

Autism - From The Inside Out

27th April 2016, Totnes



Most people came to 'Autism – from the inside out' to gain a better understanding of Autism to help support people they work with.

We asked our attendees how they would rate our course presenters on their delivery style

65% said Excellent
35% said Very Good

We asked our attendees how they would rate our course presenters on the course material they used

80% said Excellent
20% said Very Good

**100% of respondents said they were 'Very Likely' or 'Likely' to recommend this course to others
93% of those said 'Very Likely'**

A selection of open comments from attendees on what they enjoyed, learnt and will take away with them:

"The course was interesting, interactive, thought provoking and inspiring"

"Having all first hand views instead of just from a textbook"

"How important it is to listen to understand and respect that person"

"Judith's knowledge is remarkable"

"Better understanding of sensory issues"

"The information was easy to understand"

"Great to experience and hear from real life experience"

"Interactive games and talks"

"A great understanding of what it's like to be autistic"

"Insight into processing and how I process things"

"To see people with autism differently. To understand what it's like for them and make it better for them"

"No jargon!"

"It was very clear and easy to follow. I also enjoyed the videos because I felt I could try to understand and relate to the individual"

"What may seem to be a behaviour is actually a coping strategy"

"The course gave a wonderful insight into living with autism"

"To 'try and cross the bridge' in order to help meet the needs of those I support"

"To understand how difficult it can be to process information and sensory stimulation for people with autism"

"It was a great course, mixed with good and sad audio displays"

"People with autism can succeed"

"Always start with the person, adapt yourself and think how you can be the bridge"

"How to offer an alternative strategy"

"That it isn't challenging behaviour - it's coping strategies"