

Orenda means the power in people to create change in themselves and the world

BUDDYING

Bringing organisational values to life through a "buddying" experience. Building relationships and understanding between colleagues.

A programme of training and learning (includes 2 day initial training) designed to:

- Reduce staff's feelings of isolation (particularly those who lone work)
- Increase staff's sense of belonging & engagement
- Improve relationships, self understanding & understanding of others
- Encourage teams to support each other in covering sickness, vacancies, team meetings etc.
- Have fun!



Previous participant feedback

"Helped me build relationships with people in the organisation that I would not have met if I never went on the course"

"I learnt more about the people we support and the people who supported them which would help influence recruitment"

" I attended a few of the buddying days with teams I oversee... got to say they were all as good as the last! Some staff arrived feeling nervous around the 'about me' introduction but the support from others really helped them through."

"Cinderella... hysterical how staff really got into character and whilst this was hilarious... it was taken seriously when it was time to put on a show!"