

## Dragonfly class activity week 8

### Microwave Puffy Paint Edible Paint Recipe

#### You will need:

2 tbsp self-rising flour  
2 tbsp salt  
Food colouring  
Water  
Paintbrushes  
Glue spreaders

#### Method

1. Mix the flour and salt and some food colouring together in a bowl. Add more food colouring if you require a darker colour
2. Add water, a little at a time, and mix the flour, salt, and food colouring mixture into a smooth spreadable paste (the consistency should be like a thick yogurt)
3. Repeat the process to make a variety of colours
4. Use the paintbrushes and glue spreaders to paint a picture. Use the paint to make a thick layer as the more paint you add, the bumpier the finished picture will be
5. Microwave the finished painting for 10 -30 seconds, depending on how thick the paint is. The paint should be dry and hard once it has been microwaved

