

## Healthy Breakfast muffins



This week I would like you to demonstrate the cooking skills you have learnt at school at home. You are going to make 'breakfast muffins'. This is an easy to follow recipe and you can show off your chopping, mixing and presentation talents.

The recipe is a guide so substitute anything you do not fancy. Alternatively, experiment by adding things, which you think will taste better. The most important thing is for you to have fun.



The recipe, cooking instructions and video clip of how to make the muffins is at the following website

<https://www.wellplated.com/healthy-breakfast-egg-muffins/>



Good luck, enjoy and as always if you want to please send a picture of how you get on :0)