

SIR GABRIEL WOOD'S MARINERS' HOME

ANCHOR NEWS



JAN/FEB 2016

Issue 22

ENTERTAINMENT & TRIPS HIGHLIGHTS

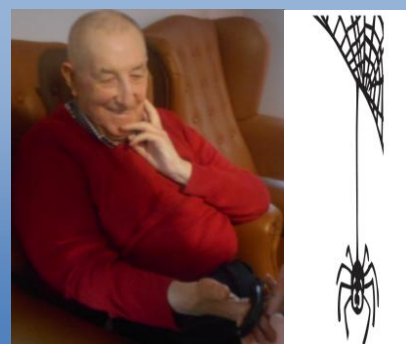
JAN

Rowantree & Lunch	12 th
Sing-a-long Afternoon	13 th
Kenny Wilson	18 th
All day trip to Largs	20 th
Party Night/Angela Duncan	26 th

FEB

Zoo Lab	1 st
Arts & Crafts	2 nd
Music in Hospitals	3 rd
Valentine Party Night	16 th
Clydebank Trip	17 th

ZOOLAB ANIMAL THERAPY



What do you get if you cross a parrot with a millipede?? A walkie talkie!! Yes you guessed it Zoolab paid a visit with their array of exotic pets. Tommy Morrell pictured above left made friends with the giant African land snail while Bert Baxter was happy to get to know Marvin the giant millipede! Other creatures brought in on the day included Tarra the tarantula, Sally the corn snake who is currently forming an egg and an emperor scorpion that didn't have a name but resident Graham Harley named him Rocky before the day was over.

MUSIC IN HOSPITALS

Music in Hospitals are a charity that provide professionally performed live music to hospitals, hospices and care homes etc. We have had performances from them many a time but on this occasion the dance floor was rocking. One man band Charlie Gorman had residents enthusiastically belting out the likes of Loch Lomond and Proud Mary. "The Home" got excellent feedback from Music in Hospitals with the performer quoting "I have been to Mariners' 3-4 times now. The staff are amazing, always very attentive & getting so involved at each concert, encouraging the men up to dance then partnering them for each dance. Charlie went on to say that of all the places he visits "Mariners" has one of the most involved & committed staff teams". We'd like to thank Music in Hospitals for their feedback and look forward to their next performance.

JANUARY BIRTHDAYS

Jim Thomas	4 th
Robert Baxter	12 th
John Steele	15 th
Graham Harley	18 th
Harry O'Hara	28 th
Michael Gatens	31 st

FEBRUARY BIRTHDAYS

Robert McPaul	6 th
Tony Arden	12 th
Alastair Cram	19 th

TRAINING

In house training courses for January and February were:-

- Fire Safety
- Person Centred Care Plan
- Challenging Behaviour





ROSES ARE RED



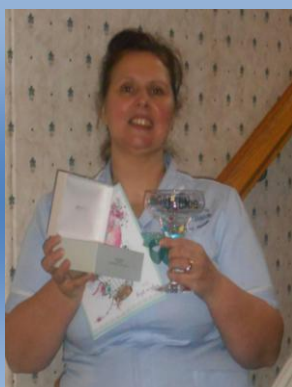
Resident Harry pictured above was delighted to receive a valentine card from Administrator Katie. When she asked Harry to be her valentine Harry's reply was "Ahh you'll get me a divorce, course I will!!" Anyway great fun was had at valentine's arts and crafts day as usual. The art session was topped off with a cuppa tea and some homemade loveheart shaped shortbread courtesy of Rosemary our head cook. Lovely!!

THE CLYDESIDE SINGERS



In keeping with the valentine theme, the Clydeside Singers appeared for our party night dressed in the colour of love!! A great performance and mood booster from them on the night as always with residents enjoying every song that was belted out!!

HAPPY 50th!!



Care assistant Jacquie Boyle was overcome with emotion when staff presented her with birthday gifts for her 50th. We expected this reaction from her as Jacquie who has a very caring, giving nature is so used to being the one doing the giving!! In her years working in "The Mariners" Jacquie has donated many a gift from something for a manager to wonderful homemade gifts for one of our raffles. We'd like to thank Jacquie for her kindness and wish her a very happy birthday from management and staff.

30 Years Service!!

Well done to Assistant Cook Barbara Docherty who just reached 30 years service working at "The Mariners" Barbara who works in the pantry said she thoroughly enjoys her job and has no intentions of retiring just now. Her hands are firmly planted in that sink for now!! Steven (General Manager) presented Barbara with a certificate to commemorate her service and also gifted her with beautiful flowers and a crystal vase. Steven also thanked Barbara for her dedication and commitment over the years and thanked her on behalf of all staff. Barbara was delighted with her gifts and certificate and proudly announced later on that they take pride of place in her living room!! Well done Barbara!!



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"MARINERS" STAFF TRAINING ROOM



Care Assistant Margaret O'Hara

We are pleased to announce that our staff training room is now up and running with staff taking good advantage of the high spec equipment on offer. The room boasts 3 sleek PC's donated from Merchant Navy Welfare Board which can be accessed on request for staff to complete a wide range of mandatory training. Residents will also benefit from the new facilities which will especially be beneficial for keeping in touch with family who may be in another country. The M.N.W.B. previously paved the way for us to undertake cabin renovations and also set up a very effective IT programme for residents last year. We are sure our new IT room will prove popular with everyone and would like to take this opportunity to thank M.N.W.B for their continued support throughout the years.