

Autism - From The Inside Out

21st January 2016, Totnes



Most people came to 'Autism – from the inside out' to gain a better understanding of Autism to help support people they work with.

We asked our attendees how they would rate our course presenters on their delivery style

100% said Excellent

We asked our attendees how they would rate our course presenters on the course material they used

92% said Excellent

8% said Very Good

100% of respondents said they were 'Very Likely' to recommend this course to others

A selection of open comments from attendees on what they learnt and will take away with them:

"I have more of an insight of the way someone with Autism feels and why they do the things they do"

"I came because I work with a lady who lives with Autism. I have worked with children who are Autistic and this course was fantastic. Very detailed. Would go again and recommend this. Very thought provoking."

"The course gets you to think of the person's world"

"Why it's important to self-monitor "

"The honesty from Judith was so useful."

"I learnt noticing non verbal communication indicators is important and not to judge these on your interpretation"

"Discussing how the brain works in relation to processing I'm still processing. Fantastic :)"

"What it must feel like to be in the body of someone on the spectrum"

"It has given me a good insight into how it is to live with Autism and the way others are toward it "

"Really positive, real life examples throughout. A lot of new things to consider"

"The best one I've attended! It gave me more of an idea on how to work with Autism in the future and how to improve my practice at work."

"It's important to take a step back and try to understand the language being used i.e. body language"

"People with Autism have their own unique ways of expressing and communicating their own reality"

"Will understand that certain "behaviours" are to help the people to deal with their situations e.g. too much noise etc."