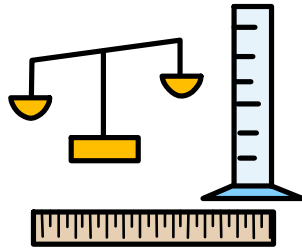


1

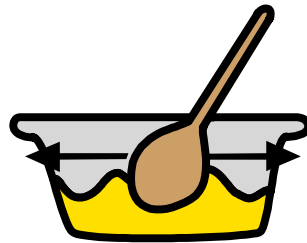


Wash hands

2

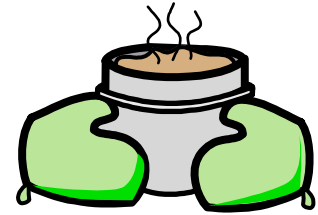


Measure



Mix

3



Bake



Clean

Macaroni and Cheese Recipe

- 1) Bring a large pot of lightly salted water to the boil. Cook macaroni in the boiling water, stirring occasionally until cooked through but firm to the bite, 8 minutes. Drain.
- 2) Melt butter in a saucepan over medium heat; stir in flour, salt and pepper until smooth, about 5 minutes. Slowly pour milk into butter-flour mixture while continuously stirring until mixture is smooth and bubbling, about 5 minutes.
- 3) Add Cheddar cheese to milk mixture and stir until cheese is melted, 2 to 4 minutes. Fold macaroni into cheese sauce until coated.

Ingredients

Serves: 4

225 g macaroni pasta

55g butter

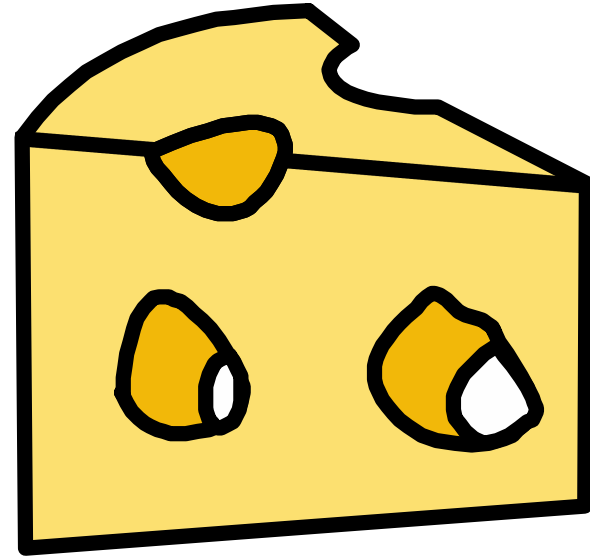
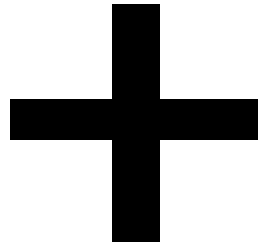
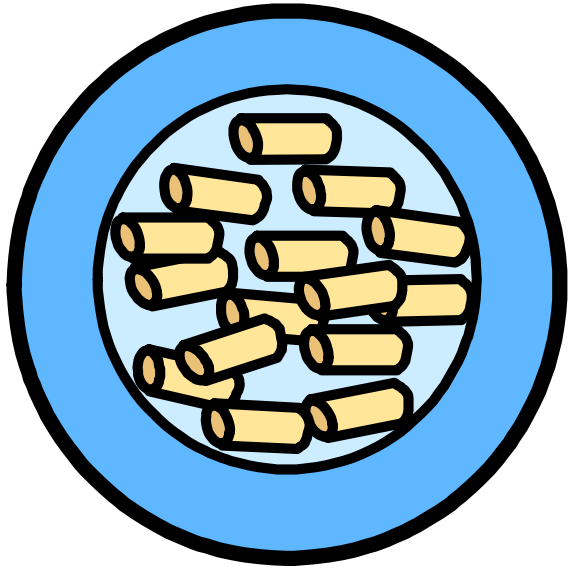
30g plain flour

1/2 teaspoon salt

freshly ground black pepper to taste

475ml milk

225g grated Cheddar cheese



Macaroni

and

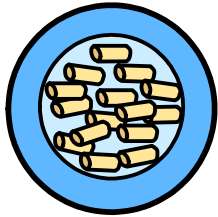
cheese!



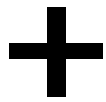
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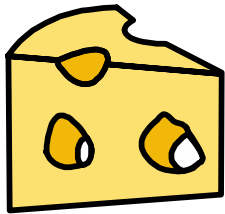
Date:



Macaroni



and



cheese

1) Name all the ingredients you need.

2) Follow the recipe, one step at a time.

3) Wait for the meal to cool down, and enjoy!

4) Cayden, did you like this lesson? Yes / No

Independent (I) Spoken Help (SH) Gestural Help (GH) Physical Help (PH) Sensory Experience (SE)

Exp 1: To identify 3 parts of a cooking recipe

Exp 2: To complete 3 parts of a recipe

Exp 3: To describe an ingredient using 2 adjectives

NS:

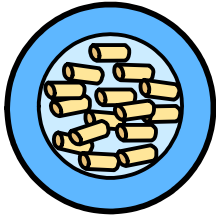
Purpose: to cook a three part recipe



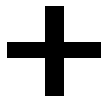
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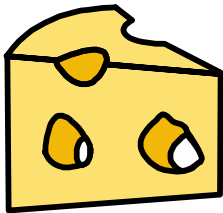
Date:



Macaroni



and



cheese

1) Name all the ingredients you need.

2) Follow the recipe, one step at a time.

3) Wait for the meal to cool down, and enjoy!

4) Bilaal, did you like this lesson? Yes / No

Purpose: to cook a three part recipe

Independent (I) Spoken Help (SH) Gestural Help (GH) Physical Help (PH) Sensory Experience (SE)

Exp 1: To identify 3 parts of a cooking recipe

Exp 2: To complete 3 parts of a recipe

Exp 3: To describe an ingredient using 2 adjectives

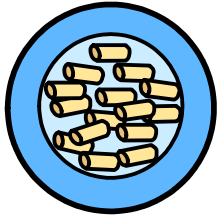
NS:



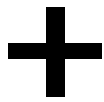
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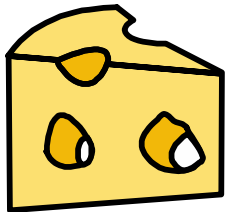
Date:



Macaroni



and



cheese

1) Name all the ingredients you need.

2) Follow the recipe, one step at a time.

3) Wait for the meal to cool down, and enjoy!

4) Queenjane, did you like this lesson? Yes / No

Purpose: to cook a three part recipe

Independent (I) Spoken Help (SH) Gestural Help (GH) Physical Help (PH) Sensory Experience (SE)

Exp 1: To identify 3 parts of a cooking recipe

Exp 2: To complete 3 parts of a recipe

Exp 3: To describe an ingredient using 2 adjectives

NS:

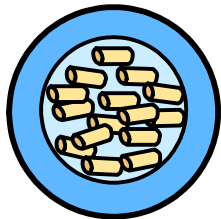


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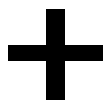
Ben:



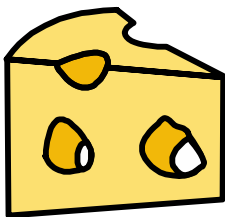
Date:



Macaroni



and



cheese

1) Name all the ingredients you need.

2) Follow the recipe, one step at a time.

3) Wait for the meal to cool down, and enjoy!

4) Ben, did you like this lesson? Yes / No

Purpose: to cook a three part recipe

Independent (I) Spoken Help (SH) Gestural Help (GH) Physical Help (PH) Sensory Experience (SE)

Exp 1: To identify 3 parts of a cooking recipe

Exp 2: To complete 3 parts of a recipe

Exp 3: To describe an ingredient using 2 adjectives

NS:



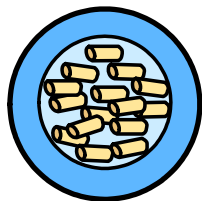
Name:

Flora:

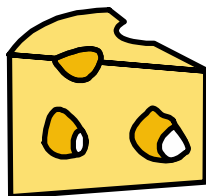


Date:

April 2020



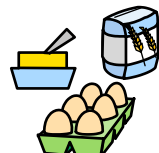
Macaroni



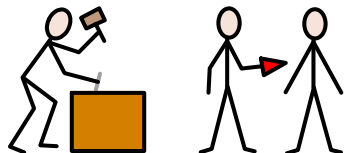
and Cheese



What

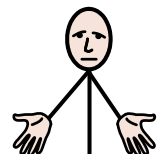


ingredients

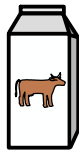


do

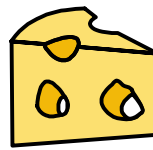
you



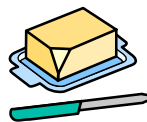
need?



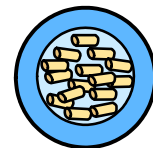
Milk



Cheese



Butter



Macaroni



Flour



Salt



Pepper



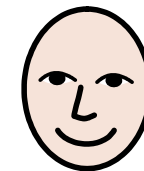
Boil



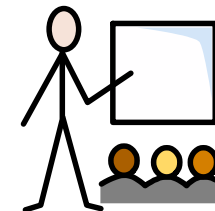
Fry



Mix



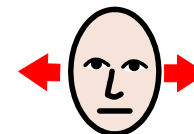
like



lesson?



Yes



no

Purpose: to cook a simple dish and stay safe

Independent (I) Spoken Help (SH) Gestural Help (GH) Physical Help (PH) Sensory Experience (SE)

Exp 1: To identify 2 parts of a cooking recipe

Exp 2: To complete 2 parts of a recipe

Exp 3: To describe an ingredient using 2 adjectives

NS:



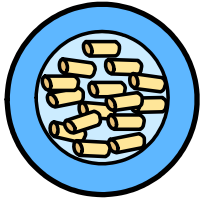
Name:

Iggy

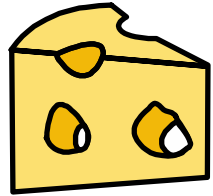
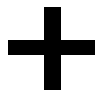


Date:

April 2020



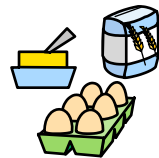
Macaroni



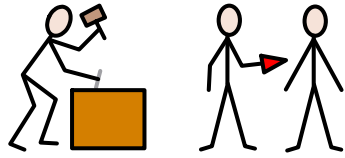
and Cheese



What

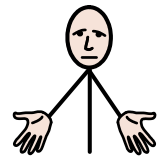


ingredients

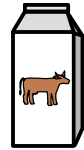


do

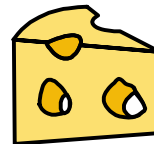
you



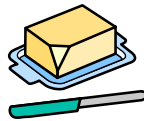
need?



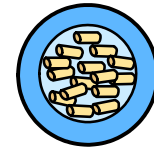
Milk



Cheese



Butter



Macaroni



Flour



Salt



Pepper



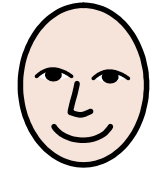
Boil



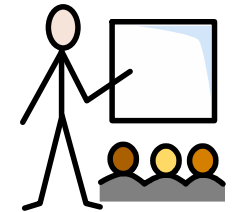
Fry



Mix



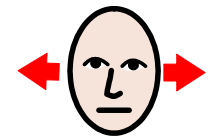
like



lesson?



Yes



no

Purpose: to cook a simple dish and stay safe

Independent (I) Spoken Help (SH) Gestural Help (GH) Physical Help (PH) Sensory Experience (SE)

Exp 1: Identify 2 Steps

Exp 2: Maintain safe space (boiling water)

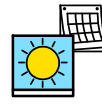
Exp 3:

NS:



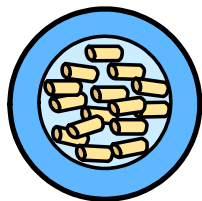
Name:

Eloise:



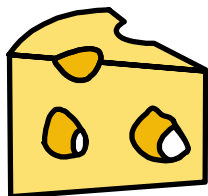
Date:

April 2020



Macaroni

+

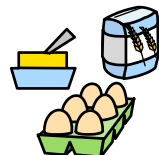


and

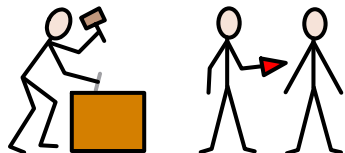
Cheese



What



ingredients

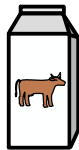


do

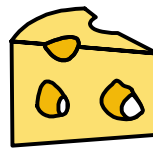
you



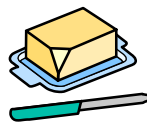
ned?



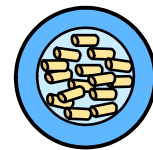
Milk



Cheese



Butter



Macaroni



Flour



Salt



Pepper



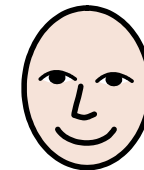
Boil



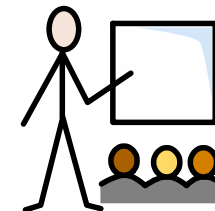
Fry



Mix



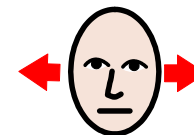
like



lesson?



Yes



no

Purpose: to cook a simple dish and stay safe

Independent (I) Spoken Help (SH) Gestural Help (GH) Physical Help (PH) Sensory Experience (SE)

Exp 1: To identify 2 parts of a cooking recipe



Exp 2: To complete 2 parts of a recipe



Exp 3: To describe an ingredient using 2 adjectives



NS:

