### FOR IMMEDIATE RELEASE

Monday 26th June 2023

For media inquiries, please contact:

Chris Thomas
Chief Executive Officer

T: 020 7924 9657

E: c.thomas@mosaic-clubhouse.org



# HRH the Prince of Wales visits Mosaic Clubhouse in Brixton

Prince William today launches the Royal Foundation initiative 'Homewards', at a special visit to leading mental health charity.

Mosaic Clubhouse, a leading mental health charity in Lambeth, today hosted a visit by HRH the Prince of Wales to launch his new 'Homewards' initiative.

The visit will draw attention to the links between homelessness and mental health issues. Members met with the Prince to highlight the struggles that people face in Lambeth when trying to find safe and secure housing and how these can be impacted by and contribute to mental health issues.

Chris Thomas, CEO, Mosaic Clubhouse said:

"We are delighted that The Prince of Wales has chosen Mosaic Clubhouse as the venue for the launch of the Royal Foundation's new 'Homewards'. At Mosaic Clubhouse we know only too well how difficult finding secure housing can be, especially for people who are facing mental health issues. The Info Hub that our members and staff run side by side together, here at Mosaic, offers people practical advice and support to navigate housing issues. But we know that more action is needed. I know that our members had plenty of ideas to share with His Royal Highness as he spent time the morning with them!

As part of the visit His Royal Highness met with members of the Clubhouse community to discuss homelessness and mental health. He will also receive a tour of the Clubhouse and will see our community in action. Mosaic Clubhouse is a thriving Lambeth-based charity providing opportunities for residents living with mental ill health to regain the confidence and skills necessary to lead productive and satisfying lives. At Mosaic staff and members work together, side-by-side, to build a community where members can find and maintain their recovery by working and socialising together in a safe and welcoming environment.

Mosaic Clubhouse has been an important part of the Lambeth community since 1994. We have helped thousands of residents, as members and through our Info Hub which offers access to housing support, benefits advice, general health information and help with filling out forms and accessing services.

Our members said:

"As a young adult in the Clubhouse, I have found Mosaic Clubhouse so useful, and it has saved and changed my life. I wish I had found out about Mosaic Clubhouse before, in my younger years." Chenique, Mosaic Clubhouse member.

"The support that I get from Mosaic Clubhouse is amazing. The staff at the Clubhouse are very professional and helpful. They are always there when you need them. I got a lot of support to help build my self-confidence as I did not have a lot of confidence prior to starting. A lot of support was also given to me to help me deal with my mental health issues and other general concerns that I had." Louise, Mosaic Clubhouse member.

Members will be available for interview before and after the visit.

### Notes to editors:

In the most recent financial year Mosaic Clubhouse has enabled:

- 501 members to engage in the co-delivery of our work on an impressive 18,385 different occasions.
- 32 members, through our Employment Programme, to progress into paid employment.
- 21 young people to secure education and training outcomes and a further 12 to progress into employment.
- 68 members, through our Education Programme, to participate in vocation training opportunities and a further 54 progressed into external educational.

# For media inquiries, please contact:

Chris Thomas
Chief Executive Officer
T: 020 7924 9657

E: c.thomas@mosaic-clubhouse.org

### **Address**

Mosaic Clubhouse 65 Effra Road London SW2 1BZ

# Brixton Market Brixton Market BRIXTON BRIXTON BRIXTON BRIXTON BRIXTON BRIXTON BRIXTON Comparissi London Parissi London Parissi Cafe Near y... Parissi Cafe Near y... Mervan Koala Coffee Mosaic Clubhouse Mosaic Clubhouse A2214 Beautiful Additional Parissi Cafe Near y... Brixton Village Mkt Evelyn Grace Acader PARISSI Parissi London Parissi Cafe Near y... Mervan Koala Coffee Death Additional Parissi Cafe Near y... Baytree Rd Mervan Rd Mosaic Clubhouse A2214 Death Additional Parissi Cafe Near y... Baytree Rd Mervan Rd A2214 Death Additional Parissi Cafe Near y... Baytree Rd Mervan Rd A2214 Death Additional Parissi Cafe Near y... Baytree Rd Mervan Rd Beat Additional Parissi Cafe Near y... Baytree Rd Mervan Rd Beat Additional Parissi Cafe Near y... Baytree Rd Mervan Rd Beat Additional Parissi Cafe Near y... A2214 Death Additional Parissi Cafe Near y... Baytree Rd Mervan Rd Baytree Rd Mervan Rd Baytree Rd Mervan Rd Baytree Rd Mervan Rd Baytree Rd Ba

# Website

https://www.mosaic-clubhouse.org/

### **Social Media**

Instagram: @mosaicclubhouse Twitter: @MosaicClubhouse

Facebook: https://www.facebook.com/mosaicclubhouseUK



# **Testimonials from our Members**



One of our members, Chantal, has recently found a new job, here's her story.

My journey began when I was looking for work and someone at Mosaic showed me this beautiful opportunity that had arisen to work for national charity. I had previously done a Transitional Employment Placement with Mosaic which helped me in being assertive and knowing that I am capable of working accurately and within data protection. An Engagement Worker at Mosaic reviewed my application, I prepared for the interview, and got the job!

At first I was nervous but excited to start. It was a snowy icy day and a lot of train cancellations due to the strike on my first day. But I told myself I will get there no matter what and took an alternative route until I rang my boss and she told me no trains are going there. So we arranged another day on that week.

The first day I got to meet the team and had a lovely Christmas dinner with them. They introduced themselves and we cracked jokes. It is a wonderful environment to work in and the colleagues are very hospitable.

I enjoy working as Network Support Administrator handling evaluation forms and filing along with data entry into the system. Working in this role built my self-confidence and made me realize what a working environment should be like and how working as a team is beneficial. Without a good team things won't work - its a bit like a jigsaw puzzle. I've found new skills I never knew I had, like how to do data entry in an efficient way.

It has improved my career goals by making me assertive and now I'm sure that this is the career I truly want to be part of and to go for my dreams.





My name is Mojisola.

I left the hospital in 2016 and I was referred to Mosaic Clubhouse. I really love coming to Mosaic and my purpose was to get a job. I was assigned to a support worker named Maz. One beautiful day at reception (I worked at the Mosaic reception, for the Business & Admin unit and I was also doing other tasks), Maz called me and said he had a Transitional Employment Placement (TEP) for me as a Facility Assistant, at Handle Recruitment, Oxford Circus.

I worked there for a year, and it stimulated my well-being having somewhere to go when I wake up in the morning. Leaving that job for a change of environment was my biggest regret – they loved me there and said I should stay forever, and they gave me vouchers, lots of flowers and birthday cakes for my birthday. Working there helped me with my CV and to get references. I've had a few jobs since then and I am now working part time as a Carer. I've been doing this for more than a year, the longest I've been in a job.

I still come to Mosaic, I do all the Salesforce (database) tasks and attend to the phone calls at reception. I love working at Mosaic because there is never a boring moment, and it keeps me mentally well. I have received employment and education support and have been a member of the Employment and Education unit too, and I am grateful for the employability skills I have gained through my involvement with both units.

I like working as a Carer, it's local, it gives me peace of mind. As we say in Nigeria, I'm content, it is my last bus stop.





I have been doing work in the Business and Administration unit since 2014 when I joined the Clubhouse.

I enjoy doing reception tasks because I like to know and get closer to people. I do Business and Administration work like recording incoming and outgoing posts, data entry of internal events, outreach, and shredding.

I enjoy it because I like to keep myself busy all the time. I like the Business and Administration unit because there are so many tasks to do, and the staff are very friendly, helpful and handy.

Coming to Mosaic has helped me a lot. Especially with my mental health, socialising and making friends.

Mosaic has helped me learn a lot, despite my disability. I am a renewed person that improves everyday thanks to Mosaic. Mosaic staff have been very helpful to me since I joined in all aspects of my life.

I wish all the best of the world to all the staff for their professionalism and care. God bless Mosaic Clubhouse.





Hi, I'm Jamell, I've been a member at Mosaic Clubhouse for three years.

When I first started, I was a bit nervous as it was a new environment and there was a lot of people everywhere during my early days of joining.

However, I did not let my fears stop me. So, I gave it a go and persisted in coming in and I'm so glad I did because I love it here!

As I got comfortable at Mosaic, I found myself loyal to the Business and Admin unit. Where I do a handful of tasks such as: reception, data entry and poster making. I also attend the young members meeting which I really enjoy, as it's a chance for me to meet people of similar age, experiences and interests like me.

In January 2022 I had the confidence in starting and completing the 'Customer Service and Reception' course with Morley college and then went on to do their level 1 course down in Stockwell. This experience was so interesting and useful for me and my personal goals – as this was my first time back in some sort of education in seven years.

Last summer I was referred to Spiral. Where I was assigned a work coach and I would meet with them here at Mosaic every Thursday. The sessions were excellent, and I really benefited from them. During our sessions we would work on my CV, look for a job and conduct mock interviews.

Eventually I was offered an interview with Black Prince Trust, Street Soccer London, as their new Admin Assistant. Where I was successful and got the job! I've just finished my online training and now just waiting on a start date.

Thank you to everyone at Mosaic for giving me the opportunity and many experiences that have helped me in my recovery. I am really looking forward to what the future holds.

Thank you all for listening!

