



Orenda means the power in people to create change in themselves and the world

AUTISM - FROM THE INSIDE OUT

This workshop was influenced and designed by people living with Autism Spectrum Conditions, their families and people who provide support. It starts and ends with connecting participants with the lived experience of those with Autism.

It is so much more than theory. Learning is focused on understanding yourself and using that understanding to get inside the lived experience of people with Autism. It means feeling the impact of living with Autism and applying that learning to improve people's lives.

This session is packed with real life examples, experiential learning as well as a solid understanding of theory and research. If you want to make a real difference to supporting people that services may find challenging to support, then this is for you.



The workshop explores

How understanding a diagnosis of Autism helps and hinders understanding a person

How Autism impacts on thinking, perception, processing, Interests, relationships & families

What insightful, tailored support looks like that

Why understanding yourself and your thought processes is vital to understanding someone else

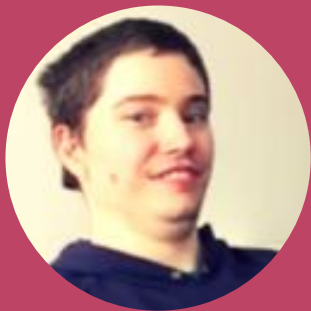
Presenters in Partnership

Judith North



Judith has over 30 years of international experience and expertise in challenging her own thinking and coaching others to do the same, using their thoughts to be the people they aspire to be and overcome self-created barriers to maximum performance. Judith works with people who are neuro-diverse, have significant reputations and whom organisations describe as challenging.

Our fab team of co-presenters for our Autism training is made up of Adam, Tammie, Chris, Ben and Paschal.



Course feedback

"It looked at Autism from a different perspective and was very thought provoking. Ideas of how to help with issues being encountered"

"It was great to hear a personal view from people who live with daily issues from having Autism"

"Very thoughtful and passionate presentation by the organisers which helps me consider the individual I support providing me with further strategies that should prove effective in my practice"

The course costs £75 plus VAT per day. 15 places max per session.

Please note, lunch is not provided unless otherwise specified and not all of our venues have lunch facilities, we therefore advise you to bring your own.

Please contact us if you'd like to discuss buying this course directly for your organisation.

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