

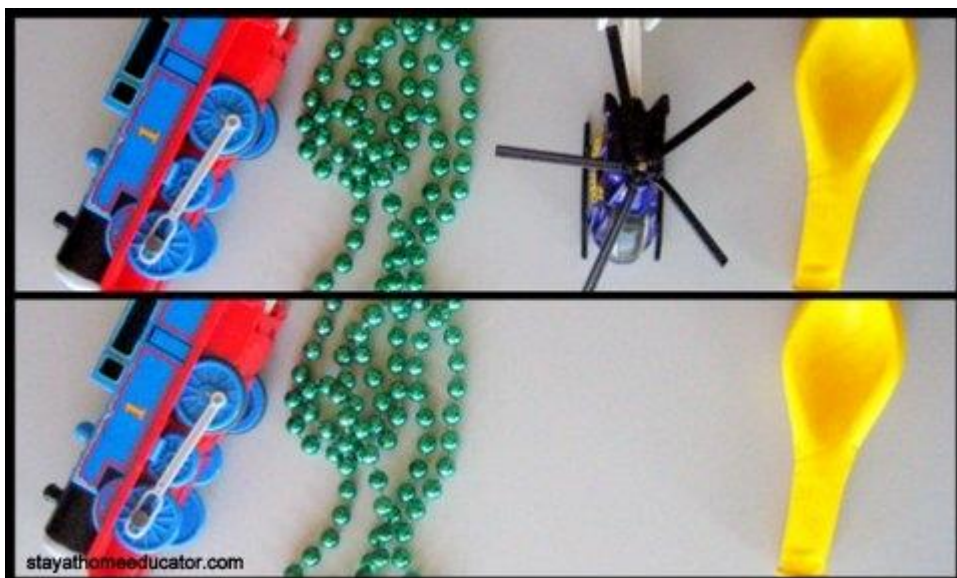
VISUAL MEMORY TRAY GAME

Basic memory skills include the ability to recall information. One specific type of memory is visual memory, which specifically describes the relationship between what the brain has seen and its ability to retrieve and apply that information. Many studies have shown a correlation between poor visual memory skills and poor achievement in school, most often for children with learning disabilities such as dyslexia, autism, and ADHD.

Why is visual memory so important? They are used in everyday life. Recall the last time you read a map for directions, or memorized a phone number to dial. Children rely on visual memory to learn the subtle differences in the shapes of letters and numbers. As children grow and develop, their visual memory skills will also. Developing such skill is a step by step process that can be improved with practice.

Below is a quick game that can improve a youngster's visual memory skills.

Begin with a basket of toys and objects that are familiar to your child. Place a few items on a tray and ask your child to name them. Then have your child close his eyes while you remove one object from the tray.



Ask your child to open his eyes and name what object was taken away.



The number of objects you choose to use for this activity should depend on the age and ability level of your child. Begin with 5 and judge from there.

It is also appropriate for you to demonstrate the activity a few times as well. Your child will benefit from hearing your thinking and processing as you explain your answer to which object was removed.