

Mosaic

Clubhouse

"I always leave feeling much better and more able to cope"

THE EVENING SANCTUARY

A free evening service providing short-term support to Lambeth residents who are currently experiencing a mental health crisis

Who we support



- We provide support for adults living within the borough of Lambeth, who are experiencing a mental health crisis.
- Members must have a current Lambeth address and be registered with a Lambeth GP surgery.
- Referrals can be made by any Lambeth medical professional.



What we provide

- A safe space for people going through a difficult time, someone to listen, a few hours away from everything.
- A selection of gentle activities including movies, arts & crafts, befriending group, board games, cooking skills, quiz night, yoga, knitting & mindfulness etc.
- Complimentary hot drinks and snacks for members.
- Peer support, shared experiences and signposting onto other more specific services.
- Open 7 nights a week from 6pm - midnight.



The Cafe



Quiet Space



The Patio

What our members say

"They listened and understood me, they were compassionate. They gave me time, it made me feel like somebody cared."




"The Evening Sanctuary has been a blessing. Somewhere to come. A different environment to gather your thoughts or to express how you are feeling. It's a relaxing and safe place to come."



Contact us

To refer somebody you support or to find out more information, please contact us via the details listed below:



0207 924 9657 

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mosaic-clubhouse.org 