



ARM STRAP  
(SHORT) **Item (1)**

BODY STRAP  
(LONG) **Item (2)**

SHOULDER CUFF  
**Item (3)**



ATTACH AND JOIN  
THE VELCRO ON THE  
BOTTOM OF THE  
CUFF ENDS

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APPLY THE CUFF WITH  
THE LARGE CRYOCOOL  
WRITING AT THE TOP.

ON THE RIGHT  
SHOULDER THE WRITING  
WILL BE AT THE BACK  
WHEN APPLIED **(Item 3)**



APPLY THE SHORT STRAP  
TO THE ARM BY  
ATTACHING THE STRAP  
VELCRO AND WRAPPING  
THE STRAP AROUND  
THE ARM. **(Item 1)**

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**BACK**



**FRONT**

ATTACH THE LONG STRAP TO THE CUFF VELCRO AT THE BACK AND WRAP THE STRAP AROUND TO THE FRONT OF THE CUFF AND ATTACH TO THE FRONT VELCRO. **(Item 3)**

*NOTE: Adjustments can be made on the long strap for various sized bodies. **(Item 3)***

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