

Autism - From The Inside Out
21st and 22nd November 2016, AVIVO



Most people came to 'Autism – from the inside out' to gain a better understanding of Autism to help support people they work with

We asked our attendees how they would rate our course presenters on their delivery style

86% said Excellent and 14% said Very Good or Good 80%

We asked our attendees how they would rate our course presenters on the course material they used

100% said Excellent or Very Good

100% of respondents said they were 'Very Likely' or 'Likely' to recommend this course to others

A selection of open comments from attendees on what they enjoyed, learnt and will take away with them:

"Has made assess and rethink my doings as a support worker and how I can benefit and grow with people I work with"

"Surpassed expectation and overloaded brain and would have loved more"

"The course is informative, and very eye opening. It has raised more questions than it settled which means I have to follow-up"

"Strategies for overloads"

"Life experiences of associate host gave a personal feel"

"Amazing insight having Adam to give us such a candid vision of what a person with Autism deals with in daily life. Judith is an inspirational person and we need more people like her in the world"

"Above and beyond. I was incredibly moved and feel as though I have had my life changed. I loved the political, stick-it-to-the-man approach"

"Focus on the lived experience was very valuable. Confronting my own filters gave a sense of how someone might experience things differently"

"Approach people with autism with more appropriate observations and questions to understand how the person relates to the world"

"Knowing what and when an overload is happening. Opened my eyes to what Autism is and how I can support not set back people I work with"

"To find out more about the other persons communication strategies"

"Explanation of overload of different senses helped me to understand "behaviours" and not judge them but to work with them"

"A much better understanding of the issues facing people with autism and ways in which to provide better support to customers"

"The information on what a support plan should contain e.g. how to deal with overload, strategies and indicators. Also seeing things with a neurotypical filter - the bridges"

"That there are all sorts of communication and to let them have their own space when needed. Learnt lots of different things that will benefit my work place and general way of thinking"

"Judith's amazing breadth and depth of knowledge - a whole new perspective of Autism"