



**Orenda**  
Training & Consultancy.

*Orenda means the power in people to create change in themselves and the world*

# CONFLICT MANAGEMENT

Understand, Explore, Practice, Resolve.

## One day training that covers:

- Understanding what conflict is
- Understanding our fear and discomfort
- Exploring 5 paths to resolution & their effectiveness
- Practicing the skills to resolve conflict constructively
- Practicing difficult conversations
- Creating a personal development plan



## Previous participant feedback

"I've learnt to look at my way of thinking and how it affects others"

"I feel I now have tools to approach tricky conversations with more confidence and know that it doesn't have to end badly"

"I now see that my 'filters' have prevented me from understanding how others feel"

"Judith created a safe space for us to resolve our differences for the good of our clients."