

**Autism - From The Inside Out  
23<sup>rd</sup> June 2016, Dorchester**



**Most people came to 'Autism – from the inside out' to gain a better understanding of Autism to help support people they work with.**

**We asked our attendees how they would rate our course presenters on their delivery style**

70% said Excellent  
30% said Very Good or Good

**We asked our attendees how they would rate our course presenters on the course material they used**

60% said Excellent  
40% said Very Good

**100% of respondents said they were 'Very Likely' or 'Likely' to recommend this course to others  
70% of those said 'Very Likely'**

**A selection of open comments from attendees on what they enjoyed, learnt  
and will take away with them:**

"It was a great course, in part because it wasn't paper based"

"Completely different to what I was expecting – very insightful"

"Learning how much we use our body language"

"To be aware of myself much more"

"Without doubt the best Autism training I have ever attended. Will recommend to anyone instead of theory, just to see the different side"

"Understanding of Autism from a first person"

"Understanding that every strategy has an explanation, there is always a way to understand and communicate"

"Never give up. Always try."

"It exceeded my expectations and made me aware of my limitations"

"Thinking outside the box"

"It's all about finding the middle path"

"How people with Autism see the world differently from me"

"The course exceeded any expectations as I felt it was 'different'"

"Adam's input gave a small look into his world"

"The 'inside out' approach was very enlightening. Adam's insights were priceless"

"Adam's shared experiences"

"A better understanding of Autistic 'landscape', a commitment to listening"

"Very insightful (Adam!). Inclusive, interesting and surprising"

"Questioned everything I thought I knew and understood"