

## **RESPITE**

Many people who care for someone with special needs/dementia feel worried or guilty about taking a break and leaving the person they are supporting.

Our qualified staff can provide short term/respice care for your loved one giving you peace of mind that they are in safe hands and also giving you the much earned break you need.

Caring for a loved one can be physically and mentally demanding. It's a role that requires 100 percent commitment. No matter how committed you are to the needs of the person you are caring for, you also need to make time for yourself.

If you would like further information on our respice service or to arrange a visit please [\*\*contact us\*\*](#) to see how we can assist you.