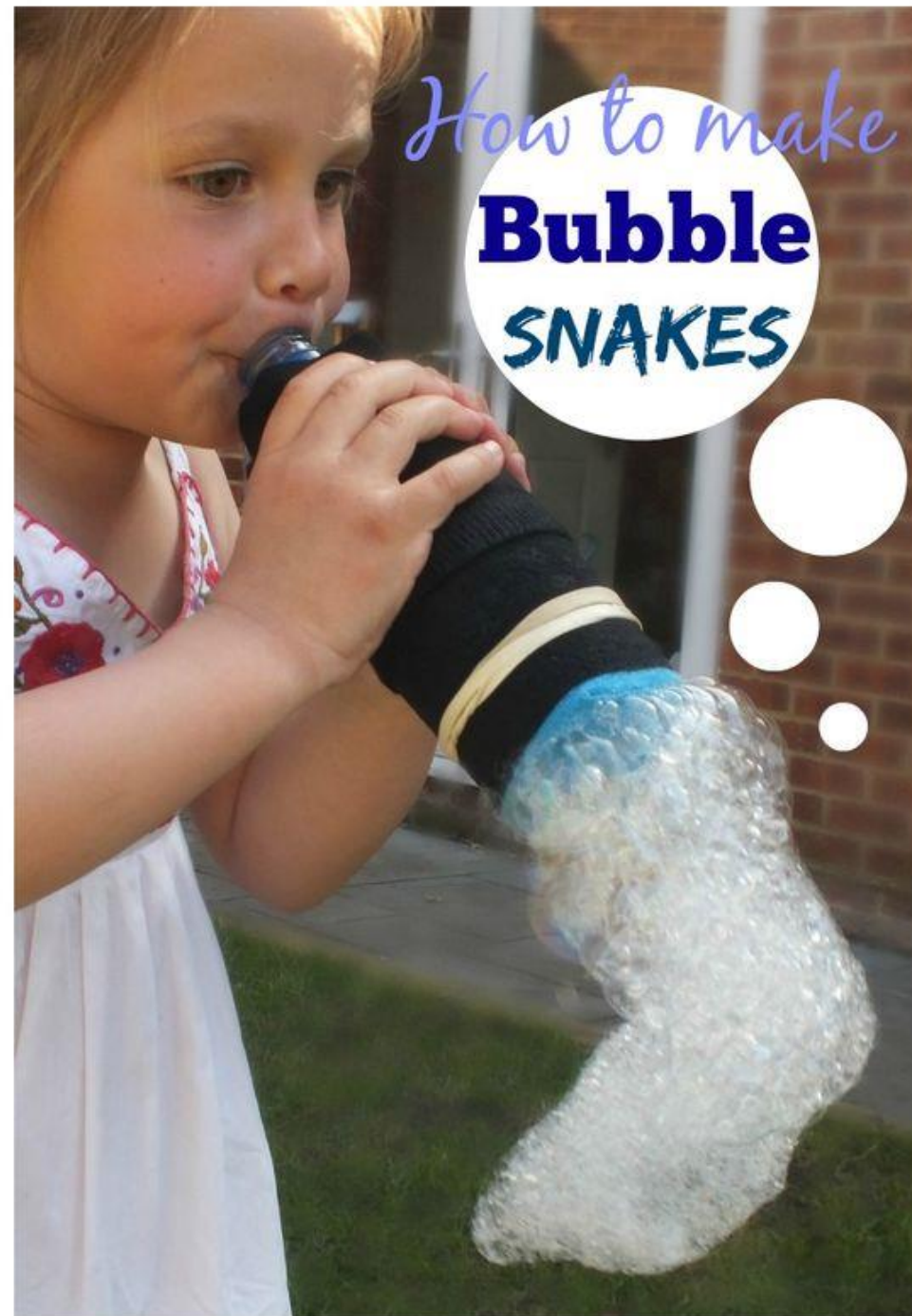
Dip the sock into bubble mixture or soapy water

Blow

Who made the longest bubble snake?

Experiment with how much water and or washing up liquid you need to make the best bubbles

Add food colouring to make rainbow bubbles





<https://www.pinterest.co.uk/pin/422423640050378381/>

<https://www.pinterest.co.uk/pin/766174955342249377/>

Useful web links

- <https://hungrylittleminds.campaign.gov.uk/>
- <https://www.bbc.co.uk/cbeebies/topics/numeracy?page=2>
- <https://www.bbc.co.uk/cbeebies/topics/literacy?page=2>
- **Early Years Science**
- <https://www.science-sparks.com/category/early-years-science-2/>
- **Outdoor and nature-based ideas**
- <https://creativestarning.co.uk/early-years-outdoors/100s-of-wonderful-outdoor-and-nature-based-ideas-from-around-the-world-wide-web/>