

**ARE YOU SUPPORTING SOMEONE WHO IS UNABLE TO COPE?
DO THEY NEED SOMEWHERE SAFE TO BE FOR A FEW HOURS TONIGHT?**

The Evening Sanctuary is a free evening service providing short-term support to Lambeth residents who are currently experiencing a mental health crisis.

We are open 7 nights a week from 6pm – 12am. We offer a calm, quiet space, people to listen, a hot meal, and gentle activities such as art, yoga, knitting, and board games.

If you are supporting somebody who is unable to cope and needs somewhere to go until they feel better, please complete the attached referral form in as much detail as possible and email it to; evening.sanctuary@mosaic-clubhouse.org

Please feel free to call us for more information or to discuss a referral on: 0207 924 9657



Testimonial from a previous member

“Whilst I was here I was able to be somewhere other than home for a few hours at night, which made me feel more relaxed. I knew there were people here I could talk to if I wanted to. I also knew I didn’t have to talk to people if I didn’t want to. It’s very relaxed; there is no pressure, but also activities if you want to pass the time.”



www.mosaic-clubhouse.org/sanctuary

Mosaic Clubhouse, 65 Effra Road, Brixton, SW2 1BZ

The Evening Sanctuary is a non-clinical service, we do not offer counselling or beds for the night.