

Mosaic

Clubhouse

Creating opportunities,  
Realising potential

# Start-up information guide

Standard 18. 'The Clubhouse is organised into one or more work units, each of which has sufficient staff, members and meaningful work to sustain a full and engaging work-ordered day.'

# Clubhouse



**Clubhouse**  
Development

For more information please contact  
[info@mosaic-clubhouse.org](mailto:info@mosaic-clubhouse.org)  
Or call: 020 7924 9657



## CREATING OPPORTUNITIES & RAISING POTENTIAL

Clubhouses are supporting and empowering people with mental health needs across the world, with over 300 active, in over 30 nations, working to common standards and accreditation.

We would like to see Clubhouses in every town – why not yours?

### WHY START A CLUBHOUSE?

#### **IT MAKES FINANCIAL SENSE**

Typically Clubhouses deliver £14 of social return for every £1 invested, reduce spend on hospital and residential placements and reduce strain on other public services.

#### **MEMBERSHIP IS MEANINGFUL**

The model is designed to ensure that there is genuine co-production, with members running the Clubhouse day to day alongside staff.

#### **OUTCOMES ARE SIGNIFICANT**

The focus on work and recovery means that members will increase confidence, independence and wellbeing.

#### **HEALTH BENEFITS ARE SUSTAINABLE**

With many people managing mental illness for the long term, a lifetime membership model means you can return for support if needed, in a cost-effective and flexible way.

#### **CLUBHOUSES ARE WORLD RENOWNED**

The international accreditation system ensures that best practice is delivered, whatever the environment or the size of the Clubhouse.

# HOW DO WE START A CLUBHOUSE?

## WITH OUR HELP YOU CAN START TODAY!

Mosaic Clubhouse in Lambeth, London, is committed to assisting others in growing the model and we can offer advice on fundraising, structure & staffing, policies & procedures. Mosaic has over 20 years of experience and is an internationally accredited training centre for Clubhouse development.



Membership of a Clubhouse means: the right to a place to come, the right to meaningful work, the right to meaningful relationships, and the right to a place to return. Staff and members work side by side. This delivers value for money, high engagement and lasting positive impacts for health and wellbeing. It might seem daunting, but we can help.







# 7 STEPS TO START-UP

To ensure a successful start up, you'll need to do the following:

## 1 **ESTABLISH A START-UP GROUP**

This might be people living with mental illness, family members, mental health professionals, local politicians, community leaders, business people, and individuals who can help access funding for the Clubhouse. Alternatively, yours might be an existing organisation interested in becoming a Clubhouse.

## 2 **UNDERSTAND THE CLUBHOUSE APPROACH**

There are 37 standards common to Clubhouses; reading up on these is a good start. Mosaic has a useful guide explaining why each standard is important to the success of the model.

## 3 **FIND SOURCES OF FUNDING**

UK Clubhouses typically receive statutory funding from the local authority / NHS. Bringing someone from this field into the working group could be very helpful. There are other start-up, trust funding and donor routes which can be accessed.

## 4 **INFORM THE COMMUNITY**

Connections with local communities are vital to the success of the Clubhouse. Mosaic Clubhouse can provide written materials and support to explain what Clubhouses do and how strong partnerships between Clubhouses, employers, local authorities and other organisations can benefit the whole community.

## 5 FIND PARTNER EMPLOYERS

The Transitional Employment Programme (TEP) is a key function of Clubhouses. Finding local businesses and organisations that may be interested in offering placements, at an early stage, will mean that members can access these opportunities soon after start-up.

## 6 APPOINT A DIRECTOR / UNDERTAKE TRAINING

It's key to have the right person to lead the Clubhouse, in terms of drive, values and competency. Undertaking Clubhouse training is normally the best way to establish true commitment to the principles of the model. Mosaic Clubhouse is the UK's internationally accredited training centre and can assist with training of new staff.

## 7 FIND A BUILDING

A Clubhouse is usually a building with a range of spaces hosting different work units. Your building should be designed to facilitate the work ordered day and at the same time be attractive, adequate in size, and convey a sense of dignity and respect. It should be easily accessible for public transport and for people with different physical needs.







## WHAT DO MEMBERS SAY ABOUT THE CLUBHOUSE EXPERIENCE?

**THE FOLLOWING TESTIMONIALS ARE FROM MEMBERS OF MOSAIC CLUBHOUSE...**

*"I feel a bit more complete now I'm working. I can say I'm tired because I've been to work! I feel like everyone else. I'm more disciplined, I have more structure."*

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*"Coming here gives me a routine, confidence, and is improving my work skills."*

“

*"I was really bored before starting this job and I never used to wake up on time in the mornings. I feel good about myself and it is a privilege to wake up every morning having to wake up for a reason."*



*"I now have goals and a positive outlook for the future, real support and encouragement, people that can relate to and understand me and what I'm going through, all because of the Clubhouse and the service it provides."*

*"Members have a say in every part of the clubhouse, not just operationally, but also decision making about how to run and improve the clubhouse. The entire ethos is greatly empowering for members."*



# THE BEST WAY TO FIND OUT ABOUT WHAT CLUBHOUSES DO IS TO COME AND SEE FOR YOURSELF!

Our members are always happy to arrange tours of the Clubhouse. For further information, please contact us at:

Mosaic Clubhouse,  
65 Effra Road, Brixton, London, SW2 1BZ  
Tel: 020 7924 9657

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**Sign Up** for our newsletter @ <https://www.mosaic-clubhouse.org/>



**Clubhouse International**  
Creating Community: Changing the World of Mental Health