



*Orenda means the power in people to create change in themselves and the world*

# AUTISM CHAMPIONS & COMMUNITY OF PRACTICE

Our Autism Champions Course has been designed for people who have attended Orenda's one-day "Autism - From The Inside Out" course. An Autism Champion is a member of staff, family member or person with lived experience of Autism who becomes an expert and resource for others.

## After the course Champions will be able to:

- Provide support to people with lived experience
- Share understanding, approaches to working with others, best practice and support strategies with others.
- Provide low level problem solving support
- Connect to a network of like-minded and similarly trained others who share and explore learning
- Keep up to date with new and emerging practice developments & cascade those to others



## Eight Week Agenda

Review of Autism from the inside out, key learning points and train the trainer support  
Train the trainer practice, overview of approaches to supporting people with Autism and practice matching people and approaches  
Working as an internal consultant, developing practice leading change, using the champions network  
Applied learning - training delivery and team consultancy

**Our "Autism - from the Inside Out" course seeks to support people who do not have Autism to gain insight into the lived experience of people with a diagnosis and to design support strategies from that point of insight.**

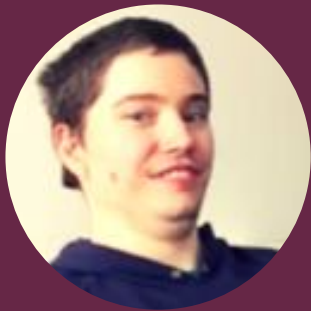
# Presenters in Partnership

Judith North



Judith has over 30 years of international experience and expertise in challenging her own thinking and coaching others to do the same, using their thoughts to be the people they aspire to be and overcome self-created barriers to maximum performance. Judith works with people who are neuro-diverse, have significant reputations and whom organisations describe as challenging.

**Our fab team of co-presenters for our Autism training is made up of Adam, Tammie, Chris, Ben and Paschal.**



## Support for Champions

Each course cohort will be supported in three ways:

**Champions Courses run with a maximum of 8 people in eight three hour sessions. Participants are encouraged to build mutually supportive learning based peer relationships throughout the two months and are supported to sustain those relationships beyond the course life-time.**

**An on-line forum has been developed to support Champions to work together, share knowledge, information, explore support strategies and problem solve with other Champions and people with lived experience.**

**Judith and our co-presenter team are available to all participants for advice and problem solving support throughout and beyond the course dates.**

The course costs £300pp (+VAT)

Please contact us if you'd like to discuss buying this course directly for your organisation.

**For more information or to get in contact**



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