

**Autism - From The Inside Out**  
**30<sup>th</sup> November & 1<sup>st</sup> December 2016, AVIVO**



**Most people came to 'Autism – from the inside out' to gain a better understanding of Autism to help support people they work with**

**We asked our attendees how they would rate our course presenters on their delivery style**

100% said Excellent or Very Good, 80% of those said Excellent

**We asked our attendees how they would rate our course presenters on the course material they used**

95% said Excellent or Very Good      5% said Good

**100% of respondents said they were 'Very Likely' or 'Likely' to recommend this course to others**  
**95% of those said 'Very Likely'**

**A selection of open comments from attendees on what they enjoyed, learnt and will take away with them:**

"The presentation was clear and Judith is well informed on issues discussed"

"The course was fantastic, good resources, great learning, great presenters"

"Better understanding of the Neurotypical brain working vs Autistic brain processing"

"Judith's expertise of working with people and her encouragement to always look behind what is seen first - see the person and not the behaviour"

"What I could learn from the person with Autism"

"Shifted my mindset to 'going over the bridge' to the person's side, rather than enforcing my way/language onto them. Better understanding of difference in neurological wiring and respecting that"

"To be open minded and try to put yourself in the shoes of those with Autism"

"A process by which we can give our customers the very best support - by using understanding and processes to create informed outcomes that work for the person"

"Patience, understanding, Compassion"

"Understanding the need to learn another 'language'"

"The course gave a great insight into the lives of those who have autism"

"Hearing stories of people with lived in experiences"

"The different senses for different individuals with Autism - sensory profile"

"Allowing a person to stay on their side of the bridge and not change by pulling them over to you"

"Why do we always think we should fix?"

"Change is possible - need for much more awareness!"

"It has helped me understand better and what I have already been doing to assist with family was of great value. Excellent :) Judith is fabulous."

"Hearing from those with lived experience (the videos were great)"

"Ability to ask questions/answers in plain English"

"Hearing from Adam about client cases and examples of how those were addressed"

"Exceeded my expectations as the content also linked to other customers I support who are not autistic"

"I now understand in depth, feel so much more confident and relieved. I've been shown their side of the bridge"

"It's me that needs to adapt, not them!"